



2019

potpourri

self-titled.

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Tradition
Freshmen participate in
the annual Inferno run
across the football field.
photo by Hannah Pettus



A hand holding a lit candle is the central focus, with the flame glowing. The background is a soft-focus bokeh of purple and blue lights. A semi-transparent purple circle is centered over the image, containing the title and contact information. In the bottom left corner, a small portion of a decorative card with dried flowers is visible.

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Chaos

Students put up their
forks for a photo after
throwing paint at each
other during Color
Chaos.

Photo by Chris Reich





self-titled.



Cheerleader Tre Jackson runs onto the football field wearing a cowboy hat for homecoming spirit.
Photo by Chris Reich

student life.



Photo by Christian Boudreaux



Photo by Christian Boudreaux



Photo by Valentina Perez

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Connector Char'Tarian Wilson educates students on the basics of life in college.



President Chris Maggio asks students to throw up their forks for a group selfie before they leave to register for their first semester of classes.



A staff member helps a student register for his first semester of classes.



Students at the second session of Freshman Connection participate in Freshmen Follies, an event consisting of fun activities like tug-of-war.





Two students take a photo together on the traditionally painted rock located in the center of campus.

get connected

freshmen tour the university & schedule classes for fall

After what felt like forever, you finally made it to your senior year of high school, and it went by in a flash.

Graduation seemed to dissolve in minutes, and summer only took seconds to fly by. Now you're facing the next chapter of your life: college.

You're excited and ready to get out, meet new people, and embrace all that comes with being a Northwestern State Demon. Maybe you're just ready to get your own place and take charge of your life, or maybe this is the most nerve-racking thing you can think of. Regardless of your worries, in just a short time, you will officially be a Demon.

Before all the craziness of move-in, weird schedules and expensive textbooks comes Freshman Connection. This two-day event is an opportunity for incoming freshmen to get acquainted with our campuses, make a few friends, register for classes, and get firsthand experience at being a Demon.

Planning for Freshman Connection starts

as early as the summer before you attend, so a lot of work goes into making sure you feel welcomed and ready to tackle your freshman year. Accordingly, the Connectors are so eager to be the first to welcome you into the family.

The Connectors team consists of sophomores, juniors, and seniors who show you the ropes. "I believe that being a part of Freshman Connection and being a Connector is the best use of my time," senior Rebekah Aultman says.

As you schedule classes, compete for total domination against other teams in Freshman Follies, and even change your major once or twice, they are ready to help you every step of the way. "I enjoyed Freshman Connection because I was able to open myself up completely and meet new friends I never thought I would have," says freshman Reagan Guillory.

As it dawns on you that college is about to commence, let the Connectors show you why Northwestern State is the place to be. Senior Madysen Watts says, "You're going to feel at home here too. It just takes a little time."

*Story by Rebekah Lorio
All Photos by Chris Reich*



The first night of Freshman Connection ends with a pep rally held by the Connectors to get new students excited for their first year of college.





NSU hits a record high enrollment of new students for the 2018-2019 academic year.

In keeping with the tradition of the last few semesters, Northwestern State University has continued to increase their enrollment numbers across the board. As of this fall, NSU provides an academic experience for 11,081 students across the United States, up 509 students from the 10,572 students who chose to call Demon-land their home last fall.

These numbers are not to be confused with the number of students who call the Natchitoches campus their home. NSU's main campus is home to 4,392 students who take classes face-to-face, online or in combination to complete their degree.

The three categories in which NSU enrollment saw the most growth were preparatory students taking dual-enrollment courses, continuing graduate students and first-time freshmen.

"Seeing our numbers shoot up, especially with first-time freshman, is a reward to the hard work of the whole NSU community," says Dr. Chris Maggio, university president. "As an administration, we lay out a strategic vision and plan a framework to improve all aspects of the university."

In addition to including a variety of new academic programs into the university curriculum, NSU has taken major steps to improve the student experience. These include renovations to the Friedman Student Union, additions to Iberville Green, construction of the new university bookstore, and the addition of popular chain restaurant Chick-fil-A.

"Two of our most important goals that we as an administration have to facilitate are recruitment and retainment," says Francis Conine, dean of students. "We have an amazing team

here at NSU that focuses on both."

The recruitment team spends hours throughout the year preparing for summer recruitment and facilitating visits from potential students. "Along with them, the whole of the student body also plays a huge part in retaining students," says Conine. "The biggest group we look to retain are sophomores and juniors. We've seen that one of the most useful tools are simply fellow students contacting their friends to talk about NSU and inviting them back the following year."

NSU is on a quest to become a premier regional university, and so far, the facts speak for themselves. Being one of the first universities to offer online classes allowed NSU to become leaders in online education. Its history as the Louisiana Normal School makes it the premier college for education in this state, and many of its programs have achieved national recognition.

Story contributed by Anson Ballow of The Current Sauce

The Class of 2022
takes a group photo
during the New Stu-
dent Convocation.
Photo by Chris Reich



o' demons

the first year experience

Freshmen enjoy their first semester as college students.



Tori Hebert and Morgan Jackson
receive their Tri Sigma bids.
Photo by Brianna Fife



The freshmen run onto the football
field during the annual Inferno.
Photo by Chris Reich



The "New Faces" performers end their
production by throwing their forks up.
Photo by Christian Boudreaux

so...this happened

Students kick off their school year with Demon Days, a month-long event embracing school spirit.

• move-in day

- Students check in and begin moving into their dorms.
- *Photo by Christian Boudreaux*



• color chaos

- With 300 gallons of paint, the largest water slide in Louisiana, music and good food, students are free to get a little chaotic.
- *Photo by Christian Boudreaux*



• class of 2022 new student convocation

- Administration welcomes the largest freshman class in history. Over 1,500 students begin attending in the fall semester.
- *Photo by Chris Reich*

• glow in the dark zumba

- Pomline and the First Year Experience staff host an '80s themed exercise class.
- Paint, glow sticks and party favors accessorize the '80s attire.
- *Photo by Hannah Pettus*



• the current sauce first issue release party

- Students like Daniel Woobfork pick up The Current Sauce's first issue of the year after eating at Vic's in the Student Union.
- *Photo by Cassie Phillips*



get loud at the library

Students eager to join Alpha Lambda Delta gather at Watson Library for a mega cookie bar, music, minute-to-win-it games and lots of prizes.

Photo by Cassie Phillips

new faces

- Freshmen majoring in theater step on the stage for the first time to showase their talent.

Photo by Cassie Phillips

northwestern vs. grambling

- Demons win a spectacular game against Grambling with a score of 34-7.

Photo by Alexis Trosclair



the inferno

Freshmen participate in the annual run across the football field for the year's first football game in Turpin Stadium.

Photo by Chris Reich

lady of the bracelet

Jourdan Waddell becomes the 61st Lady of the Bracelet at this year's pageant.

Photo by Chris Reich

The new and improved bookstore is across the street from Watson Library.



The Marketplace stocks a variety of accessories and gifts like lanyards and blankets.

A mannequin family dressed in Demon gear displays what's in stock.



something new in store

**NSU's campus welcomes the new
bookstore and Chick-fil-A Express.**

Renovations for Northwestern State University were non-stop in 2018. One many students looked forward to is the new bookstore, the NSU Marketplace. The NSU bookstore moved from the first floor of the Student Union was moved to the Neebo building across from Watson Library. As with anything new, there are pros and cons.

Pros for the new bookstore are that it is roomy and looks professional.

"Compared to the old place, it's way better," says Emilee Keuten, junior. "The inside is clean and looks professional. It's not so cramped and there is a lot of room. It also seems like there's a lot more stuff for people to choose from."

"There are definitely more clothes and better-quality souvenirs with the new store," says Kaitlyn Pajinag, junior.

However, people were concerned with walking across busy University Parkway to get from Watson Library to the bookstore, because there wasn't a crosswalk. Another con was that the move made the bookstore inconvenient for some students because it is not in the center of campus anymore. Keuten says she would go more if the store were not so far away from everything on campus.

Plans for the site included a Chick-fil-A Express, to be run by Sodexo, the on-campus catering company for NSU. Because it is an express, the establishment was to feature a limited number of items on the menu.

The Chick-fil-A Express "will probably be eternally busy, but the traffic will also be horrible," says junior Emily Holcomb.

*Story by Megan Palmer
All photos by Chris Reich*



The store gets Demons prepared for the cold months.

run, demons, run

Freshmen participate in the annual inferno run.

Northwestern State University is all about tradition.

With events like the annual Demon Inferno run, the campus celebrates its students and welcomes the surrounding townspeople who support them. The Inferno is an amazing spectacle of inclusion.

Freshmen gather behind Caspari Hall to receive their commemorative T-shirts and wait for the moment they are allowed to run onto the field. They bond as a class and help pump up the football team before its

first home game.

"I really liked the spirit and the energy from everyone," says business administration major Brianna Ellis, "I think it hyped up the team."

The first year of university can be tough, but as with other Demon Days activities, Northwestern knows how to bring its students together in solidarity.

"The Inferno is one of the many unique, once in a lifetime events NSU hosts, and I enjoyed it thoroughly," says English major Kirsten

Sonnier. "NSU students and staff treat you like family."

The event lets new students travel across campus, attend and participate in a football game, meet classmates they might not have known otherwise, and create friendships that make them feel a little more at home.

"So far it's been great; everyone has been super welcoming and supportive," says radiologic science major Catherine Trichell. "And the food is pretty good too."

Story by Zoe Almaraz

Pom Line members and freshmen run onto the football field just minutes before kickoff.
Photo by Chris Reich





NSU President Chris Maggio gets students pumped to welcome the football players onto the field.

Photo by Hannah Pettus



Holding flags, cheerleaders run on the field before the football players.

Photo by Chris Reich



Player Nathalohn Nanai and his fellow teammates run between the freshmen across the field.

Photo by Chris Reich



Freshmen students run onto the field alongside the Pom Line.

Photo by Chris Reich



Cheerleaders fork 'em as they run onto the football field.

Photo by Chris Reich



NSU President Chris Maggio smiles in excitement while the freshmen get ready to cheer on the football team.

Photo by Hannah Pettus



Vic high-fives freshmen who are lined up and ready to cheer on the football players.

Photo by Jasmine Johnson

NSU's theater department performs a production of the musical "Spring Awakening".
Photo by Chris Reich



"going on 30"

NSU celebrates 30 years of the creative and performing arts department.

This year, NSU's Creative and Performing Arts department celebrated a noteworthy milestone: its 30th year of officially being a part of NSU's campus.

For thirty years, the department has been presenting entertainment to NSU. Each concentration of CAPA, including dance, theater, music and art, provides its own flair to the department. CAPA students

have the opportunity to showcase their talents during various events all around campus. "New Faces", the annual "Christmas Gala," and an assortment of music recitals are only a few examples of the exciting events available to attend year-round.

This year, Robert Alost, Burt Allen, James Ford, Rivers Murphy, Joel Ebarb, Richard Jennings and Shirley Jennings were inducted into the

CAPA Hall of Fame. These inductees are all individuals who have contributed to the department throughout its thirty-year history.

The thirty-year anniversary of CAPA is a monumental time for students to be involved in the department. "CAPA has always been one of the most prominent features of NSU," says CJ Denning, a freshman K-12 instrumental music education

major. "It is very awesome that it has been around to continue to grow and reach students across the world."

The CAPA department gives students experiences that fuel their passions. "Being a CAPA student is great because you are surrounded with opportunities to further your performance," says John Irion, a junior in the department.

Story by Leanna Coy

Symphony orchestra flute players
get ready to play the piece.
Photo by Valentina Perez Espinoza



Students attend the first art show of the year curated by
James Borders and his classes.
Photo by Christian Boudreaux



High school students who are interested in
communications participate in J-Day held at NSU.
Photo by Chris Reich



Professor Corbin Covher attends the art department's
pancake party to celebrate Halloween. Covher wore a self-
made mask and a butcher's apron for his costume.
Photo by Christian Boudreaux



Freshmen and transfer
students perform at the annual
"New Faces" performance.
Photo by Chris Reich



The Spirit of Northwestern performs
during half-time at the Texas A&M
stadium.
Photo by Chris Reich



Musicians perform during the Austin
Baroque concert in Magale Recital
Hall.
Photo by Chris Reich

by students,

Current Sauce editor-in-chief, Jacob Bennett, hands out newspapers to parents and high school seniors and juniors at N-Side view.
Photo by Mekayla Jenkins



Student media is an essential part of Northwestern State University. It brings stories, music, news and art to the people of NSU. With five outlets to choose from, anyone can find something that interests them. Kenneth Burns is coordinator for the Potpourri, Current Sauce newspaper and KNWD radio.

The Current Sauce is NSU's official newspaper. This weekly covers news about the campus and the Natchitoches community. Readers can also find the articles online. Jacob Bennett is the 2018-2019 editor-in-chief. "I got into student media because I wanted to put out a newspaper that was accessible to every student," he says. "Working in a creative environment with a good group of people is even greater than I thought it would be. It's also definitely helped me hone my leadership and writing skills. This is probably the most responsibility I've ever had, so you kind of have no choice, but to grow."

KNWD radio is the official radio

station for NSU, the Natchitoches community and surrounding areas. Listeners can hear their favorite songs and morning reports. The radio also hosts the annual Demon-Fest music event every spring. Ka'ihe Fisher is the 2018-2019 general manager for the radio station.

"I like working in the radio station because of the different kinds of people I have met," Fisher says. "Because I am a theater major I'm usually stuck in CAPA with other CAPA students. With the radio, I have met and made long lasting friendships. The fact that I can make connections with other people outside of my department and outside of my field is really nice."

NSU TV is the official television channel for the university. It gives students opportunities in reporting, writing and producing video content.

The official yearbook of NSU is the Potpourri. It is published yearly and covers March of the previous year to the March of the current year. Staffers write stories, photo-

graph events and design the pages.

"Yearbook has always been a part of my life since I was a sophomore in high school," says editor Megan Palmer. "It was a no brainer for me to join the Potpourri in my freshman year of college. With being editor-in-chief this year, it has given me so many opportunities with travel and connections that I wouldn't have gained any other way. I highly encourage anyone seeking to be active in school to try and be in student media. This will make you go to events you wouldn't normally go to and to talk to different people."

Argus is NSU's literary magazine, which is published annually in the spring semester. Students can send works in a variety of genres, including poetry, prose, photography and art. Submissions can be made through the end of the fall semester. The goal of Argus is to provide an outlet for students who want to share their work. Katie Rayburn is the editor.

"I love being a part of the Argus magazine as it allows me to read

so many different works of writing and meet all the people that these fascinating works come from," Rayburn says. "I always find pieces that inspire me to look at the world a little differently, and those are some of the best moments to have."

Argus has also provided me with an experience that not only allows me to do something that I love, but it also has provided me with learning opportunities, such as how a magazine is published, the work of an editor, managing a staff, and meeting a variety of people through the creation of each edition. I became a part of Argus to experience something new in my time here at Northwestern.

As I went from junior editor to copy editor and eventually editor-in-chief, I found drawn to the creation of each edition as something that everyone can come together to produce a unique piece each time, filled with the art and writings of our student body."

Story by Megan Palmer

for students



The staff of Current Sauce take a silly photo during their RSO photoshoot.
Photo by Alexis Trosclair



Catelyn Errington, a member of the Argus literary magazine, hands out copies of the book at the release party.
Photo by Christian Boudreaux



Potpourri fall designers take a silly photo while taking their RSO photos.
Photo by Samantha Malette



The staff of KNWD hold up a fork 'em for their RSO photo
Photo by Megan Palmer



Mikayla Love gets her face painted at the Attack of the Bands event held by KNWD.
Photo by Jasmine Johnson



Rachael Coyne and Rebekah Lorio paint pumpkins at the Potpourri Halloween event held in the Student Union.
Photo by Christian Boudreaux



Trinity Velazquez hands out newspapers at the Current Sauce release party.
Photo by Christian Boudreaux

NSU President Dr. Maggio gives a speech welcoming Holli' Conway back to NSU.



Holli' Conway speaks to students and professors in Hanchey Gallery.



Holli' Conway poses with CAPA students and professors.



Former Lady of the Bracelet Holli' Conway poses for a picture with current Miss Lady of the Bracelet, Jourdan Waddell, at Conway's reception.



Holli' Conway introduces herself at the annual Miss Lady of the Bracelet pageant held at Northwestern State University.

NSU President Dr. Maggio and Mrs. Maggio talk with alumna Holli' Conway during the reception.



one talented demon

NSU alumna Holli' Conway takes the Miss America pageant by storm.

Northwestern State University alumna Holli' Conway placed second runner-up representing Louisiana at the 2018 Miss America competition September 9.

Conway also received a preliminary talent award and over \$26,000 in scholarships for her performance as a contestant.

She says her first goal upon boarding the plane back to Louisiana was to sleep.

Conway has taken her place in Miss America history as the first Miss America class to compete without a swimsuit. A peer-to-peer question replaced the swimsuit competition this year.

"I knew that the question would be hard and it would be something important to each of the girls," Conway says.

Upon making the top 10 Conway realized she would be able to per-

form her talent on national television. "I get to do my talent," Conway says. She actually lost her voice the morning of her preliminary talent competition and was on vocal rest for the remainder of the competition.

According to Conway, the best part of not only the Miss America competition but being Miss Louisiana is the connections you make. At the after party of Miss America, Conway had the opportunity to talk

to one of the judges who happened to be from Julliard.

Lady of the Bracelet Event Director Reagan Escudé shared her excitement for Conway's placement as second runner-up.

"We are so honored to have one of our own make it that far in Miss America," Escudé said.

*Contributed by The Current Sauce
All photos by Chris Reich*

new faces, who this?

First-year theater majors put on their first performance,
'New Faces', to show the school their talent.

As the curtains open, excited freshmen students stand ready and anxious to perform in the annual New Faces show.

The event is put on annually by NSU's theater department to showcase the talents of the freshman class. For most, this is their first time performing in front of their peers as college students. The event is a great way for freshmen to begin their time in theater at NSU.

The performers get to choose between doing a monologue, a dance piece or a song. To help prepare for their performance, the freshmen are mentored by upperclassmen.

Although the performances are only a few minutes long, the students devote plenty of time to working hard at rehearsal. They spend weeks practicing and perfecting their pieces.

To begin the night, all the participants came together to perform an opening number from "Legally Blonde," the musical.

Participant Alexandra Broussard says that number, "Whipped into Shape," is her favorite part of the show. Broussard also recited an energetic monologue titled "House Wife" later in the night.

Kennedy Butler did a fun hip-hop dance solo for the audience. "I loved

the cheers from the audience during my performance," Butler says.

Dawnie Legé sang "There are Worse Things I Could Do" from "Grease." "My favorite part about New Faces was getting to know other theater majors and making friends for life," she says.

New Faces was a night to remember. "It really gave me much to look forward to as far as the talent that this university has to offer in its CAPA programs," says D'Sherrick Williams, a student who enjoyed watching the show.

Story by Leanna Coy



All of the "New Faces" performers performed in a group number and ended with a Fork 'Em.

Photo by Cassie Phillips

Upper classmen theater students that produced the "New Faces" production are recognized for their participation.
Photo by Christian Boudreaux



The group performs a medley of songs from "Legally Blonde," the 2007 musical.
Photo by Cassie Phillips



Isaiah Johnson gives a spoken word monologue on justice.
Photo by Christian Boudreaux



songs, dances, and speeches oh my!

'New Faces' performers share what it was like to perform for the first time at NSU.



Emma Miller sang "Cockeyed Optimist" at "New Faces." "It was an exhilarating and terrifying experience. I wanted to do my best to give a good first impression as a new member of the theater department."



Kennedy Butler performed a hip-hop solo. "It was so much fun, and one of the greatest experiences of my life. I can't wait to perform more throughout my years here at NSU."



Alexandra Broussard performed a monologue for "New Faces." "Getting up on stage and performing was a real dream come true. When I stepped up, I tensed up a little bit, but as soon as I said my first words, it was true art."



Jose Arrieta Acuesta and Skylar Guerra do a fiery salsa dance that makes the crowd go wild.
Photo by Cassie Phillips

"I decided on coming to NSU because it has a big reputation of being a great school for theater. Also, Natchitoches is a small, communal place. "New Faces" was a huge learning experience. Getting to work with my peers and performing on the big stage was life-changing, and I gained a lot of friends in the process. It gave me the push I needed to become more involved in theater as a whole."
 -Beth Olin, a freshman theater major

if the crown fits

Students compete for the annual Lady of the Bracelet pageant at NSU.

Jourdan Waddell is named Miss Northwestern Lady of the Bracelet.
Photo by Christian Boudreaux

"Winning the other Student moment world! when being crowned at a local preliminary level. special LOB felt like becoming Miss America! amount of support and love from the contestants, the audience, and the Activities Board during my crowning made me feel like I was on top of the world! It's really awesome to have that being crowned at a local preliminary level. I'm really in such a place!"

-Jourdan Waddell



The world of pageants can seem like a daunting and lonely place, but in recent years, it has become a welcoming and open environment for women to showcase their talents, intelligence and community service dedication.

For 61 years, Northwestern State University's Miss Lady of the Bracelet pageant has brought together some of campus's finest women. They compete for scholarships, recognition for themselves and their communities, and a chance to continue on to higher competitions, including a trip to the Miss Louisiana pageant.

"The winner of the pageant itself is a reflection on the school and the city of Natchitoches," says Reagan Escudé, the head of the Miss Lady of the Bracelet commit-

tee. This pageant is steeped in tradition that not only unites the school but also the larger community under one common representative who has proven her worth in competition and interviews.

The Lady of the Bracelet pageants are entertaining, with categories including talent showcase, question and answer, and the health and wellness section. The events also let other organizations talents from across Northwestern show off their talents. This year's pageant included performances by the Demon Dazzlers, NSU Tap Repertoire and the Make Your Own Theater group.

Every member of the audience can find someone or something to support at these events. "I'm supporting my Tri Sigma sisters," says sophomore nursing major Makenzie

Rains, who was in the audience to show solidarity with contestants Jourdan Waddell and Casey Williams.

Winner Waddell celebrated the support she received during the competition from the coordinators. "The Student Activities Board and my director, Yonna Pasch, are amazing people that work so diligently to make the LOB process feel like fun rather than work," she says. With the support of the people around her, Jourdan felt able to be herself and do something she loved to represent her university and community.

Waddell offers this counsel for prospective contestants: "If you're thinking about participating in pageants, my advice to you is to just go for it. That's what I did, and it ended up being something I really cherish."

Story by Zoe Almaraz

Noel Cusick introduces herself
at the beginning of the pageant.
Photo by Chris Reich



Last year's Lady of the Bracelet, Aly Jacobs,
hugs Reagan Escude', head of the Miss LOB
committee.
Photo by Chris Reich



McKay Crews walks across the
stage in her evening gown.
Photo by Chris Reich



Casey Sakai Williams dances
for the talent section of the pageant.
Photo by Chris Reich



Ronesha Johnson shows off her confidence in
the swimsuit portion of the pageant.
Photo by Chris Reich



Holly Conway asks contestant Jansen Chisley
a question during the Q & A portion of the
contest.
Photo by Chris Reich

Fighting Florence

Campus organizations donate for Hurricane Florence relief.

Northwestern State University student groups responded to hurricane cleanup efforts by collecting and filling 100 cleaning kit buckets that were to be transported to the Carolinas to help those affected by Hurricane Florence.

NSU's Student Government Association provided funds to purchase buckets and provided a list of specific items for clubs, Greek organizations and other student groups to fill the buckets.

"The student response has been overwhelmingly positive," says Jacob

Ellis, Student Government Association president. "The students have really gotten on board with this project in support of the hurricane relief. I was very pleased with the student participation and it shows that our student body can be united by a common cause for the aid and support of others. Projects like these make me proud to be a Demon."

Dr. Curt Phifer, professor of biology, spearheaded the effort and oversaw students loading the buckets into a trailer that he drove to the United Methodist Center on Relief in

Baldwin. From there, they were to be shipped to affected areas.

Phifer, who has spearheaded flood relief efforts on campus in the past, says the organization had trucks ready to roll to the Carolinas before the storm was over.

The five-gallon buckets were stocked with detergents, brushes, bug spray, clothespins, trash bags, gloves and other items with instructions on how to assemble each bucket.

Students on NSU's Shreveport campus contributed by purchasing

500 N-95 masks that were not available in Natchitoches. Other student groups volunteered to check each bucket to make sure all requested supplies were included.

Students were encouraged to participate in a competition to see who could fill the most buckets. Winners were Kappa Sigma Fraternity, Alpha Omicron Pi Sorority and Alpha Lambda Delta first-year honor society.

*Story courtesy of Leah Jackson
All photos by Chris Reich*



Charles McClintock and Leann Wills load cleanup buckets onto a truck for delivery to the United Methodist Center.



Organizations across NSU's campus gather items to send to the Carolinas.



Dr. Curt Phifer leads the effort in sending buckets to the affected areas.



NSU's Student Government Association purchased 100 buckets and provided lists of items to pack in each one.



family fork 'em

Students' parents have an opportunity to come on campus and share the experience of being a Demon.

Northwestern State has students from all over the world, so it is not always possible to drive home for a weekend visit.

Some students of Northwestern only get to go home over major holidays or between semesters, so the school created Family Day, a way to bring the family to the students.

The first-year experience office hosts Family Day every year as a way for students to get to visit with not only their parents, but siblings, aunts, grandparents and anyone else who wants to come and visit Demonland.

The event also lets students show their families what they are doing in college.

"Family Day gave me a chance to show my family what I do, how it is done, and since I am in band that also meant giving a great performance," says junior Nick Moldovsky. "Even though it rained, Family Day brought them to see me for some quality time."

After the events of Family Day, families were invited to tailgate and enjoy some Demon football.

Family Day features something for the whole family, including games and bounce

houses for the younger members.

This day was also one of memories and tears for students who were graduating in the fall and spring. Senior Ashtyn Hare was one of these students who celebrated their last family day on Northwestern's campus.

"Family day for me reminded me why I chose NSU in the first place," Hare says. "Over the last four years this school has become my home, and getting to share that with my family was such a great experience."

Story by Katie Gallinghouse

Tommy, Bertha, Dayna and Sheridan Duet at the Nicholls vs. NSU football game for Family Day.
Photo courtesy of Sheridan Duet

Tia Dixon, Taylor Powell and Hannah Boquet of AOII attend the family tailgating event.
Photo courtesy of AOII



Kelsi Horn (left) hangs out with her sister, Laci Mitchell (right), while Horn holds her niece, Amelia Mitchell, at the annual NSU Family Day.
Photo courtesy of Kelsi Horn



NSU student Sheridan Duet smiles for a picture with parent Dayna Duet at the football tailgate.
Photo courtesy of Sheridan Duet

dancing queens

Pride hosts a "totally tubular" fundraiser for the LGBTQ+ community.

Students affiliated with Northwestern State's Pride organization came together for the 2nd annual charity fundraiser, Queer Prom, on the Natchitoches campus.

Queer Prom is a charity fundraiser that was planned by the organization. All of the money raised went to the non-profit P.A.C.E. (People Acting for Change & Equality), an LGBT advocacy group based out of Shreveport, LA.

PACE is an advocacy group that works to advance equality in North West

Louisiana for the LGBT community in order for them to be able to lead open, honest, responsible, & safe lives at home or in the work place.

The theme for this year's Queer Prom was a throwback to the 1980s to pay homage to the impact of '80s pop on the LGBT community.

The event raised \$110 for the donation to PACE.

Samantha Burgess, president of NSU's Pride, says, "Queer prom is just a chance for students to be themselves, free of

judgement."

Pride continuously works to promote inclusivity. The organization has members who are also apart of a diversity committee on campus. At the end of each meeting, students are taught a short lesson in sign language.

Haleigh Gates, secretary, says, "We like to make sure the university actively keeps LGBTQ students protected and respected on campus at all times."

Story by Keator Poleman

All photos by Cassie Phillips





Junior Keator Poleman and freshman Brianna Fife enjoy the night talking about their favorite movies from the 1980's.



Freshman Cassie Phillips enjoys a cupcake from the refreshment table.
Photo by Brianna Fife



Ashleigh Fedderman, Kailey Wisthoff, and Samantha Burgess discuss their plans of going to see Bohemian Rhapsody, a movie about the band Queen, after the event.



Junior Taylor Rose dresses as Marty McFly from Back to the Future in spirit of the 80's theme.

After a long night of dancing, laughing, and making memories, everyone gets together for a group photo.

wild wild northwestern

Students enjoy a western-themed Homecoming week.

• Banners

- Theta Chi comes in third place with their painted banner.
- *Photo by Christian Boudreaux*

• LipSync

- Phi Mu two-stepped their way into second place in the annual LipSync competition held in the A.A. Fredericks Auditorium.
- *Photo by Mekayla Jenkins*



• Party on Normal Hill

- Homecoming court member Kennedy Cullen rides the mechanical bull at the "Howdy on the Hill" party on Normal Hill.
- *Photo by Mekayla Jenkins*

• Parade

- Alphonse Engram points at the crowd during the homecoming parade.
- *Photo by Christain Boudreaux*

• PIKE

- Pi Kappa Alpha fraternity rides a float with their makeshift horse in the homecoming parade.

• Photo by Christian Boudreaux



• Pep Rally

- NSU cheerleaders pump up the crowd during the homecoming pep rally.

• Photo by Chris Reich



• King & Queen

- Char 'tarian Wilson and Rebekah Aultman proudly accept their titles as Homecoming King and Queen.

• Photo by Christain Boudreaux



R.O.T.C.

Lt. Col. Bender represents R.O.T.C. in the homecoming parade.
Photo by Mekayla Jenkins

NSU vs. HBU

Northwestern State Demons win the football game against the Sam Houston Baptist Wolves with a score of 31-28.

Photo by Chris Reich

hootin' & hollerin'

Student organizations compete in a lipsync challenge during homecoming week.

One of Northwestern's most popular events, Lip Sync is for audiences and performers alike. Different organizations across campus can sign up to compete in a dance competition in which contestants lip sync to the songs chosen. Groups compete in three categories: general, sorority and fraternity.

This year's Lip Sync theme was Wild Wild Northwestern, and the performances lived up to the title.

Competitors went all out in cowboy attire, cow suits and cowboy hats, and groups chose a mix of music from country to hip-hop.

"This was an experience I'll never forget," says homecoming honor court member Michael Thomas. "I had so much fun getting on stage and pretending I had a clue on how to dance, but what really made it an unforgettable experience was the people I got to share the stage with."

"Being a senior and dancing all four years has been the most incredible experience," says Emily Salter of Tri-Sigma. "My favorite moment was at the end when we all throw the Sigma sign. We all shared that one moment together."

"My favorite part is getting to see people that I see everyday goofing off and having a good time," says audience member Taylor Rose. "It just makes it so much more enjoyable."

Story by Katie Gallinghouse

All photos by Mekayla Jenkins



The Louisiana Scholars' College contestants end their performance with their forks up.

1st Place

Sorority Division
Sigma Sigma Sigma

Fraternity Division
Kappa Sigma

General Division
Louisiana
Scholars' College

People's Choice

Phi Mu

Homecoming Hunnies

Triston Bussell and Taylor
Myers



The women of Phi "Moo" throw down in cow attire for their performance.



Theta Chi members Dakota Brogdon, Will Jensen, Christian Boudreaux, Kirhawnte' Dudley, and Joe Tappel end their performance with a brotherly hug.



Sigma Nu's men suit up in flannels and cutoff shorts to show the student body what they're made of.



Homecoming King and Queen Char'tarian Wilson and Rebecca Aultman perform during the homecoming court's dance in bandanas and cowboy hats.



party on front street



Juice Athletics members show support at the parade.
Photo by Mekayla Jenkins



NSU cheerleaders perform for students at the pep rally.
Photo by Chris Reich



Live 5 performs at Rockin' on the Riverbank on the Fleur De Li stage for alumni and students to enjoy.
Photo by Chris Reich

Students ride floats in the homecoming parade and get pumped for the football game during the pep rally.



The women of Phi Mu show off their excitement for the parade.
Photo by Mekayla Jenkins



SGA president Jacob Ellis and Shelby Sullivan throw candy during the parade.
Photo by Chris Reich

the court of 2018

All photos by Chris Reich



King Char'Tarian Wilson



Darius Brock
& Brea Housley

Zachary Breaux
& Madysen Watts

Rowdy Burleson
& Abigail Reynolds

Daniel Crews
& Cylandria Clemons

Hayden Pilcher
& Kennedy Cullen

Queen Rebekah Aultman

Queen Rebekah hugs her sorority sister Mallory McConathy during the crowning of homecoming king and queen.



King Char'tarian joins family for a photo at the pep rally on Front Street.
Photo by Chris Reich



King Char'tarian Wilson and Queen Rebekah Aultman walk across the football field to receive their crowns.
Photo by Chris Reich



Homecoming King and Queen Char'tarian Wilson and Rebekah Aultman pose for a photo with Mr. NSU, Antavious Roberson, and Miss NSU, Mallory McConathy.
Photo by Chris Reich

a royal inquiry

Homecoming King and Queen share their experiences and memories.

What was your reaction to being chosen as Homecoming king and queen?

Wilson: "As soon as I was informed that I was homecoming king I screamed so loudly, I am sure my roommates thought I was in a horror movie. I was completely surprised, yet so happy and honored all at the same time."

Aultman: "My friend sent me a picture of the posted election results and I was at a loss for words. I was with my roommate Hannah, who also made court, and there was definitely some squealing going on. I feel completely humbled that the student body would choose me for this huge honor. This is a once in a lifetime opportunity and I have cherished every second."

How was your experience as king and queen?

Wilson: "Being homecoming king was such an amazing and humbling experience that I will cherish for the rest of my life. It did not completely hit me until I started to walk down the fifty-yard line during half-time that everything was actually happening and one hundred percent real."

Aultman: "My experience as queen was truly remarkable. There were so many wonderful moments that it is hard to sum it all up. I truly had the best week and I know the reason was the wonderful faculty, student, and other honor court members that put so much time into homecoming. When I look back on my time at NSU, this will always be one of my favorite moments."

Any favorite/standout moments from the week?

Wilson: "I have so many memories from being king, but the one that sticks out the most would definitely be riding in the homecoming parade. You could really see the bond between Northwestern State and the Natchitoches community. Overall, it was really exciting and a positive atmosphere."

Aultman: "My favorite moment as queen was getting to be crowned by my Sigma Sigma Sigma sister, Mallory McConathy. We came into NSU at the same time and have been involved in a lot of the same organizations. She is someone I look up to. To share that moment with her was absolutely priceless."

*Questionnaire by
Katie Gallinghouse*

a demon's honor

Mr. and Miss NSU share what it means to them to represent the university.

1. What was your initial reaction to being named Mr./Miss NSU?

Roberson: I was in complete shock once I received the news that I had been named Mr. NSU. I am so honored to be able to hold this title.

McConathy: I woke up to a phone call from my sister (Brittany McConathy) the day the results came out. Barely awake, she told me that I was the new Miss NSU, and I was like is this real. I was in shock a little bit and lost for words. It was and still is such a huge honor to have received this title and I will forever be grateful for this opportunity to represent the university.

2. What are your responsibilities as Mr./Miss NSU?

Roberson: My responsibilities as Mr. NSU have been to represent the university and the student body at luncheons and several events. Miss NSU and I will also assist with commencement exercises.

McConathy: As Miss NSU, I serve wherever the university needs me. Antavious and I are to be role models for younger students and for the community. With this honor, we want to show what great students come through Northwestern and that hard work pays off.

3. What does being Mr./Miss NSU mean to you?

Roberson: To me, being Mr. NSU means that you have contributed a great deal to the university through volunteering, being involved in campus activities, assisting incoming and continuing students, and by being a genuine person. All of which I think are a part of what makes a leader.

McConathy: I am beyond honored to join the past recipients that I have looked up to and admired while being a student. So, this means so much to me to that my peers think the same of me. It is funny because last year when Abby Hinds got it, people would get us mixed up and call me Miss NSU and Abby Homecoming Queen. To see it come full circle has meant the absolute most to me and has made for a great final year at NSU.

4. What pushed you to want to be Mr./Miss NSU?

Roberson: Well, I was nominated by several recognized student organizations on campus which helped me get on the ballot. I wasn't in pursuit of becoming Mr. NSU, the students in those organizations felt that I was deserving; therefore, I was nominated and placed on the ballot for the honor.

McConathy: Nothing really pushed me to be Miss NSU. Coming into college I was a nursing major and I did not plan to be here for more than two years before I had to leave. So, pushing for it was not my end goal, I guess you could say, it is just who I am. I love this university and what it stands for, and I will continue to serve it even after graduation in any way I can.

5. What advice would you give to freshmen who are looking to be more active on campus?

Roberson: To any freshman that are looking to be more active on campus, I would say to just do it. You will never know the opportunities that awaits you if you don't take the first step. Being involved will completely enhance one's collegiate experience!

McConathy: Being an involved student is one of the best decisions I have made since coming in to college. It can sometimes be a little overwhelming but beyond worth it. For students who are looking to be more involved, try out everything until you find what you love. The opportunities at NSU are endless and you never know what doors might open while you are there. Don't be afraid to jump out of that comfort zone.

Questionnaire by Megan Palmer

Mr. NSU, Antavious Roberson, and Miss NSU, Mallory McConathy, hang out before the Homecoming pregame.
Photo by Mekayla Jenkins



Mr. NSU Antavious Roberson throws cups to the crowd at the Homecoming parade.
Photo by Chris Reich



Miss NSU Mallory McConathy laughs while watching a football game with friends.
Photo by Chris Reich



Mr. and Miss NSU get ready to make announcements at the pep rally.
Photo by Chris Reich

Dr. Maggio gives a speech at the New Student Convocation.
Photo by Chris Reich



LSMSA Executive Director Dr. Steven Horton and Louisiana Gov. John Bel Edwards pose with Dr. Maggio.
Photo by Mekayala Jenkins



Dr. Maggio presents an award to Dr. Curtis Phifer for being a member of NSU for 30 years.
Photo by Chris Reich



Dr. Maggio gives a congratulatory speech to Holli' Conway, Miss Louisiana and NSU alumna, during her reception in the student union.
Photo by Chris Reich

the demon in charge

Dr. Chris Maggio gives insight on his first full year as NSU president.

President Chris Maggio went into detail about his first year in office and his dream for the future of Northwestern State. The NSU alum says he wants students to be passionate, and to know that the faculty and staff are working to help shape for their future.

Q. What was your initial reaction to being named president?

A. Just humbled that I could be in this role at my alma mater, the place where I've worked for 31 years.

Q. Did you ever plan to be president?

A. There was never a "plan" to become a president. I just have always tried to do my job at the university, whatever role I served. And I've been blessed to serve in several different roles at the university. The biggest thing is being able to serve Northwestern, in whatever role that

might be.

Q. How do you think your first year has been?

A. I think it's been exciting. It's been an honor to work with so many different people. We have a strategic framework. As we go through our assessments and our vision of things that we've collectively, that's faculty, staff and students, and community leaders and alumni. As we put forth this vision of Northwestern, it's been exciting to see a lot of the goals we have met and exceeded.

Q. What do you think are your biggest achievements?

A. I don't think that I've made any biggest achievement. I think the university has certainly continued to make great strides and achievements. That's really not about anything that I've done, but it's about what our faculty, staff and students have done.

Q. What is your vision for the future?

A. Our goal, and we're not bashful about it, is Northwestern becoming the most outstanding regional university in the United States, and the preeminent regional university. We're focusing on excellence in a lot of different areas.

Q. Is there any advice you would want to share with NSU students?

A. Be passionate about what you're doing. And that's passionate about your studies, your career path that you're studying to go towards. But be passionate outside the classroom as well. Be engaged and involved on campus, or with campus organizations or with the community that you live for our online students. I think once you find that passion, it'll all come into focus.

Questionnaire by Keator Poleman

what's the news?

Students spend their time in Natchitoches by making viral memes of their friends, taking on the night life, jamming out to local artists, and getting involved in public discussions.

#making a meme

Demon Dazzler Asher Van Meter became a sensation on campus after his iconic portrait gained popularity on Twitter.
Photo by Chris Reich



Freshman Robert Mccandlish was featured in a video that the theater department shared many laughs on.
Photo courtesy of Robert Mccandlish



Freshman Paul Bryant gained a large following on TikTok for his comedic videos.
Photo courtesy of Paul Bryant



#locals only

Cane River Brewery is a new bar located in Natchitoches where students and the community hang out at.
Photo by Christian Boudreaux



Parkway Cinema 6 is the local movie theater in town.
Photo by Christian Boudreaux



Maglieaux's is a restaurant located on the riverfront of Cane River that serves Italian food with a Creole twist. Many students enjoy stopping to eat there for dinner.
Photo by Christian Boudreaux



#get in the groove

Rella, a band from Louisiana, performed at Attack of the Bands, an event hosted by KNWD for local musicians to compete for a prize.

Photo by Christian Boudreaux



Sisters Valentina Perez Espinoza and Valeria Perez Espinoza, a duo also known as Vale, perform their songs at a kickback hosted by KNWD.

Photo by Cassie Phillips



Phi Mu holds a festival-inspired event, "Bonnamu," for students to enjoy local artists. It was an event created to raise money for their philanthropy.

Photo courtesy of Victoria Perkins



#student concerns

The Chief Caddo statue is a symbol of the rivalry between Natchitoches and Nacogdoches. The Demons won the trophy at the last football game of the season against Stephen F. Austin State University.

Photo courtesy of nsudemons.com



Students voted in midterm elections on Nov. 6, 2018.

Photo by Cassie Phillips



Despite many setbacks, Chick-fil-A Express opened Jan. 28, 2018.

Photo courtesy of Jacob Bennett



#finalsweek

Students express their feelings on finals



ultimate gemini
@cassphi

FINALS ARE DONE YAW YEET

12/6/18, 4:16 PM



Dyl The Elf
@DylanFuselier

me turning in my english final to my professor today



12/5/18, 11:12 PM



milk and cookies
@serena_bonnette

Y'all I watched the sunrise and listened to my alarm go off for the second time this week and it's only day 3. Lets get this finals bread.

12/5/18, 8:22 AM



jordan (jolly) sparks
@_jbreaux

me & my assignments looking at eachother, tryna decide who's gonna finish who



12/6/18, 9:14 AM

Tweets courtesy of NSU students.

Junior Noel Holmes takes a final online.



Senior and student worker Tayla Oliver hands out Scantron forms for students taking finals.



Sophomore Sheridan Smith studies for a final.



Sophomores Rheagan Rowland, Zach Pursley, Dylan Daniels and senior Kennedy Lampert study together in Watson Library.

All photos by Christian Boudreaux

the **nightmare** before christmas

Students scramble to finish the last week of the semester by passing their finals.

On the first day of finals, my teacher
gave to me:

A "C" that should be an "A"

On the second day of finals, my
teacher gave to me:

Two hours of sleep
And a "C" that should be an "A"

On the third day of finals, my teacher
gave to me:

Three study guides
Two hours of sleep
And a "C" that should be an "A"

On the fourth day of finals, my
teacher gave to me:

Four mocking grins
Three study guides
Two hours of sleep
And a "C" that should be an "A"
On the fifth day of finals, my teacher
gave to me:
FIVE ABSENTEEEEEES!!!
Four mocking grins
Three study guides
Two hours of sleep
And a "C" that should be an "A"

On the sixth day of finals, my
teacher gave to me:

Six mental breakdowns
FIVE ABSENTEEEEEES!!!
Four mocking grins
Three study guides
Two hours of sleep
And a "C" that should be an "A"

On the seventh day of finals, my
teacher gave to me:

Seven useless lectures
Six mental breakdowns
FIVE ABSENTEEEEEES!!!
Four mocking grins
Three study guides
Two hours of sleep
And a "C" that should be an "A"

On the eighth day of finals, my
teacher gave to me:

Eight days to worry
Seven useless lectures
Six mental breakdowns
FIVE ABSENTEEEEEES!!!
Four mocking grins
Three study guides
Two hours of sleep

And a "C" that should be an "A"

On the ninth day of finals, my
teacher gave to me:

Nine heart attacks
Eight days to worry
Seven useless lectures
Six mental breakdowns
FIVE ABSENTEEEEEES!!!
Four mocking grins
Three study guides
Two hours of sleep
And a "C" that should be an "A"

On the tenth day of finals, my
teacher gave to me:

Ten point deductions
Nine heart attacks
Eight days to worry
Seven useless lectures
Six mental breakdowns
FIVE ABSENTEEEEEES!!!
Four mocking grins
Three study guides
Two hours of sleep
And a "C" that should be an "A"

On the eleventh day of finals, my

teacher gave to me:

Eleven hours of whining
Ten point deductions
Nine heart attacks
Eight days to worry
Seven useless lectures
Six mental breakdowns
FIVE ABSENTEEEEEES!!!
Four mocking grins
Three study guides
Two hours of sleep
And a "C" that should be an "A"

On the twelfth day of finals, my
teacher gave to me:

Twelve days of waiting
Eleven hours of whining
Ten point deductions
Nine heart attacks
Eight days to worry
Seven useless lectures
Six mental breakdowns
FIVE ABSENTEEEEEES!!!
Four mocking grins
Three study guides
Two hours of sleep
And a "C" that should be an "A"

Poem by Jennifer Doiron

The festival ends with an annual fireworks show on both ends of Cane River.

rockin' around front street

Hundreds of families come to Natchitoches to attend the annual Christmas Festival held on the first Saturday of every December.

The Natchitoches Christmas Festival is held every first Saturday in December. This was its 92nd year. Thousands of people from all around come to see how Natchitoches celebrates Christmas.

The day started with a 5K run that began at Northwestern State University. Then there was Christmas on the Cane at Fort St. Jean Baptiste State Historic Site, which celebrates Christmas 18th-century style with historians, re-enactors and period merchants.

At 1 p.m. the Festival of Lights parade started with police officers

from different parishes doing motorcycle tricks. The parade continued with Lady of the Bracelet Jourdan Waddell, NSU president Chris Maggio and his wife Jennifer, marching bands and more.

After the parade, people walked to Front Street for the rest of the festivities. At the Fleur de Lis Stage on the renovated riverfront, Louisiana Sidemen and Wayne Toups played music for the people who were waiting on the fireworks.

Toups, a Cajun musician, was Grand Marshall of the parade. Called one of the greatest ambassadors for

Cajun music and a supporter of the Natchitoches music scene, he created Zydecajun, a genre of music that combines Cajun, zydeco, R&B and rock.

At 6 p.m. the firework display started. It was coordinated with Christmas music and the many shapes and colors shooting off were awe-inspiring. On the bridge a golden river of light flowed down onto Cane River Lake. After the fireworks, visitors headed back to hotels, or stayed to look at the lights.

The Christmas festival shows people from all over how Natchitoches celebrates Christmas.

Story by Megan Palmer

All photos by Christian Boudreaux



The Northwestern State seal is on display as part of the Christmas lights on the riverbank.



Wayne Toups performs at the end of the festival.



Homecoming court rides in the Christmas parade and waves at families and fellow students.



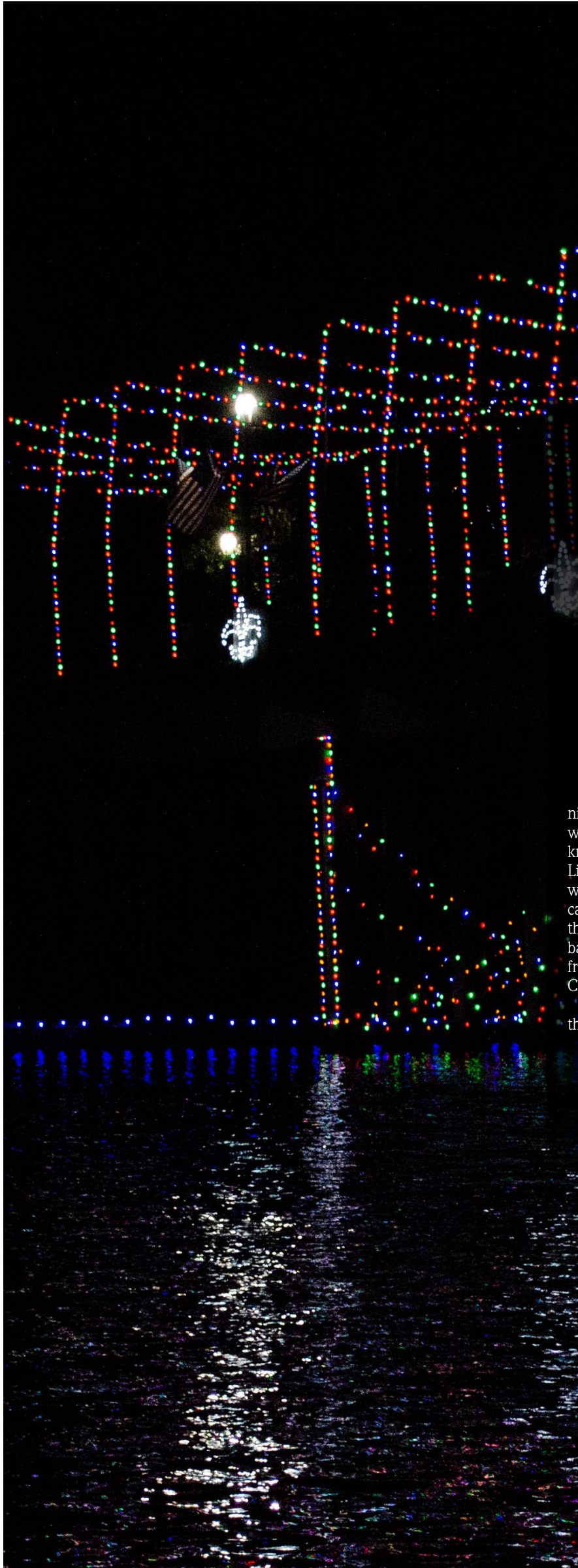
A patterned string of lights hangs along Front Street for people to admire as they drive down the riverside.



The "City of Lights" is a tradition that's over 90 years old. A setup of lights commemorates the third centennial of the founding of Natchitoches.



Natchitoches gives a warm welcome to those who come to visit its decorations in the winter.





light up the night

During the winter season, the city of Natchitoches is decorated with lights to show their holiday spirit.

Natchitoches is referred to many nicknames: Natty, the old city, city with fireworks. One of the best known nicknames is the City of Lights. This is not to be confused with Paris, France, which is also called the City of Lights. Even though Natchitoches has a French background, the nickname comes from the beautiful lights set up for Christmastime.

Various displays are set up around the historic area of Natchitoches.

Different designs are dedicated to Christmas scenes, winter scenes, artist Clementine Hunter and more. Over 300,000 lights and more than 100 installations are set up for tourists to see at night.

A huge Christmas tree is set up on the riverbank on top of a wooden drum that is decorated with lights. Kids can meet Santa at the new permanent building dedicated to Jeanette Katherine Maggio. According to The Natchitoches Times, she

built the first Santa House roughly 50 years ago in memory of her son Barry.

At age 4, he had been unable to see Santa in Shreveport because of the long line. He said he would see Santa next year, but he died in an accident before he could. Maggio promised that every child would get to see Santa during the Christmas season if she could help it.

Natchitoches is also a part of the Trail of Lights, which runs along I-20

and I-49 and includes Shreveport, Bossier, Minden, Monroe, West Monroe, Natchitoches and Alexandria/Pineville. The trail was established in 1992 to enhance the holiday experience for locals, tourists and group tours. Now it has grown to be one of the biggest events in Louisiana.

From November to January, Natchitoches is decorated with lights for people from all over to admire and enjoy during the Christmas season.

Story by Megan Palmer

All photos by Christian Boudreaux



Dr. Nicholas Cummins conducts the chamber choir as they sing "O Come, O Come Emmanuel".

galalujah!

Every division of CAPA gets together to put on the annual performance of Christmas Gala.

This year marks 30 years of Gala at Northwestern State University. The annual Christmas Gala is what really kicks off the Natchitoches holiday season. Gala is the most raved about show on campus and in the community.

The Creative and Performing Arts Department puts on nine shows in three days for the local schools and the community. That level of performance does not just happen overnight, it takes a lot of planning and preparation. Senior Technical Theatre concentrator, Samuel Wright, had the privilege of stage managing the annual show. "For the past three years I have worked behind the scenes on gala. For those who do not know we do nine shows in three days. In the span of those

twenty-seven shows, I have walked almost 300,000 steps, 142 miles, or 414 flights of stairs. Needless to say, it is a tiring show, but we do it because we love it," says Wright. This year gala took a step forward in terms of modern technology. Gala was brought into the 21st century with electronic sign-in and real time text alerts. "These electronic aids have been overwhelmingly beneficial in reaching out to everyone involved," says Wright.

Gala is not a one man show. It takes many people to make this popular show happen.

"So much goes on behind the scenes that makes what happens out front possible. Our 46-strong fly, deck, sound, lights, props, management, and costume crew will stop at

nothing to make sure the show goes successfully," says Wright. "The old saying 'the show must go on' may sound cliché, but it means everything."

Senior dance concentrator Taylor Young says, "This year for the 30th anniversary the dancers put blood, sweat, and tears (literally) into every dance number. We have been working on each number since the end of September to really make sure they were performance ready by gala time." Wright says, "Theatrical performers and technicians are like a magician: the performers are the smiling face, while the technicians are the sleight of hand. Together, we make magic on stage that will wow audiences for years to come."

Story by Katie Gallinghouse

All photos by Chris Reich

The Monks of "Kisatchie Forest" swear an oath of silence they rigorously observe. However, they participate in Gala by using signs to display the words of Handel's "Hallelujah" chorus.



Adele Hebert sings "Joyful, Joyful" while Dwight Robinette performs the song in American Sign Language.

"The Christmas Gala is the most magical show ever to grace NSU! The rehearsal process (for Theatre & Dance) begins late September and early October, so everyone in CAPA is basically dead by the time Gala comes. But that's the magic. Out of going crazy, going home for Thanksgiving, turning in homework that's probably three weeks late, and going rehearsal just makes it more beautiful and magical. This was my fourth and final Gala at NSU. My first Gala was in 2015, and I was a Santa Rockette and in the musical theatre piece "Turkey Lurkey Time" from Promises, Promises. I have done a total of 40 Gala performances (36 at NSU, and 4 at the Strand Theatre in Shreveport). Gala is the best!"

Senior Dwight Robinette





Members of the 69th Demon Battalion stand at attention.



R.O.T.C raises the flags at half mast for Patriot Day.



The Demon Battalion runs on the field with military flags before the football game against McNeese.

devoted demons

Members of R.O.T.C prepare for future careers in the military.

The Reserve Officer Training Corps or R.O.T.C was founded in 1916.

High school students are able to participate in this program. What is now becoming well-known is that it doesn't have to stop in high school. This program is offered at over 1,700 colleges and universities across the United States.

It helps prepare young adults to become officers in the U.S. Military. Students can receive a paid college education and a guaranteed post-

college career in exchange for their commitment to serve in the military after graduation.

Northwestern State University has such a program for the students who are interested and/or in the program.

NSU's Army Reserve Officers' Training Corps program celebrated the activation of the 69th battalion during the fall 2018 semester. Lieutenant Colonel Wendell Bender is the current commanding officer of the program.

Northwestern State College and the U.S Department of Defense signed an agreement in 1950 which established the first R.O.T.C program on campus. While originally starting off with only five enlisted personnel and one officer, the program grew to upwards of 200 persons.

Students who participate in R.O.T.C can earn up to \$5000 in scholarships, and a monthly stipend of \$400. Those who complete R.O.T.C will be made second lieutenants in the Army.

Story by Keator Poleman

All photos by Chris Reich



US Army member Jones gives a speech during the R.O.T.C Activation Ceremony.



NSU President Chris Maggio and R.O.T.C captains cut a cake with a sword.

The Wesley Campus Ministry is another NSU ministry that helps students in their spiritual life. They also host lunches on Tuesdays for students and other events.
Photo by Jasmine Johnson



Eryn Sandwell of the BCM enjoys a snowcone at the BCM's Backyard Bash event.
Photo courtesy of Mattie Stewart



Faith Hopkins, Kennedy Davis and Kaleb Hudson attend the Backyard Bash event hosted by the BCM.
Photo courtesy of Mattie Stewart



The Catholic Student Organization is available to help students grow in their spiritual life and hosts different events for students to attend.
Photo by Jasmine Johnson



Brittany French praises God during lead worship at BCM.
Photo courtesy of Mattie Stewart

strength found in faith

The Baptist Collegiate Ministry, Catholic Student Organization and Wesley help students pursue a life of faith alongside their studies.

Students have many organizations that they can be a part of. In these ministries, people can find their faith-based home away from home with the campus student ministries.

These are the Baptist Collegiate Ministry, Catholic Student Center and Wesley. They offer an encouraging platform for students to grow in their spiritual walk with God.

The Baptist Collegiate Ministry has weekly worship meetings on Wednesday's and bible studies on Org Row. The BCM members eat lunch together, pray together, read scripture and participate in accountability groups called C-WOM and C-MOM. You can also see members in intermural teams for different sports.

Haleigh Vollmar, a freshman, has

felt that the BCM was like a home away from home. You can walk in and are immediately welcomed. "My greatest experience has been making life long friends. I know that that they will always have my back and I'm forever grateful," says Vollmar.

For people that are interested in going to the BCM it can help so much with your walk with Jesus. You will always have people encouraging you. "We all do bible studies and truly strive to know Jesus more. It's not just fluff," says Vollmar.

The Catholic Student Organization offers students the opportunity to grow in leadership by offering various leadership roles, to grow in their spiritual life by going to retreats and conferences. Students can also go on mission trips to grow in

service. They have recently expanded these opportunities to have service, social and hospitality and outreach chairs to their leadership roles. The organization even provides free coffee.

In 2018, the CSO hosted kiddie pool kickball, BBQ cookout, Taco 'bout Jesus and many more. The president of the CSO, Mikalyn Russell, joined the CSO because she was searching for a faith-based community that had the same goals as her - virtue, holiness, joy and spending eternal life with God the father.

The CSO has helped her become deeply rooted in my identity as a woman and daughter of Christ. "This confidence has furthered my trust that Jesus has a purpose for the desires of my heart," says Russell.

One of her favorite memories from CSO was teaching some of the girls how to do some clogging steps at the pumpkin party they hosted. "The smiles and laughs were priceless last fall."

The Wesley is a recognized Methodist student ministry that has been at NSU since 1963. They have Tuesday lunches from 12-1 where they serve food for \$1 to NSU students and \$5 for non-NSU students. On Tuesday nights students can join the Wesley at 6 p.m. and go into small groups at 6:30 p.m. The ministry also has a free bike share for students to borrow a bike. Students can rent and bring them back on Tuesdays.

Story by Megan Palmer

demons abroad

Demons come from every corner of the planet.

Going to a different country is scary for anyone. There are different languages, cultures, sights and adventures. The NSU International Student Resource Center helps international students with their transition from their home countries to NSU life.

Workers at the center advise international students while promoting a welcoming atmosphere with intercultural social interactions.

The resource center also aids NSU students who want to study abroad for a short- or long-term stay. NSU students have many places to choose from for their study abroad program. China, Columbia, France and Italy

are just a few of the countries that NSU students can visit during the school year. In the summer, students can study in Chetumal, Mexico; and Angers, France.

International students come to NSU for various reasons. Yinglin “Winnie” Yuan, a freshman Business and HMT major, is an international exchange student from China. She came to NSU because of the business and technology college.

She also liked that NSU is in the South, where the climate, environment, security and other aspects are appealing. She likes activities on and off campus such as football games, the international exchange student

parties, hanging out and shopping downtown with friends.

“I really had a great time at NSU,” Yuan says. “I took part in many activities at NSU. I experienced and learned many new things. My professors and classmates are very kind to me and I had many wonderful and precious memories with them. I love and thank NSU so much.”

In the future, Yuan wants to manage a hotel.

The experience of NSU's international students proves that one plane ride is a ticket to a whole new world of adventures.

*Story by Megan Palmer
All photos by Valenina Perez*

“I really love and enjoy my life here. I’m so appreciative and proud to be an NSU Demon. I will never forget all the wonderful memories here!”

- Yinglin Yuan



*Yinglin Yuan and Zhixin Lin
Photo by Jasmine R. Johnson*

Jolie Gonzalez, assistant orchestra director, conducts at the orchestra concert.



Jonathan Andino from Honduras plays the violin on his free time.



Ramon Sarruf, Hassik Vasquez and Luis Gallo perform a musical piece at an orchestra concert.



Cristian Paez, Francisco Ballester and Sadoc Silva from Colombia smile at the camera at "no time for a siesta, let's have a fiesta" event.



Naoko Yoshida from China and Emma Miachon from France hang out with other international students.



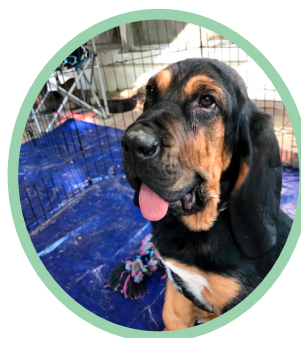
Patch
Owner: Dr. Haley Taitano
(Assoc. Athletic Director for External Affairs)



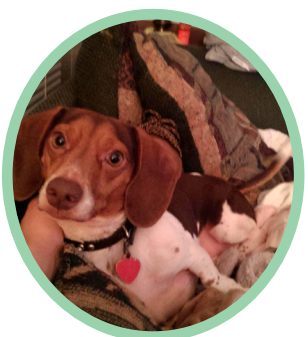
Mushu K
Owner: Kelsey Jordan
(Senior)



Cali
Owner: Kyle Swanson's
(Graduate Student)



Loki
Owner: Jocelyn Cannon
(Sophomore)



Mistah Lubba Lubba
Owner: Bryon McKinney
(Assoc. Professor of Social Work)



Sadee Mae
Owner: Madison Lange
(junior)



Mya (left) & Lily (right)
Owner: Jared Myatt
(Director of Strength & Conditioning)



Sam
Owner: Gabriella Naquin
(freshman)



JoJo
Owner: Dr. Karen Walker
(Ass. Professor Child & Family Studies)



Ellie (cow) & Henry (chicken)
Owner: Sarah Deggs
(freshman)



Tate
Owner: Katie Rayburn
(Graduate Student)



Sadie
Owner: Elizabeth Langley
(junior)



Pencil
Owner: Cylandria Clemons
(senior)



Annabelle Wadley
Owner: Treniya Wadley
(junior)



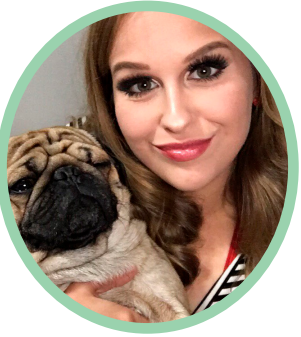
Oreo
Owner: Sean McGraw
(junior)



Louie & Annabel
Owner: Dr. Julie S. Gayle
(Ass. Professor for Graduate Nursing)



Seuss
Owner: Tracie Trichel
(HR analysis)



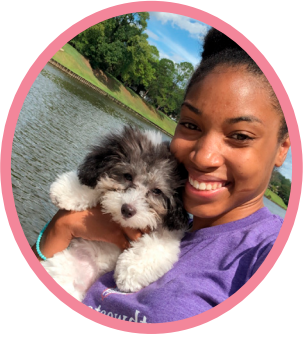
Andy
Owner: Courtney Baggett
(freshman)



Brad Kitt
Owner: Rachel Terry
(sophomore)



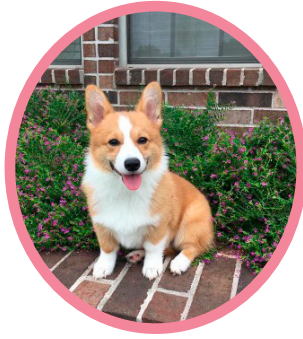
Sally
Owner: Justin Mundy
(freshman)



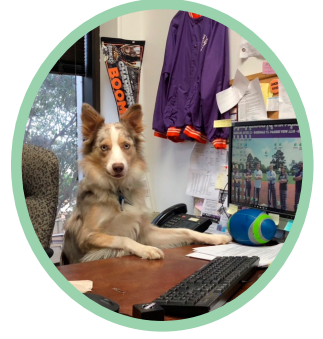
Layla
Owner: Antanae' Baylock
(sophomore)



Felix
Owner: Chelsea Beasley
(junior)



Ein
Owner: Chris Reich
(NSU photographer)



Fluffy Bear McPuppy Pants
Owner: Michael Jacklich
(Ass. Athletic Director for Ticketing & Spec.
Events)

a demon's



best friend



Cookie Puss
Owner: Leslie Gruesbeck
(Assoc. Professor of Art and Gallery Coord.)



Copper
Owner: Kerri Kiracofe
(Admin. Office Assistant)



Tesla
Owner: Haleigh Gates
(sophomore)



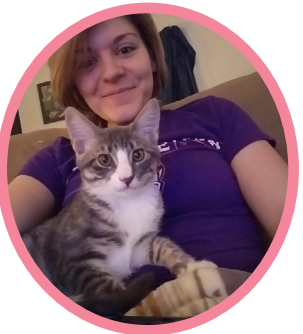
Sam
Owner: Shelby Cambre
(junior)



Scruffy
Owner: Samantha Browning
(sophomore)



Dottie
Owner: Brianna Fife
(freshman)



Emilie
Owner: Abbie Atwood
(junior)



Bubsie
Owner: April Trowbridge
(senior)

the one, the only



Vic the Demon wears pink attire in support of Breast Cancer Awareness Month.

Vic dresses in uniform during a football game in support of R.O.T.C.



The mascot hangs on the sideline during a basketball game in Prather Coliseum. He gets the "best seat in the house."



Vic the Demon keeps the student body lively.

Debuting in 1923, this lovable demon has captured the hearts of the entire Natchitoches community. Vic was officially given his iconic name on Sept. 22, 1984. The demon's look has gone through 11 different transformations. Vic answers some questions to shed light on his life as the official mascot.

What does Vic represent to NSU?

Vic is the face and spirit of the families. He brings joy to all children, parents and students, of course. Vic wants to be the life of the party. Everybody loves him.

What is your favorite memory from this year?

I loved placing second at Nationals.

Who is your rival mascot?

The lumberjack from Stephen F. Austin State University is definitely a big rival.

If you could change something about NSU, what would you change?

I would like to encourage more school spirit. Having a smaller college campus overall is tough in comparison to largely populated schools. I think we have potential to create the best student section there is.

Why should people come to our campus?

NSU is a great place to be. We're all one big family.

Questionnaire by Cassie Phillips

All photos by Chris Reich

Big Freedia joins DemonFest as one of the headliners.



BRDFRD was one the guest artist for the 2018 DemonFest.



Two staffers for the event smile for the camera.



St. Branham performs for DemonFest.

party like a demon

NSU annual DemonFest hosted by KNWD was a total success.

Music from DemonFest can be heard across campus, from Org Row to Russell Hall. Held on Iberville Green, this annual event is hosted by KNWD, Northwestern's radio station. It brings in local, regional and national acts to perform for students and the Natchitoches community. Previously a two-day event, Demonfest 2018 took place on one day, Friday, April 20.

Bands that performed at the 2018 DemonFest included headliners Big Freedia and Asher Roth, as well as

AF the Nasayer, A.J. Haynes, Alive by Sunrise, Berxdwn, BRDFRD, DJenko, Downtown Wave, Gnvrly, Jenna & Paige, Johnluke, Mimi Dawn'e, Naughty Professor, Purple Staircase, Rella, Royal Teeth and St. Branham.

The 2018 DemonFest was special because it was the event's five-year anniversary. For the sixth DemonFest, KNWD is looking to use the new stage on Iberville Green for an authentic music festival feel.

"I think it's going to help with all

the concerts like DemonFest," says Jasmine Johnson, a junior music education major. "It will help KNWD with having less work of putting up stages for the event."

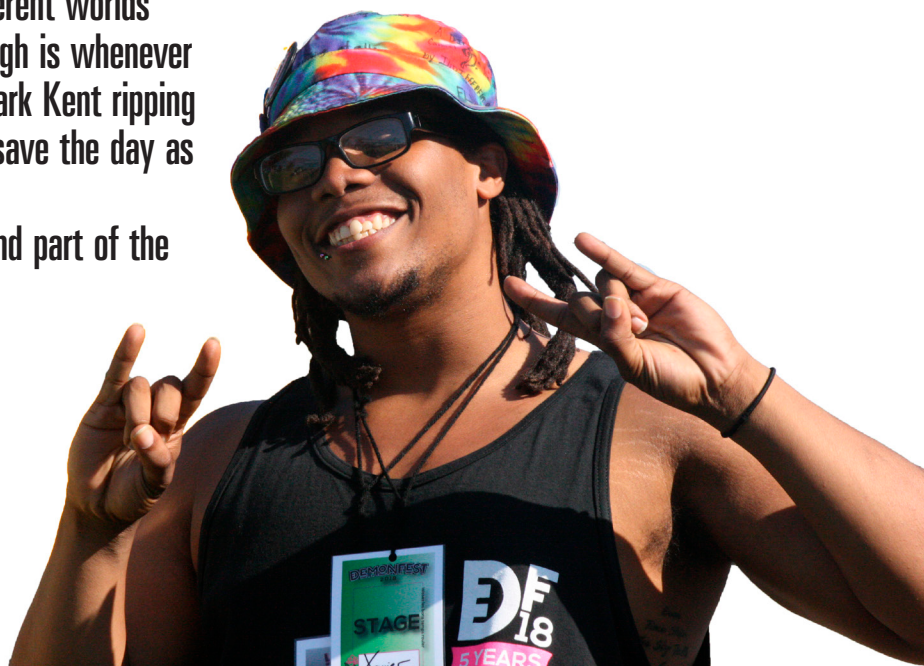
Cinnamon Player, a longtime KNWD staff member, is excited to make history on the new stage. "I'm really excited about the new stage because it makes the KNWD staff lives' easier," she says. "In the past, we had to pay for staging companies and that was a long, stressful process. This year it takes that stress away."

Story by Megan Palmer

All pictures courtesy by Kiara LaFitte

"It's fun getting to live in two different worlds simultaneously. The best part though is whenever my set is up because I feel like Clark Kent ripping off the suit and tie as he goes to save the day as Superman."

-Xavier Matthews, KNWD staff and part of the lineup.





demons lead the way

NSU seniors graduate in the spring and fall of 2018.

The spring 2018 graduating class of Northwestern State University boasted one of the school's largest graduating classes yet, with 923 degrees going to 907 students. Nursing was the most popular degree.

Families gathered to witness their loved ones take the victory walk and shake hands with NSU President Chris Maggio. The ceremony was capped off with a confetti-filled farewell, and new graduates walked out to their highly anticipated futures.

"I am excited to graduate and start my life outside of undergraduate

education," said Jen Enloe. "I already have job interviews lined up, which is exciting because I will not need to depend on my parents. I also be pursuing a masters degree, so the next chapter is more thrilling than scary."

"Preparing for graduation is very bitter sweet," says Laura Sharp. "I am so excited to graduate but so sad to end my time at Northwestern."

For students finishing in the 2018-2019 academic year, graduation is a time for reflecting on the past, savoring the present moment and keeping an eye on the future. "Always look

back on your time here," said spring 2018 graduate TJ O'Rourke says. "How else are supposed to remember all the good times?"

"The past four years have been so full of laughter and growth," says December 2018 graduate Laura Sharp says. "I have loved my time as a Demon and will always consider NSU home."

"I am so excited to graduate this spring," says spring 2019 graduate Theresa Sharp. "It will be so special to walk across the stage with the people I have spent the last four

years getting to know."

In the spirit of remembering their time at Northwestern, some recent graduates were asked what song they felt best reflected their time at the university. Choices included "Ms. New Booty" by Bubba Sparxxx, "Yesterday" by Imagine Dragons and "We Can't Stop" by Miley Cyrus.

Regardless of how you remember your time at Northwestern, let it involve a killer song and a lifelong love for the Demons in your heart.

Story by Katie Gallinghouse

All photos by Chris Reich

NSU President Dr. Chris Maggio gives a speech at the 2018 spring graduation.



Students dress Dante in a graduation gown in honor of graduation day.



Phi Beta Sigma member, Justin Guillory, walks proudly across the stage to receive his diploma.



Alumnae Abby Hinds gives the opening speech during the morning graduation for the soon to be graduates.



Coach Laird congratulates the football team after a win against Grambling State University.
All photos by Chris Reich

athletics.



- 072-073 Pom Line
- 074-075 Cheer
- 076-077 Demon Dazzlers
- 078-079 Demon Heat Color guard
- 080-081 Spirit of Northwestern
- 082-083 Football



- 084-085 Soccer
- 086-087 Men's Cross Country
- 088-089 Women's Cross Country
- 090-091 Volleyball
- 092-093 Men's Basketball
- 094-095 Women's Basketball



- 096-097 Tennis
- 098-099 Men's Track & Field
- 100-101 Women's Track & Field
- 102-103 Softball
- 104-105 Baseball

pumping out pizzazz

The Purple Pizzazz Pom Pom Line combines cheer and dance.

The Purple Pizzazz Pom Line is a high-energy fusion of dance and cheer that spreads spirit around NSU. Members spend hours each week sharpening their dance techniques, staying in shape and perfecting routines.

The team does an excellent job of hyping up NSU's crowds year-round. In the fall, the Pom Line can be found cheering on the Demons at football games. They also perform their routines at pep rallies and at halftime to get fans fired up. During the spring, the team moves to Prather Coliseum to show their support for the basketball team.

Casey Sakai is a sophomore spending her first year on the team. She says "I joined Pom Line to give me the opportunity to become more familiar

with NSU and to cheer on the Demons." Being on Pom Line allows the girls to develop close friendships on campus. Sakai says, "my favorite part about being on the team has definitely been meeting some of my best friends."

For Kijah Johnson, freshman, one of the highlights of being on Pom Line was at the football games. She says, "my favorite part was performing at halftime."

Jess Easley, freshman, said that being a part of Pom Line means being part of a family. "I love getting to spend time with so many different girls," Easley says. "Being able to dance beside so many wonderful ladies is so much fun!"

Story by Leanna Coy



The pomline shows us the fierce moves at half time.
Photo by Chris Reich



Dancers show us their best expressions while performing at half time.

Photo by Chris Reich

Pomline dances and sings along with the stadium as the band performs the Demon Fight Song.
Photo by Alexis Trosclair



PRETTY IN PINK



The pomline dances at half time while showing off their pom poms in support of breast cancer awareness.
Photo by Chris Reich

HIGH KICKS



Dancers display their fierce kicks during their performance.
Photo by Chris Reich

PUMP UP THE CROWD



Pomline chants to hype up the crowd.
Photo by Alexis Trosclair



Rianna Breaud (freshman) performs with the band for the pregame performance.
Photo by Alexis Trosclair

bring it on

Cheer keeps the crowd pumped at athletic events.

Promoters of school spirit. Artisans of flexibility and agility. Main source of encouragement for the football, basketball, and volleyball teams during games. Cheerleaders play a large role in raising morale and spreading school spirit while on or off the field.

Cheering is not a simple sport that can be done by just anyone. Cheerleading takes a large amount of hard work, perseverance and commitment from each member of the team. NSU's cheer team can be found practicing several times a week to be able to bring as much pep to the games as they can.

According to Freshman Elise Vidrine, her first year on the cheerleading team has flown by. "It has been a year of

growth for both myself and the team. Being able to support our university on this level is an absolute honor." "There is no better feeling than that of getting to do what I love in such a supportive environment," says Vidrine.

Darius Brock, another member of the team talks of how close the team is. "I love being on the cheer team it is a huge family. I've been on the team for 3 ½ years, and my favorite thing is the progression we've made. We've gone from not competing to finishing 5th at nationals and this previous year we got 2nd! That along with the life long friends I've made have been the best things about being a member of the NSU cheer demon family."

Story by Haleigh Gates

The cheerleaders group up at the end of the game with Sam Houston State to sing the Alma Mater with the student section.

Photo by Chris Reich



The cheer squad runs out onto the field between freshman during the Freshman Inferno.

Photo by Chris Reich

A cheerleader holds the "GO" sign while cheering on the Demons.
Photo by Chris Reich



Current and alumni cheerleaders gather at the end-zone to do their ceremonial chant after the football team scores a touchdown.
Photo by Chris Reich



Cheerleaders celebrate a win by happily singing the Alma Mater after the game with Houston Baptist University.
Photo by Chris Reich



Male cheerleaders hold the flyers in the air for a formation during the homecoming parade.
Photo by Chris Reich



Cheerleaders cheer during the pre-game sporting their new uniforms.
Photo by Alexis Trosclair



Alumni cheer members come back during the homecoming game against Houston Baptist.
Photo by Alexis Trosclair

the ol' razzle dazzle

Demon Dazzlers show off their dancing abilities during half time.

Between hours of practice, exercise and dance training, there's no doubt that the Demon Dazzlers work extremely hard. Whether leaping, pirouetting or prancing across the field, the dance line captures the attention of their audience.

Being a Dazzler takes a lot of dedication. Members have to balance weekly workouts on top of their busy schedules. The group practices alongside the Spirit of Northwestern marching band and performs during half-time at football games. The routines are arranged to flow with the band's music.

Aside from halftime performances, the Dazzlers perform at various other events across campus. You'll find the group aweing the crowds at the Miss Northwestern Lady of the Bracelet pageant, pep

rallies, and even the annual Christmas Gala.

Alphonse Engram is a junior spending his second year on the team. He said that being a Demon Dazzler is a rewarding experience. "I love being on Dazzlers because of how inclusive it really can be, especially since it's only their second year accepting men onto the team," says Engram. "Another benefit to being on Dazzlers is all of the memories and inside jokes you leave with."

Members get to show their spirit for NSU through their passion for dance. Mallory Martinez, junior, is a co-captain for the team. "Being a Demon Dazzler has been one of the best opportunities that NSU has given me," says Martinez. "I think the absolute best part about being a Demon Dazzler is being a part of this amazing university and getting to cheer on my fa-

Story by Leanna Coy

All photos by Chris Reich

Dazzlers dance along with the marching band at half-time.





The Dazzlers leap into the air as part of the choreography at half-time.

Demon Dazzlers dance along with the band.



Dazzlers huddle together to keep warm before the half-time show during the McNeese game.

Rance Mason brings emotion and color through the flags and dance routines.



Color guard salutes while the band plays the Star Spangled Banner.



Demon Heat member Angel Chavez twirls the flag while performing with the band at half-time.



Color Guard member, Faith Wilson, moves the flag along with the music from the band.



Isabel Melhado prepares to toss the rifle into the air.

bringing the heat

Demon Heat, it's more than a team, it's a family.



Color guard poses at the end of their performance with the Spirit of Northwestern in Texas A&M's stadium.

Tossing flags. Striking poses. Giving that 100-watt smile.

These are components of what makes up the Demon Heat, NSU's color guard. What you may not know is how much work, time and effort are behind these components. Every day the team can be found somewhere on campus tirelessly practicing routines and techniques.

Getting involved with the Demon Heat can benefit a person greatly.

Senior Jade Richmond says made the decision to join the Demon Heat as a freshman, and she has stuck with that decision for eight semesters.

"[Color] Guard helps you adjust really well," she says. "We're here on campus before move-in day. We practice together and get

to learn where everything is. It's great to already have a friend base before school starts. It's also really great that band and color guard make you get involved."

A more recent addition to NSU's color guard team is freshman Tlen Mason. "Color guard motivates me to do what I need to do," he says. "So much more than time and energy goes into this. We're a family."

It takes dedication to be a part of this team, but the overall attitude of everyone involved is that it is well worth it. The Demon Heat is not just about grueling practices and long hours. It is about having a sense of family and a place of belonging. No matter the day or time, the Demon Heat is ready to take center stage.

*Story by Rebekah Lorio
All photos by Chris Reich*



Sousaphone player Patrick Murr poses for the camera.

Photo by Hannah Pettus



Hope Spaw, one of the three drum majors, conducts the band.

Photo by Hannah Pettus



Snare section leader Braylen Dugas walks with his fellow bandmates to the field.

Photo by Hannah Pettus

Hayley Joncas (sophomore) and other members of the Front ensemble plays along with the band at half-time.

Photo by Chris Reich



Sousaphone players march along with their fellow bandmates towards the Texas A&M field for the first game of the season.

Photo by Chris Reich



Drum majors (from left to right) Michael King, Hope Spaw, and Brandon Brumblelow pose for a picture.

Photo by Hannah Pettus



out with the old

The best sounding band in the land gets a new look.



Baritone, trumpet, and trombone players proudly march on the field as they show off their new uniforms.
Photo by Chris Reich

In 2018, the Spirit of Northwestern Marching Band proudly displayed its new uniforms for fans to see. It has been years since a new uniform was issued. A band uniform usually has a shelf life of seven to eight years, so band director Jeff Mathews knew it was time for a change.

Picking new uniforms is important and not something that is taken lightly. Fruhauf, a band uniform design company in Wichita, Kansas, met with Mathews and administrative staff to discuss the direction of the new uniform. Narrowing it down to four design sketches, the

team sought feedback.

The new uniform design was not chosen by just a few select people. An entire day was set up for volunteers across campus to come and give their opinions on which uniform design looked best. After everyone submitted an opinion and the design was chosen, the sketches became a reality and the new uniforms were made.

Additions include columns on the sleeves, which represent the school's icon, as well as the color orange, which was incorporated into the design for the first time in 40 years. Not everything about the uniform is new. The cape was an important tradition.

Dara Pressley, freshman vocal education major, had her pants turned into a skirt to uphold her religious beliefs. "Band is something I really enjoy and love," she says. "The new black uniform made it easier for me to incorporate a skirt into my uniform instead of the pants. This was and is a big deal to me because modesty is a super important to me fact that I'm able to do what I love and still be able to hold true to my values in Christ is awesome."

Fundraising for new uniforms was part of the process. The band staged fundraising efforts that had tremendous support not only from NSU,

but also from the Natchitoches community as a whole. Director of Bands Dr. Jeff Mathews and band members were grateful to the university, the community and everyone who supported the new uniforms. Kappa Kappa Psi was also appreciated for its contributions.

"We really needed new uniforms because the old ones have faded," says senior music major Eric Pannell. "We did a lot of fundraising to raise the money to get them with the whole school and community pitching in. We do not change uniforms very often, so it's a very big deal and I'm very glad I got to be a part of it."

Story by Rebekah Lorio

in with the new

time for tackles

Football players find a balance between their athletic life and academics.

Northwestern State University football players get to enjoy everything college has to offer. They have access to academic support, including tutoring and resources to help them excel financially.

"I've actually never had a tutor before in my life, so when stuff started to get hard that was definitely a help," says Reggie Youth, a freshman Health and Exercise Science major. "It comes easy and free so I don't have to pay for anyone to help me, and that's definitely a plus."

Football and academics are a priority to the team, but so is having typical college experiences. "There's sacrifices you have to make with football" says Desmond Prejan, a junior health and exercise science major. "But NSU does a good job of having so much stuff you can do socially and all these events they put on all the

time, so you can catch something."

Navigating academics and sports requires good time management. Most players have classes throughout the morning, and practice starts at 2 p.m. "When a regular student is done for the day, we're just get started," says senior Frank Boudreaux, who has a degree in business and is currently working on his master's in homeland security. "The starting point of our day is 2 to 6."

"When your afternoons are covered, you have to make sure that the rest of your time is used wisely," Prejan says. "Or you'll get behind in school and not be able to do things you want to"

Academics and social life are important to the team, but their passion and love for football are huge. "Ever since I was a little kid, it's always been a goal of mine to use sports as a

platform, and use my abilities to get to college and get the education I and my parents wanted for me," says Kaleb Fletcher, a sophomore electric engineering major. "That's what always drove me. If anything, football doesn't limit me, and it gives me more opportunities to better myself."

Because players can relate to each other in terms of managing football, school and a social life, they really rely on each other as a team.

"The older guys with the entire freshman class helps each other out to make sure we're all together," says freshman Jordan Hester.

The Northwestern State Demons are more than positions on a field. They are diverse, hardworking young men who love their sport and the discipline and brotherhood it provides them.

Story by Rebekah Lorio

All photos by Chris Reich



Isaiah Longino (left) and Dylan Wilson (right) sing the Alma Mater after a hard earned win against Grambling.

#3 Marquisian Chapman runs past two opposing team members with the ball in hand.



Scoreboard 5-6

59 - 7 L	Texas A&M
34 - 7 W	Grambling
49 - 48 W	Lamar
24 - 17 L	Southeastern Louisiana
28 - 10 L	Nicholls
42 - 28 L	Sam Houston
38 - 17 L	Central Arkansas
31 - 28 W	Houston Baptist
49 - 47 L	Abilene Christian
37 - 37 W	Mcneese
35 - 23 W	Stephen F. Austin



#48 Austin Fendrick kicks the ball into the field goal for an extra point.



#4 Clay Holgorsen runs the ball against Grambling.



#21 Jared West prepares to catch a pass.

For the first time in 14 years, the Demons lasso long time rival McNeese for a 37-34 victory. The last time the Demons won against the Cowboys was Oct. 16, 2004 in Turpin Stadium. There has been a long rivalry between the two schools since their first game on Oct. 6, 1951.

kickin' it

Women's soccer scores hard-earned wins.

This past fall was an exciting season for our Lady Demon soccer team. Starting off with their athletic accomplishments, the team finished their 2018 season with a 10-10 record and qualified for the Southland Conference for the second year in a row.

Our Lady Demons also excelled in the area of personal team player's accomplishments. For the fourth consecutive season, some of our Lady Demon players was chosen for the All-Southland Conference teams. This year it was senior April Trowbridge, a forward, who was

voted to the first team along with junior midfielder Jayden Wheeler. This honor is decided by league coaches and sports information directors who select the teams and their members.

Two seniors on the team, Brittany Caserma and April Trowbridge, were also chosen for special opportunities. Both were to be forwards on the 2018 Louisiana Sports Writers Association All-Louisiana Collegiate Women's Soccer Team. The girls were selected by a panel of women's soccer sports information directors.

The team was also involved in volunteer opportunities that NSU has over the season such as soccer camps. The Winter Prospect I.D. Soccer Camp, for example, is a camp for athletes in high school that are interested in continuing to pursue soccer in college. Participants in the camp had the opportunity to experience the coaching style and vision of soccer at NSU.

All in all, it's safe to say our Lady Demons had a successful year and season as a team and individually both on and off the field.

Story by Rebekah Lorio & Leanna Coy

All photos by Chris Reich



Abeline Christian prepares to defend the ball from #10 April Trowbridge.





Scoreboard

10-10

0 - 1 L	UTSA
3 - 2 W	La Tech
0 - 1 L	ULL
4 - 2 W	Mississippi Valley State
5 - 2 W	ULM
5 - 0 W	Southern
8 - 0 W	Jackson State
0 - 1 L	Stephen F. Austin
5 - 0 W	LSU-A
0 - 4 L	Mcneese
0 - 1 L	Lamar
3 - 1 W	UIW
0 - 3 L	Abeline Christian
0 - 1 L	Sam Houston State
0 - 1 L	Houston Baptist
3 - 0 W	Texas A&M-CC
1 - 0 W	Southeastern Louisiana
3 - 2 W	Nicholls
0 - 5 L	Central Arkansas

#7 Kylee Dominy kicks the ball down the field away from UTSA players.



#13 Brittany Caserma hits the ball with her head to prevent the ULM players from getting the ball.

The team celebrates their win against Nicholls State in overtime.

go the distance

Men's cross country makes room for improvement.

The men's Demon cross country team has a promising future ahead of it. "Cross country takes a lot of development and takes a lot of time," says Coach Chris Sauer. "Over the past year, on the women's side they ended up dropping two minutes on average per person. The men dropped three minutes on average per person."

The men started the season taking fifth place in the opener at McNeese. "I am really pleased with how everyone ran," Sauer says. "They all put themselves out there and competed with the people around them. We're in

a much better place right now than we were when we started last year on both sides." Brandon Lewis-Graham stepped up for the Demon team with a seventh-place ranking.

This year's team consisted mostly of younger members with only one senior. Lewis-Graham, who transferred from Louisiana Tech, was leading at meets throughout the season. He was individual champion at the Louisiana Tech Mook Duals on Sept. 15th, winning the men's four mile, and was even named Southland Conference Athlete of the Week.

"It feels great to win athlete of the week," Lewis-Graham says. "I have been working extremely hard alongside my teammates. All the work put in behind the scenes paid off this past weekend at the school I transferred in from."

The Demon team claimed fifth place overall at the MSU Cowboy Stampede Sept. 29th and finished the season strong Oct. 13th with a sixth-place spot at the Mississippi College Invitational. The team was led by Lewis-Graham in 15th place out of the 163 runners at the meet. Following Lewis-Graham were Yannik Gerland in 21st

place, Cody Robinson in 35th, Darius Groves in 47th and Clay Casner in 64th. The team earned a combined time of 2:16:00.01, 58 seconds faster than the team average at the same meet last year.

The team capped their season off Oct. 26th with the Southland Conference meet, in which they improved their ranking from last year with a 10th place finish.

With the conclusion of the outdoor leg, the Demons focused their attention on the indoor distance competitions in the spring.

Story by Katie Gallinghouse



The NSU Cross country men's team practices early in the morning for their meets.
Photo by Chris Reich



Clayton Casner
passes over the
finish line at a
meet.
*Photo courtesy of
Ronnie
Pellegrin*



Brandon
Lewis-Graham
(far right) places
top runner at a
meet.
*Photo courtesy
of Ronnie
Pellegrin*



Darrius Groves
(far left) and
other
participants run
through the
mud.
*Photo courtesy
of Ronnie
Pellegrin*

Keanna Osby
paces herself while
running at a meet.
*Photo courtesy of
NSU Sports Infor-
mation*



Emily Heard and
other participants
run through the
mud.
*Photo courtesy of
NSU Sports Infor-
mation*



Women's cross
country team wins
first place.
*Photo courtesy of
NSU Sports Infor-
mation*



make a run for it

Women's cross country starts strong.

The Lady Demon's cross-country team started the season with a strong fourth place placement, edging out two others in state teams. The team was led all season by sophomore Isabella Hudson, who got a time of 11:09.6 and an eighteenth-place finish at the opening meet. Freshman Kirstin Elrod finished less than three seconds behind.

"The women had no problem running near the front with some very

competitive teams," says Coach Chris Sauer. "That's a hard thing to teach at the college level. As they keep adjusting to training and racing at this level, it will pay dividends."

The women won the Louisiana Tech Mook Duals for the second year in a row. Hudson had the leading time and even improved on her time from last year by almost two minutes. The Lady Demons had several women place in the top 10 at

the event.

The Lady Demons finished fifth at the MSU Cowboy Stampede. The team was only five points away from fourth place. Hudson finished 20th with a time of 19:49, improving 22 places from this meet last year. "Izzy is so great to rely on," Sauer says. "The girls all use her in a race to gauge where they should be."

Hudson led the final meet of the season at the Mississippi College

Invitational with an 18th-place time. Whe was followed by Emily Blanchard in 22nd place, Jasmine Dansby in 33rd, Emily Heard in 40th and Keanna Osby in 53rd. "The girls ran a very bold race," Sauer says. "We wanted to go into this trying to be more competitive and got exactly that."

The Lady Demon's completed the season with at the Southland Conference with a 10th-place finish.

Story by Katie Gallinghouse



Emily Blanchard, Jade Talazac, Kirstin Elrod and Isabella Hudson run during an early practice.
Photo by Chris Reich

Players stand up and put up their forks as they reach set point.



spike like a girl

The volleyball team keeps high expectations.

Despite a rocky season, Sean Kiracofe, Lady Demon's volleyball head coach, says the team hasn't been as far off its original goals for the season. The team battled through every opponent to reach the Southland Conference in fall 2018.

Kiracofe says the team has many players to step up for next year. He said it's harder to get the players to improve their "crunch time" at the end of the season. The coach said the

team has had high expectations for the Southland Conference Tournament, which was last hosted by NSU in 2014, but thinks the players can accomplish anything.

"I think our girls really feel like they can compete with anybody. So, there isn't really a matchup that we're necessarily scared of," he says.

Channing Burleson, senior libero, says she feels the season has had ups and downs. "Time management is

important to staying on track with my studies and being on the team." For next season, Burleson says she thinks the team will need to figure things out after losing some of their starters.

Outside senior hitter Reagan Rogers says although they lost some seniors, the underclassmen will be able to step up and become team leaders for next season.

Madeline Drake, senior middle

blocker, says this season has not been what the team they've expected. "It's more about how we finish than how we started," Drake says. During her freshman year, she says it was harder to manage her time between school and the team. As a senior, it's become easier.

Despite losing some players next season, Drake says the team will have an opportunity for new leaders to step up.

*Story by Keator Poleman
All photos by Chris Reich*

"I started playing when I was 10 years old, and it was really big where I grew up. Volleyball has become more than a sport to me, my full time job. I've been playing for years now; and the friendships I've made, the life skills I've developed and the memories I've created is something I will always be thankful for."

-Megan Lohmiller





#18 Cayman Sutton and #17 Brooke Wood jump to stop the ball from hitting the ground after the opposing team player spikes the ball.



#9 Alexis Warren hits the ball over the net.



Players write "#DoltForDae" on their wrists for Daeshon Gordon, a student athlete that passed away on Oct. 21, 2018.

Scoreboard 12-14

0 - 3 L	Texas Tech
0 - 3 L	Rice
3 - 0 W	Jackson State
3 - 1 W	Radford
3 - 2 W	ULM
3 - 1 W	Southeast Missouri
1 - 3 L	Oral Roberts
0 - 3 L	Tulsa
0 - 3 L	Oklahoma
1 - 3 L	Texas A&M
3 - 1 W	UIW
0 - 3 L	Stephen F. Austin
2 - 3 L	New Orleans
3 - 1 W	Nicholls
1 - 3 L	Central Arkansas
1 - 3 L	Stephen F. Austin
3 - 0 W	McNeese
3 - 0 W	Lamar
1 - 3 L	Abilene Christian
1 - 3 L	Sam Houston State
3 - 0 W	Southeastern Louisiana
2 - 3 L	Houston Baptist
3 - 2 W	Texas A&M Corpus Christi
3 - 0 W	Southeastern Louisiana
3 - 0 W	Lamar
0 - 3 L	McNeese

who's your favorite opponent?

A few team members discuss which team they like to go against.



"University of Central Arkansas is my favorite opponent to play because we match up really well against them, and every time we play, we know it's gonna be a good game and a fight."
-Reagan Rogers, senior



"I really like playing against A&M Corpus Christi because they're always really competitive in our conference and ever since I've been here, we've played really well against them."
-Charlie Fouts, sophomore



"My favorite team to play is also my least favorite team to play - Sam Houston State. They're my favorite team to play because when we beat them it is a hard earned win."
-Madaline Drake, senior



"My favorite team to play is UCA. It's always great competition playing against them. We know when we play them, it's going to be a good, hard battle. There are endless rallies in each set! We fight to the finish! We fight 'em demons."
-Darria Williams, sophomore

demons in the house

The basketball team plays their hearts out.

After a short break following the previous season, our men were right back at it discussing better techniques and following up discussions with implanting those techniques into practices and plays.

Ishmael Lane, a senior communications major commented on some of the differences in the team going into this season. "We knew going in what we needed to do coming off last year's season. We just talked as a team and realized of what we needed to do, how we were going to get better and what we were going to do to get better.

It was just a matter of everyone keeping that mindset and making sure, every so often, that we still have that same mindset as the season continues. You see people from last year that worked on and expanded on their game. They want to get better and want to win so they're doing the things they need to do to get better and are putting themselves

and the team in positions to win. You can definitely see the skill and growth level has risen since last year," says Lane

LaTerrace Reed, a junior transfer player from New York business marketing major, also commented on some of the differences he sees in the men's team here and how that has contributed to their success this season. "It's a major difference going from division 1 to division 2 basketball. Everything we're doing now is keen to our success. We have the right pieces and the right stuff going on to win. Having that team mentality of wanting to win and having that desire to win? The guys all want to succeed and having that desire is key to our success," says Reed.

Aside from having obvious drive and determination things like weekly practices, team meetings, and having concerns heard have also helped the teams' overall success this season.

Bryan White, a freshman

accounting major commented on this. "Coach really lets us rest our bodies. He sees and he listens to his players when we're saying we maybe need to take it down a notch and just take shots and review stuff and have a learning day."

A team cannot be successful without support and teamwork. Lane also commented on this saying, "They're my brothers; we're all a family. Just like any other family we hold each other accountable. We don't just say brothers and then let each other do whatever they want. We all want to see each other do great we make sure everyone's on the right track. I think that helps everyone on the team when they know that they're not alone, we have each other's back, they have encouragement and motivation. It contributes to not letting the team down so we do whatever we have to do in the classroom, on the court, and off the court to succeed."

Story by Rebekah Lorio

All photos by Chris Reich

#1 Iziahiah Sweeney dunks the ball as UNO #1 Damion Rosser attempts to block the ball from going in.



#22 DeAndre Love searches for someone to pass the ball to as SLU #5 Jabbar Singleton tries to block the pass.



#20 Ishmael Lane and #15 Czar Perry block HBU Ian DuBose from passing the ball.



#44 Bailey Walker looks for a way around the opposing player.

Scoreboard

4-25

92 - 85 W	Grambling
59 - 105 L	Texas
84 - 99 L	Letourneau
35 - 81 L	SMU
65 - 87 L	Rice
76 - 61 W	ULM
60 - 72 L	Colorado State
67 - 56 W	Lyon College
88 - 58 L	LC
84 - 85 L	LSUS
68 - 105 L	OSU
62 - 84 L	Utah
46 - 87 L	Nicholls
63 - 72 L	McNeese
65 - 67 L	Texas A&M - CC
56 - 64 L	Stephen F. Austin
58 - 69 L	ACU
52 - 75 L	Sam Houston State
58 - 85 L	Southeastern Louisiana
67 - 73 L	UNO
78 - 95 L	Central Arkansas
64 - 82 L	UNO
62 - 75 L	McNeese
75 - 79 L	Lamar
50 - 97 L	Stephen F. Austin
70 - 77 L	Houston Baptist
66 - 54 W	UIW
62 - 86 L	Southeastern Louisiana
70 - 73 L	Nicholls
58 - 61 L	Central Arkansas

up in the air

Lady Demons work on improving team effort.

For many NSU basketball fans the season starts with first game. Our women's basketball team, though, start the August immediately following the end of the previous season.

Coach Dupuy, for the 2018-2019 season, says that one of the biggest chances he sees in the team is the ability to play faster and execute better defense during plays. This observation is more than proven as our women's team is currently number one in the country in force turn overs out of 351 other teams.

An aspect Coach Dupuy commented on was the team's chemistry. "I think this year the team chemistry is much better. I think they enjoy each other a lot and there's always going to be issues that arise within a team but I think this team has the ability to solve those issues much easier and without the help of coaches and I think that's huge for future success." This is due in part to some changes made this season within the team's dynamics. One of these changes was voting on and choosing their own team captain.

The 2018-2019 captain is fifth year senior Samantha Thomas who has a bachelors in business administration and is currently working on her masters in sports administration. When asked about her passion and love for the sport Thomas says, "growing up around it and playing it in high school it was my number one

passion and hobby. I made time for it in high school and it became a priority in my life so I don't really view it as 'making time for it' because it's such a big deal in my life. It's one of my favorite passions and hobby so it's being able to pursue that. Playing basketball in college makes me happy. I'm really appreciative for our women's basketball program and the university. It feels like one big family."

Another change that was administered was weekly meetings that consist of only the players to strengthen team bonds and overall teamwork on and off the courts. Thomas commented on this also saying, "we have team meetings every week and the floor is open so people can say whatever they feel. We try to consider how people are feeling, how their bodies are feeling, and what they feel we need to do as a team. We pretty much have an open floor policy so people can get whatever they have on their chest off their chest."

With new strategies, a number one title in the country, and an amazing team dynamic both the coaches and the team feel very confident in this season and their ability to go out and take it all.

"Our goal is to win in the community, the class room and the court," says Coach Dupuy.

*Story by Rebekah Lorio
All photos by Chris Reich*

Scoreboard 7-22

44 - 75 L	Ole Miss
82 - 39 W	LeTourneau
62 - 42 W	LSUS
44 - 78 L	OSU
85 - 55 W	LSUA
59 - 71 L	Southern Mississippi
70 - 48 W	ULM
56 - 43 W	Texas Southern
44 - 68 L	University of Texas
51 - 89 L	TCU
87 - 22 W	Central Baptist
63 - 79 L	Nicholls
67 - 72 L	McNeese
56 - 62 L	Texas A&M-CC
62 - 70 L	Stephen F. Austin
41 - 80 L	ACU
63 - 60 W	Sam Houston State
65 - 71 L	Southeastern Louisiana
63 - 81 L	UNO
53 - 61 L	Central Arkansas
52 - 47 W	UNO
44 - 60 L	McNeese
44 - 71 L	Lamar
48 - 83 L	Stephen F. Austin
51 - 57 L	Houston Baptist
53 - 57 L	UIW
54 - 64 L	Southeastern Louisiana
53 - 85 L	Nicholls
39 - 59 L	Central Arkansas



#0 Nautica Grant blocks SFA #21 Stevi Parker from passing the ball.



#20 Leah Barnes jumps to make the shot.



#23 Jocelyn Scott dribbles the ball across the court as SLU #3 Morgan Carrier goes to block her.



#22 Libba Gilliam blocks LSUA #11 Katie Lemieux as she moves the ball across the court.

Scoreboard

16-9

0 - 7 L	LSU
0 - 4 L	Tulane
3 - 4 L	ULL
5 - 2 W	Southern Miss.
1 - 6 L	SMU
5 - 2 W	UTSA
5 - 2 W	Texas State
4 - 3 W	UCONN
0 - 5 L	U Houston
4 - 3 W	Sam Houston State
7 - 0 W	Lamar
4 - 3 W	McNeese
7 - 0 W	Nicholls
5 - 2 W	Southeastern Lousiana
6 - 1 W	UNO
6 - 1 W	Stephen F. Austin
3 - 4 L	Abilene Christian
4 - 1 W	La Tech
4 - 0 W	Grambling
7 - 0 W	UIW
3 - 4 L	Central Arkansas
3 - 4 L	Texas A&M-CC
4 - 3 W	Abilene Christian
4 - 3 W	Texas A&M-CC
1 - 4 L	McNeese

Tennis Team '17-'18

Brittany Goldberg (NSULA Athletic Trainer), Judit Castillo Gargallo (sophomore), Kateryna Avram (sophomore), Rhea Verma (freshman), Polina Ivanova (Red Shirt senior), Emilija Dancetovic (sophomore), Polina Mutel (junior), Patricja Polanska (freshman), Elizabeta Iwaniuk (sophomore), Patric DuBois (Head Coach)



Emilija Dancetovic (sophomore) faces off against an opponent from Sam Houston State.

making racket

Commitment is key.

"Commitment, and a lot of it, is what it takes to become a Division 1 tennis player," says head tennis coach Patric DuBois. Members of the Lady Demons tennis team maintained a 3.7 team GPA this year while balancing their practice, game and school schedules.

Practices normally consist of drills predetermined by DuBois; singles and doubles scrimmage; and weight lifting, once practice is complete. The heavy load has not deterred players from committing to NSU. During the 2017-2018 season, the Lady Demons won 16 games and lost nine.

"Yes, it's tough, yes, we are

working hard but I wouldn't change anything," says team member Emilija Dancetovic. "I have the opportunity to live with seven girls from other countries, meet their culture and make friendships that will last my whole life."

Each player has her own reasons for committing to NSU. They include closeness, trust and a feeling of family.

"I chose NSU because of the coaches," says Polina Mutel. "They were very kind, polite and they helped me a lot during the recruiting process. I knew that I can trust them. For me it was all about the trust."

*Story by Samantha Maiette
All photos by Chris Reich*



Polina Ivanova (senior) prepares to hit the ball back to the opposing side.



Ela Iwaniuk (sophomore) gets lower to the ground to hit the ball.

Tremayne Flagler jumps hurdles during the Leon Johnson Invitational meet.



fast-paced

Men's track & field team has a record breaking year.

Demons track & field led another strong season this year. Men's indoor placed third at the Southland Conference with a final of 80. Amir James, senior, took second place in the 200 with 21.25.

The outdoor team also had a good season, making it to the regional and national championships. At regionals, Micah Larkins, senior, broke a 29-year old meet record in the 4x100 relay with 39.53. NSU took four men to nationals.

The Demons went to their first 4x100 meter relay at nationals in 31 years, finishing in seventh place.

Associate head coach Adam Pennington says he is incredibly proud of the team.

Mike Heimerman, head coach for men and women's track and field, commented that last season was great for the men and women's programs as a whole.

Micah Larkins, a senior on the team, gave some insight on how the coming in freshmen are taking being on the team. "The freshman don't come in with the mentality of being a freshman but with trying to best the older guys like myself," says Larkins.

Story by Keator Poleman

All photos by Chris Reich

Amir James hands Michael McGruder the baton during the relay race.



Landon Dore launches himself up in the pole vault event.



Kyrin Tucker participates in the shot put event.



Stats Outdoor

100 Meter Dash	Michael Larkins
200 Meter Dash	Amir James
400 Meter Dash	Jalen Hewitt
800 Meter Run	Joshua Wilkins
1500 Meter Run	Joshua Wilkins
5000 Meter Run	Joshua Wilkins
110 Meter Hurdles	Tremayne Flagler
400 Meter Hurdles	Charlie Milton
4x100 Meter Relay	Kie'Ave Harry, Micah Larkins, Amir James, Michael McGruder
4x200 Meter Relay	Travis Allen, Jalen Hewitt, Charlie Milton, Retsel Jackson
4x400 Meter Relay	Amir James, Micah Larkins, Michael McGruder, Jalen Hewitt
4x800 Meter Relay	Hayden Robertson, Adam Courville, Joshua Wilkins, Colby Clark
High Jump	Tre' Evans
Pole Vault	Landon Dore
Long Jump	JaCorious Jeter
Triple Jump	Ceaser Stephens
Shot Put	Cedric Paul
Discus Throw	Kyrin Tucker
Hammer Throw	Marquise Foster
Javelin Throw	Collin Milton

Indoor

60 Meter Dash	Micah Larkins
200 Meter Dash	Micah Larkins
400 Meter Dash	Amir James
600 Meter Run	Charlie Milton
800 Meter Run	Joshua Wilkins
1 Mile Run	Joshua Wilkins
3000 Meter Run	Joshua Wilkins
5000 Meter Run	Brandon Lewis-Graham
60 Meter Hurdles	Tremayne Flagler
4x400 Meter Relay	Charlie Milton, Desmond Mapps, Micah Larkins, Amir James
High Jump	Tre' Evans
Long Jump	Jacorious Jeter
Triple Jump	Quindarrius Thompson
Shot Put	Cedric Paul
Weight	Kyrin Tucker

Stats Outdoor

100 Meter Dash	De'Shalyn Jones
200 Meter Dash	De'Shalyn Jones
400 Meter Dash	Natashia Jackson
800 Meter Run	Jessica Coleman
1500 Meter Run	Isabella Hudson
3000 Meter Run	Jacqueline Rushford
5000 Meter Run	Jacqueline Rushford
100 Meter Hurdles	Daeshon Gordon
400 Meter Hurdles	Daeshon Gordon
3000 Meter Steeplechase	Jacqueline Rushford
4x100 Meter Relay	Daeshon Gordon, De'Shalyn Jones, Natashia Jackson, Deja Moore
4x200 Meter Relay	Jasmine Hall, Makayla Jackson, Diana Granados, Jasmine Frazier
4x400 Meter Relay	Tamara Style, De'Shalyn Jones, Widline Lageroy, Natashia Jackson
4x800 Meter Relay	Isabella Hudson, Erin Wrozek, Sidney Cowgill, Atiana Parks
1600 Sprint Medley	Braneshia Payton, Tamara Style, Widline Lageroy, Jessica Coleman
High Jump	Quanese Jones - Young
Pole Vault	Reagan Darbonne
Long Jump	Jasmyn Steels
Triple Jump	Fabriana Nation
Shot Put	Destiney Myers
Discus Throw	Cori Runnels
Hammer Throw	Geriana Lyons
Javelin Throw	Jakiriya Hunter

Indoor

60 Meter Dash	De'Shalyn Jones
200 Meter Dash	Natashia Jackson
400 Meter Dash	Natashia Jackson
600 Yard Run	Jasmine Dansby
600 Meter Run	Jessica Coleman
800 Meter Run	Jessica Coleman
1 Mile Run	Jacqueline Rushford
3000 Meter Run	Jacqueline Rushford
60 Meter Hurdles	Daeshon Gordon
4x400 Meter Relay	De'Shalyn Jones, Natashia Jackson, Widline Lageroy, Deja Moore
Distance Medley	Erin Wrozek, Courtney Willis, Jasmine Dansby, Jacqueline Rushford
High Jump	Quanese Jones - Young
Pole Vault	Reagan Darbonne
Long Jump	Jasmyn Steels
Triple Jump	Jasmyn Steels
Shot Put	Destiney Myers
Weight Throw	Geriana Lyons

Sydney Cowgill hands Jessica Coleman the baton during the relay race.
Photo by Chris Reich



Jakiriya Hunter throws the javelin.
Photo by Chris Reich



Reagan Darbonne goes over the pole by launching herself on the pole vault.
Photo by Chris Reich





De'Shalyn Jones (in black) sprints during the SLC Championships.
Photo courtesy of NSU Sports Information

speed demon

Lady Demons maintain high scores throughout the season.

2018 was a great year to be a Lady Demon. The indoor team placed second at the regional championship with a score of 95. Natasha "Speedy" Jackson, sophomore, took the Women's High Point Award and gold with a score of 23.5 in the 400 meter dash.

Daeshon Gordon, senior, took gold in the 60 meter hurdles. The Lady Demons finished in third for the outdoor regionals. De'Shalyn Jones, senior, took home four gold

medals. At the national championship, the Lady Demons earned honorable mention All-American mention.

Mike Heimerman, head coach for men and women's track and field, was very proud of the both teams.

"We had our best team finish in the school's history with being second in indoor and third in outdoor. We also set a most points scored by a third-place team for the women," says Heimerman.

Story by Keator Poleman

batter, batter, swing

Love it, Live it, Pitch it.

The camaraderie between the coaches and the players of the Lady Demons softball team is friendly, focused, and big on priorities. Right now, the team is hard at work training for their upcoming season. Their training focuses on strength, agility, defense, fielding, and of course, pitching and hitting. "We're constantly in the training room," says third baseman Maggie Black, a freshman health and exercise science major.

Assistant Coach Brooke Boening says the training is designed to correlate to athletes' positions on the field. In Black's case, that involves working on running, arm care, and change of direction work. The best part for Black? "Honestly, seeing all your hard work pay off."

That's something that was especially noticeable last year in a close first round game with Abilene Christian in the conference tournament. After falling behind 1-0, the Lady Demons led 4-1 in the sixth inning; two of those runs were accomplished by way of a homer from Hayley Barbazon, a junior from Belle Chase. Towards the close of the game, however, Abilene made a comeback, and it was a play by shortstop Toni Hebert that got the last out of the game for an NSU victory, 4-3. "After that game, I had nothing left in me," admits Barbazon. "It was an awesome feeling...we all came together to win that game."

Teamwork is a continuing focus for the team. "Sometimes we have bad days, but we figure it out," says Barbazon. "We'll work together to get what we need to get done. We're a tight-knit group."

Black notes that they recently constructed their team covenant, which

is "Together We're Better." This extends to the rest of the NSU student body as well – "Everyone is really supportive of each other," she adds, mentioning that players of different sports will show up at softball games to cheer the team on, and vice versa.

Barbazon cites the small, supportive environment of NSU as a main reason for choosing the school. Riley Cantrell, a freshman nursing major, agrees, saying people at NSU "are willing to help you." For Cantrell, the sport is helping her to get out of her comfort zone and make friends.

The sport is also teaching the players valuable life skills. Time management is huge in balancing the sport-education relationship, one that the Lady Demons are excelling at. "The team made a 3.5 GPA," says Associate Head Coach Amanda Locke, who adds that players have a minimum of five hours study hall every week. According to Barbazon, each team member is "a student first, before an athlete."

For Locke, that's the most rewarding aspect of coaching – making a difference with teaching and preparing the players for what lies ahead. Time management, teamwork, and friendships will stand the Lady Demons in good stead for whatever their future holds.

For now, these skills are preparing them for an exciting spring softball season. "We have a really good team this year," says Barbazon. If you need any convincing, take Black's advice and come to one of their games – you'll get a chance to experience firsthand the NSU camaraderie that contributes to the successful energy of Lady Demons softball.

*Story by Mary Keran
All photos by Chris Reich*



Cayla Jones #2 swings and hits the ball while up to bat.



The Lady Demons gather around home plate to welcome home Codi Vernace #22 with claps and cheers.



Hayley Barbazon #1 gets ready to catch the ball to tag out UAPB opponent Ta'lyn Moody #3 at first base.

Scoreboard

28 - 25

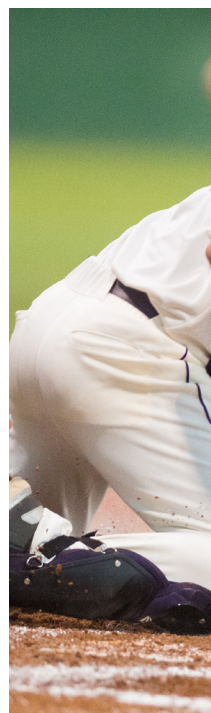
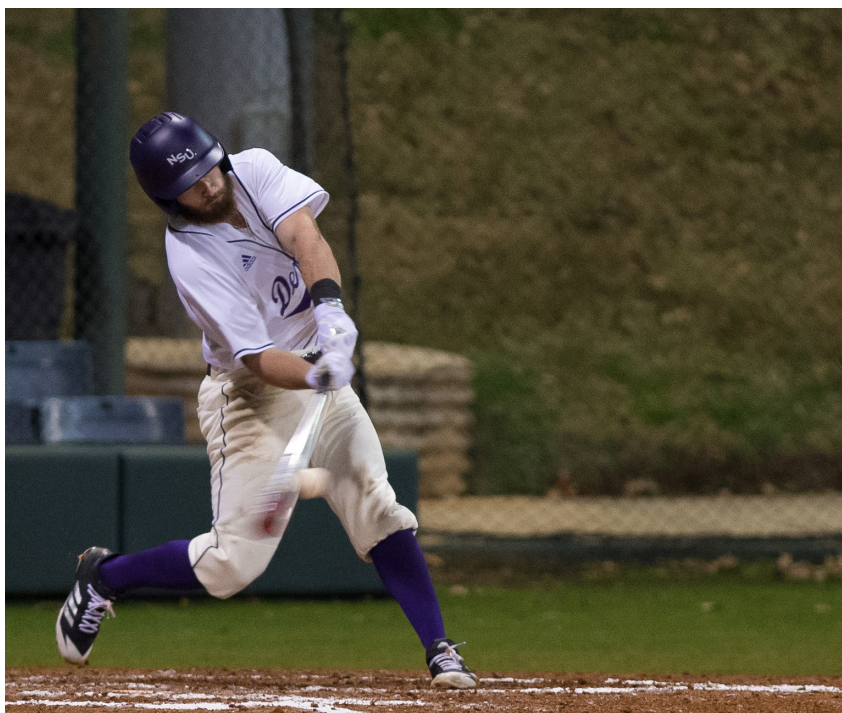
4 - 8 L	Baylor
12 - 1 W	Arkansas - Pine Bluff
4 - 2 W	Memphis
4 - 1 W	Stephen F. Austin
9 - 0 W	Jackson State
6 - 5 W	Stephen F. Austin
9 - 0 W	Jackson State
1 - 2 L	Texas Tech
8 - 1 W	Prairie View A&M
6 - 0 W	Arkansas - Pine Bluff
7 - 2 W	Lamar
9 - 1 W	ACU
7 - 9 L	LA Tech
9 - 3 W	Texas A&M - CC
6 - 2 W	McNeese
5 - 0 W	Stephen F. Austin
10 - 0 W	UIW
2 - 4 L	Southeastern Louisiana
0 - 8 L	LSU
0 - 1 L	Nicholls
4 - 9 L	LA Tech
5 - 2 W	Houston Baptist
8 - 3 W	Central Arkansas
4 - 3 W	ACU
5 - 12 L	McNeese
0 - 6 L	Southeastern Louisiana

Scoreboard

38-24

9 - 1 W	Binghamton
6 - 11 L	ULM
8 - 2 W	Pennsylvania
6 - 4 W	LA Tech
7 - 3 W	Little Rock
6 - 7 L	Texas A&M
5 - 3 W	Nicholls
14 - 3 W	ULM
6 - 2 W	Nebraska
3 - 6 L	LA Tech
7 - 6 W	Texas A&M - CC
7 - 2 W	Lamar
6 - 4 W	Central Arkansas
16 - 2 W	Stephen F. Austin
15 - 3 W	Lamar
5 - 2 W	Southeastern Louisiana
2 - 3 L	Lamar
3 - 2 W	Little Rock
9 - 4 W	McNeese
34 - 0 W	Mississippi Valley
7 - 4 W	Houston Baptist
11 - 9 W	UIW
7 - 3 W	Grambling
9 - 1 W	ACU
5 - 9 L	LSU
10 - 4 W	UNO
2 - 1 W	McNeese
5 - 1 W	Southeastern Louisiana
3 - 2 W	Nicholls
7 - 5 W	UNO

Players hang out in the dug out as they wait for their turn to bat.



Sam Wallace #41 swings to hit the ball for a chance to hit it out of the park.



Catcher Kelsey Richard #37 goes to SFA Manny Vasquez as he slides to home base.

play ball

Demon baseball players win Southland Conference Tournament.

It's spring time, which means one thing for NSU baseball fans... the start of a new season. Last spring was proven to be a great season for the team. Making it to the NCAA Tournament in June, they began playing nationally-televised games after winning the Southland Conference Tournament.

"We didn't start off the season as well as we wanted to last year but I think believing in each other throughout the season and knowing what we were capable of was one of the main things that really worked for us in the end.

We always said throughout the year that we needed to get hot at the right time and so that's what we did. It wasn't necessarily anything we changed on the field but I think it was more keeping persistence in what we were doing and trusting in the process that helped us," says Sam Taylor, a senior health and exercise science major.

Due to the tremendous success of last season, Brown-Stroud Field is currently undergoing a privately-funded renovation that is scheduled to be finished before the first home game against LSU on February 20th. Coach Bobby Barbier commented on the renovations saying, "We're very fortunate to have good people in the town and out of town that came together

to do that. It's a much needed upgrade that will help the overall game environment be a lot better."

Piggybacking off of such a great previous season, our NSU baseball team is preparing to start this new season with confidence, hard work and determination to keep the titles they worked so hard to earn. Jerry Maddox, a senior communications major commented on the feelings going into this season. "I think last year was a very good season but you have to keep in mind that you can't really be satisfied with it. You have to move on to the next year just as hungry as you were from the year before that. It's going to be different this year because we'll probably be ranked higher and I think it's important for us to keep that same mentality and drive that we had last year in order to make another

statement like the one we did. I think the comradery we have as a team is something that gives us an edge that other teams may not have. How we focus as a team and how we go out there and play for the person beside us really plays out and gets us to where we made it last year and we plan to repeat that. I'm very blessed to be able to experience the great opportunity that comes with being a part of such a special team," says Maddox.

*Story by Rebekah Lorio
All photos by Chris Reich*



Students perform a production of the musical 'Spring Awakening'.
Photo by Chris Reich

academics.



Photo by Chris Reich

108-109 College of Education and Human Development
110-111 College of Nursing and Allied Health
112-113 College of Business and Technology



Photo by Christian Boudreaux

114-115 College of Arts and Sciences
116-117 Scholars' College
118-119 College of CAPA: Theater
120-121 College of CAPA: Dance



Photo by Alexis Trosclair

122-123 College of CAPA: Visual Arts
124-125 College of CAPA: Music
126-127 College of CAPA: New Media, Journalism and Communication Arts

College of Education & Human Development

Creators of a better future.

The College of Education and Human Development is producing the leaders of tomorrow and has been for over 134 years. When Northwestern opened its doors in 1884 as the Louisiana State Normal School, all it did was educate those who wished to mold the minds of tomorrow. Since then the college has expanded well beyond that to accommodate many future teachers.

Education and Human Development no longer produces only teachers. It trains future nutrition experts, psychologists, social workers, military personnel and innovators in health and performance. The college is truly carrying these students into rewarding careers that let them help others.

"I have always had a passion for gaining and sharing knowledge, so I knew education was the right career path for me," says secondary education major Elisabeth Perez. "NSU's education program has allowed me to observe master teachers and provided me with opportunities to gain experience in the classroom."

The college of education is changing the way students think about their future careers. Not confined to only traditional teaching paths, students can now take their skills anywhere in the world. "After graduation I plan to teach Spanish or English abroad," Perez says. "I am really looking forward to my journey as an educator."

"The psychology department is the reason I will not be homeless when I graduate," says psychology major Kierstin Richter. "They helped me get two internships and hooked me up with some good grad schools."

Northwestern's College of Education and Development is not just providing students with the tools to succeed and build a brighter tomorrow. The professors are there every step of the way to encourage and guide students. "I want to own my own private counseling practice someday," Richter says, "and I have amazing teachers who share practical skills in order to fulfill that."

Story by Katie Gallinghouse



NSU Elementary Education majors are prepared for their Residency 1 placements.
Picture courtesy of Dr. April Giddens



Heidi Knight and Shayna Brown dressed up for Character Day.
Photo courtesy of Dr. April Giddens



Elizabeth Perez writes down notes during her education class.
Photo courtesy of Joy Newman



(left to right) Rekiethia Peir, Heather Trichel, Mallory Gilbert, Holley Hayden, Rene Chaisson and Samantha Fredricks (all seniors) write notes in a pediatrics class.



The nursing program has many fun times because it is just one big family.



Faith Toups (senior) reviews her notes in the nursing class.



Hannah Dunn (junior) listens to her teacher to make sure that she doesn't miss any information.



College of Nursing & Allied Health

Eat, sleep, study, and repeat.

Northwestern State University has boasted an incredible nursing program for years. It has been the at the forefront of educating future nurses and allied health professionals, including healthcare educators and radiological technology operators.

The allied health students are the future of our medical field, but the education is no easy task.

"Nursing school takes a lot of time," says Kayla Richards, senior nursing major. "You have your clinical days, lab time, and of course, lecture classes. Clinical is the most fun. You get to do hands on care with patients and get a taste of what your future career will be like.

What makes nursing so grueling is the amount of time it takes. When you are not in class, eating or sleeping you have to be studying."

"I believe NSU's nursing program prepared me as best as it could," says Kayli Morvan, senior. "Nursing is always evolving and constantly changing. Keeping up is a job in itself. NSU has prepared me mentally and emotionally to be a nurse.

It has taught me to always be on my toes, critically think beyond the surface, and work efficiently under extreme pressure. I could not be prouder to say that I will be a nursing graduate from Northwestern."

For nursing students, it is impor-

tant to stay focused on the reason they wanted to join the field. "I have always known I have wanted to work in the healthcare field," says junior Emily Arnaud.

"This degree will allow me to help others when they need it the most. The program guides you in the clinical setting to put the information into practice. Having the practical experience bring the learning to real-life to help us prepare for the future."

Being in the College of Nursing and Allied Health has many ups and downs, but its students do not know the meaning of giving up.

Story by Katie Gallinghouse

All photos by Christian Boudreaux

College of Business & Technology

Making leaders of tomorrow today.

The Business and Technology college of NSU has many great degree paths for its students to choose. There are accounting, business administration, computer information systems, engineering technology and hospitality management and tourism. Many students do not know that there are so many programs in the business and technology college.

Maina Ibn Mohammed is a senior business administration and computer information systems double major.

Mohammed is a native of Nigeria who came to America in 2015. His dream is to become a well-respected businessman soon. "The school of business and technology at Northwestern State University is turning that dream into a reality," says Mohammed.

In the fall of 2018, the college participated in the Inferno Pitch. This is a business model competition that provides the college of business and technology students with the experience in entrepreneurship and increase innovation commercialization. Mohammed had the honor of being a part of this experience.

"NSU's school of business and technology is getting me prepared for the big future I have ahead of me. Thanks to the wonderful professors and the well-catered learning materials I feel closer to my dream more than ever."

The engineering technology department is one of the many programs of the business and technology

college. A student can have a concentration in electrical engineering or industrial engineering.

Louis West is a second semester sophomore transfer student from McNeese State University. He decided to transfer here because he felt that NSU would give him a better opportunity to succeed and thrive in his career after college. West also had friends in the NSU engineering department to help him when needed.

"I was a chemical engineering major at my old school, so I feel like it's the path for me and it's a great path to choose," says West. He is now a industrial engineering technology major.

The hospitality management and tourism program has steadily grown over the years. The program has various concentration for students. They have travel and tourism, culinary arts and hospitality services to choose.

Jennifer Doiron is a communications major with a HMT minor. She has two dreams for the future. Her dream of working in commercial advertising and the dream of being a Disney travel agent.

"I picked HMT as a minor rather than a major because my main goal in life is to be in advertising; as fun as it would be to strictly be a Disney Travel Agent, I would most likely not have enough clients to financially sustain myself the way I would hope to," says Doiron.

Story by Megan Palmer

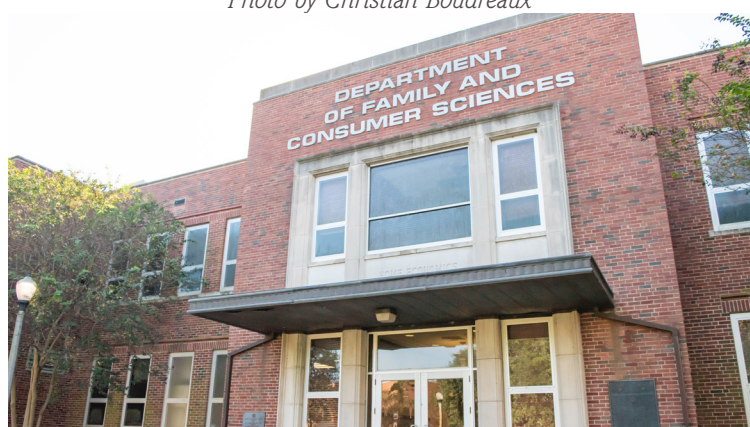
Hospitality management and tourism students listen to Mr. Landon Amberg, a professor in the HMT program, teach HMT 1000.
Photo by Jasmine Johnson



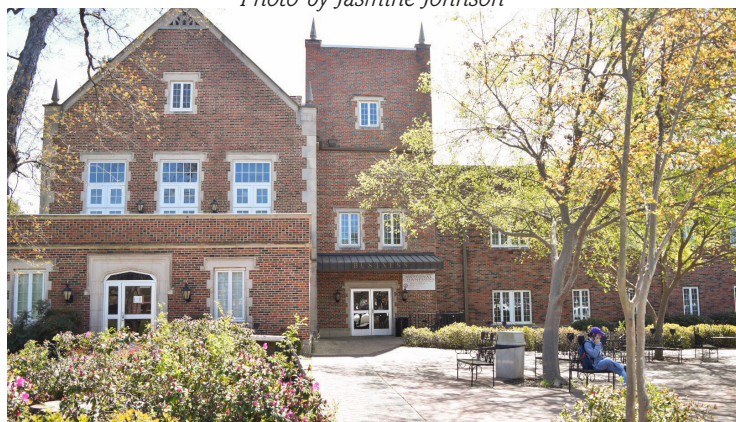
Davis Jaccorian (junior) listens to his teacher in Intro to Software Development class.
Photo by Christian Boudreaux



Engineering technology students present to peers, teachers and different companies for a senior project.
Photo by Jasmine Johnson



The department of family and consumer sciences building is now home to the growing hospitality management and tourism program.
Photo by Jasmine Johnson

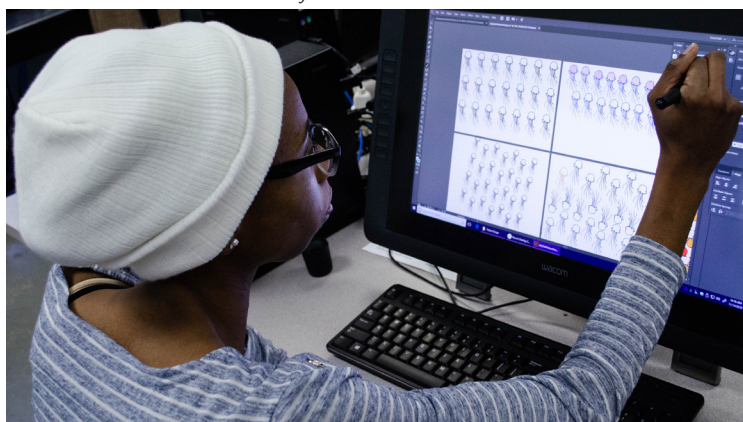


Russell Hall is the building used for primarily business classes.
Photo by Jasmine Johnson

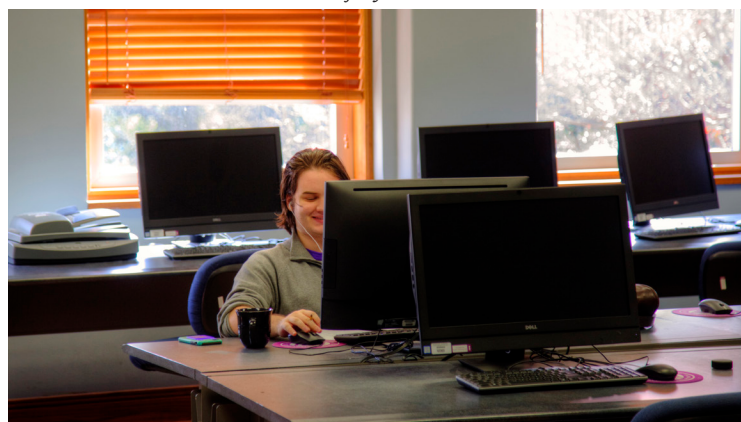


Students experiment with different chemicals in Chemistry I lab.
Photo by Alexis Trosclair

Lacey-Beth Cazelot (senior) in painting class.
Photo by Christian Boudreaux



Jacob Ware (senior) studying in the Morrison computer lab.
Photo courtesy of Dr. James Picht



Jared Parks (junior) and classmates in Texts & Traditions III.
Photo by Jasmine Johnson



NSU orchestra plays during a concert.
Photo by Valentina Perez

College of Arts & Sciences

Where logic & creativity meet.

The College of Arts and Sciences encompasses many majors and buildings. It holds the buildings of the creative and performing arts, Kyser, Bienvenu and Fornet. The majors for the college range from history to music education.

Aubrey Sepulvado is a second semester freshman who entered the biology biomedical program to become a general dentist. "I chose my major because I have always been interested on learning about our living world," says Sepulvado. She has benefited from the program because she has learned things about this world that she never would have known otherwise.

For professors, they are very dedicated to their work and what they teach. Professor F "Pete" Gregory was named the winner of the

2019 Lifetime Contribution to the Humanities Award. He is also in his 58th year as being a part of the Demon family.

CAPA celebrated its 30th anniversary of being a part of the NSU Demon family in 2018. The creative and performing arts college provides students with many opportunities to push the boundaries of their minds and talents.

There are recitals, ensembles and shows for the NSU and Natchitoches communities to enjoy. The Christmas Gala is one show in particular that gathers a large crowd. It takes many months of hard work and dedication for the preparation of the production.

With so many options to chose from, the college of arts and sciences has a little something for everyone's passion.

Story by Megan Palmer

Scholars' College

A dedicated group of undergraduates that strive for utmost success.

Hidden on Northwestern State University's campus is a place designed to help students reach their full potential. This place is called the Louisiana Scholars' College.

Located in Morrison Hall, the college provides a liberal arts experience for students who don't want to be too far from home, and who like the scholarships and the community. Scholars' offers small class sizes, seminar-style courses, and majors including business, english, and science & technology. In Scholars', there are so many ways to explore education, from semesters abroad to classes in Greek poetry and comparative neurobiology.

All of that means students have the opportunity to create a supportive community for themselves and their peers.

"My favorite part of Scholars' is its small size, because you are familiar with everyone in the college," says Melissa Polizzi, a senior double majoring in psychology and liberal arts with a concentration in humanities and social thought. "In Scholars, the students are never just an unknown face in the crowd."

This is evident by the fact that there

were only 146 students in the 2017-18 year, showing just how close students and faculty can get.

Another benefit is the professors teaching the Scholars' classes. They are dedicated and hardworking, especially when it comes to their students' passion for learning.

"I had taught in a variety of places, but I had never taught students so invested in their own learning, as excited about the idea of knowledge, as willing to do as much work as I threw at them and even do more," says Holly Stave, assistant director of Scholars' and professor of english recalling teaching in Scholars' for the first time. "And that is still true 20 years later."

Since the class sizes are so small, these educators get a chance to work closely with students on whatever subjects they need help with or are interested in. "I do not have to fear approaching my professors for assistance, because I know they know me on a personal level," Polizzi says.

Sophomore Kailey Wisthoff says, "I feel very included in the professional and academic aspects of the Scholars' community."

Story by Zoe Alamarz

All photos courtesy of Dr. James Picht, Louisiana Scholars College



The entrance of Morrison Hall that is also known as the main building for the Scholars' college.

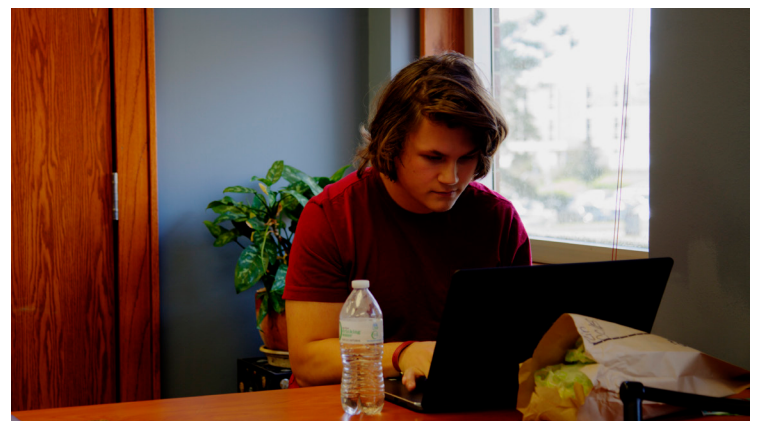
Jade Duthu (junior) stops by for a chat with Dr. Kirsten Bartels



Bailee Rattanachi as Velma, Jacob Dunson as Fred, Tyler Snyder as Shaggy all freshman), and Hank (Jacob Read's pet dog) as Scooby for Scholars' annual Halloween event.



Students study in the thesis room for some quiet time.



Jared Parks (junior) studies hard for the MCAT.

make your mark

Many students of many talents make up the theater department.

Northwestern State's CAPA department has had a successful year of programs and performances. Theater is a portion of the CAPA department.

The theater section is selected as the Center for Excellence in the Arts for the UL System and is one of only 150 programs in the United States accredited by the National Association of Schools of Theatre. This is a huge accomplishment for the department.

In the fall of 2018, "Spring Awakening" and "Rosencrantz and Guildenstern are Dead" were the two big performances. "New Faces" is an annual performance that freshman

undertake to show off their talents.

Kennedy Butler, a freshman, performed a hip-hop solo. "It was so much fun, and one of the greatest experiences of my life. I can't wait to perform more throughout my years here at NSU."

The Christmas Gala is a huge annual event that every department in CAPA participates in. Ideas for that year's Gala starts as soon as the last one ends. When August comes around, that's when everything gets into motion with the departments. The 2018 Gala's theme was recreating past favorite Gala performances over the thirty year span.

Senior technical theater concentrator, Samuel Wright had the privilege of stage managing the annual show. "So much goes on behind the scenes that makes what happens out front possible. Our 46-strong fly, deck, sound, lights, props, management and costume crew will stop at nothing to make sure the show goes successfully," says Wright. "The old saying 'the show must go on' may sound cliché, but it means everything."

For theater, the department offers degrees with concentrations in acting and directing, musical theater and design and technology.

Story by Megan Palmer



"I love being in the theater department. There's always something going on to keep me on my toes. I'm never bored at CAPA."

- Kaylor Willoughby

The cast of "Spring Awakening" perform a group song at the end of the musical.

Photo by Chris Reich





The performers of "New Faces" show their school pride at the end of the show.
Photo by Cassie Phillips



Alex Broussard performs a monologue at New Faces.
Photo by Chris Reich



Students in CAPA participate in the annual showing of Rocky Horror Picture Show.
Photo by Christian Boudreaux

lose yourself to dance

The CAPA department now recognizes dance as its own department.

Northwestern State's CAPA department has had a successful year of programs and performances. As always, GALA was a tremendous success, landing a multitude of recognitions and awards. Our dance students hosted and were selected for the GALA performance at the American College Dance Association National Conference in April 2018.

The department of theater and dance was approved by the Louisiana Board of Regents and the University of Louisiana System board of Supervisors to begin offering the Bachelor of Fine Arts (BFA) in Dance beginning in Fall 2018. Many dancers are proud and passionate about their dancing.

"Life as a dancer at Northwestern State is a very unique experience," says Kelsey Elkins, freshman. She said that she likes being a dancer because she is able to do the things that she loves every day. Elkins

says she feels very close to the dance majors, and that they spend a lot of time together.

"You are surrounded by so many creative people that you never know what you may hear or see while being in the facility," says Elkins.

It isn't all fun and games, however. Elkins says that her body can get exhausted, and that dancers need to take care of their bodies. She says it takes a lot of work and dedication to be a part of CAPA. In between her classes and rehearsals, Elkins says she works on any school work. That way, when the day is done, she can take time for her personal life.

We are proud of all of our CAPA students for the tremendous efforts that they have put in to honoring Northwestern State University and making a name for themselves.

Story by Keator Poleman



“ You are surrounded by so many creative people that you never know what you may hear or see while being in the facility. ”

- Kelsey Elkins



Freshman students from the dancing department of CAPA perform at New Faces 2018.
Photo by Cassie Phillips



Erin Fallis performs at New Faces 2018.
Photo by Chris Reich



Demon Dazzlers dance in the stands at a football game.
Photo by Hannah Pettus



Demon Dazzlers dance and get ready for 2018 football season in the Dazzler's camp.
Photo by Chris Reich



Theater dance majors perform at the annual Miss LOB pageant.
Photo by Chris Reich

art in our hearts

Art students allow their creativity to spill out.

The classrooms on the second floor of the Creative and Performing Arts Annex practically spill over with creativity. Diverse, interpretative color wheels done in watercolor dry under natural light, and a printmaking press, with its heavy metal cogs, speaks to the tactile and timeless process of creating art. This is without a doubt the realm of CAPA's Fine and Graphic Arts program.

"Art's been my whole life," says freshman art major Ely Wells, and even though NSU is not exclusively an arts school, Wells appreciates the quality of the program: "In the arts, it's really good."

Phyllis Lear, professor of art history, says the program is built so that although a student chooses a concentration later on, all the majors interlock with a core of basic skills, like painting, drawing and art history.

Nine full-time faculty members teach everything from studio arts like sculpting and weaving to computer graphics and even newer genres of visual arts: Game design has been approved, and is currently "in the works," Lear says.

Outside the classroom, students are exposed to a wide range of opportunities. "I went to Cuba and New Mexico with the art department," says Isabella Jones, a senior. She considers the trip

a highlight of her time at NSU.

Points of interest on field trips can range from contemporary art museums to a pottery business in Texas.

Michael Yankowski, photography professor, touts the hands-on experience students are able to gain here in Natchitoches: the statue of Vic the Demon in the Student Union was redone by Corbin Covher, assistant sculpture professor, with the help of students, and the sign for a local restaurant was created by students of the visual arts program.

Additionally, students can assist with CAPA's two art galleries and special exhibitions presented by guest artists.

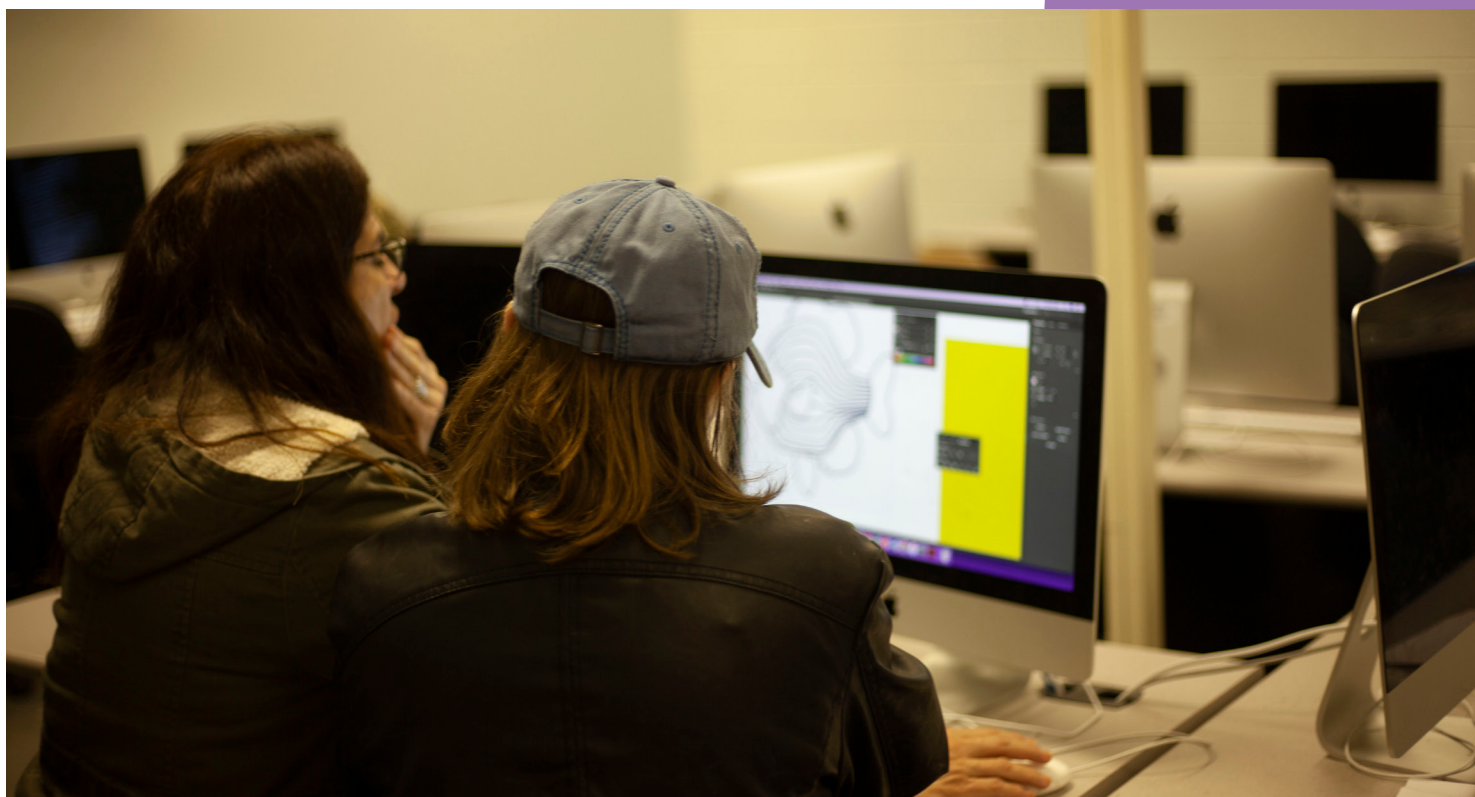
For Wells, CAPA's visual arts program is a springboard for a prospective career in interior design. Senior Victoria Butler is planning to utilize her graphic and art design major in logo and design creation. Jones seeks a similar career path in branding and says professors are supportive of students' unique interests: "They'll say, if you want to do this, then go, feel free to do it."

From method to practice, CAPA's visual arts program doesn't just teach creativity. It exemplifies it.

Story by Mary Keran

Professor Mirla Gonzalez
explains the project to a student
in class.

Photo by Valentina Perez



Assistant sculpture professor Corbin
Covher works at the woodshop.

Photo by Valentina Perez



Graduate student Hillary Frazier and Amari
Carmouche critique art in Drawing I class.

Photo by Brianna Fife



Matt DeFord, department head, and art students prepare breakfast for
the Halloween pancake party.

Photo by Christian Bourdreaux

music in our soul

Going with the flow of the music.

Around the Creative and Performing Arts buildings there is always music in the air, from band students practicing for their next concert to choirs singing their latest arrangements. This college provides students with a well-rounded education in performance, history and business through the major requirements as well as the concentrations.

Some standout components are the sacred music concentration, which focuses on music ministry and lets students work at a local place of worship. Private lessons give students the ability to work one on one with professionals. These courses, concentrations, and employment and internship opportunities are great chances for students to open their worldviews to new ideas and concepts.

"The music department has treated me rather well,

especially since my professor, Dr. Kuroda, is exceedingly great at what he does," says junior Bruce Beth. "Also, the music community here is pretty fine; it's chill."

The wide variety of courses relating to music let students focus on their career goals.

"I've heard so many tales and rumors and wonderful things about NSU while at ULM, being that it's the performing arts institution of Louisiana," says senior Jarryd Gutierrez. He says his experience since transferring has been positive: "I love how the teachers and everyone interact with one another. Everyone is so very friendly towards each other."

With a range of opportunities and a positive environment, the music side of CAPA allows student to follow their passion and receive a great education.

Story by Zoe Almaraz

“Those late night
practices will be worth
it in the end.”

- Carlomagno leon Jimenez



The Sweet Tea Band and Valeria Perez perform at the KNWD Kickback.

Photo by Jasmine Johnson



Orchestra plays at their concert in held in Magale Recital Hall.
Photo by Valentina Perez



Musicians perform in Austin Baroque concert at Magale Recital Hall.
Photo by Chris Reich



The Spirit of Northwestern cheers on the NSU Demons during a football game.
Photo by Hannah Pettus

NSU President Chris Maggio and Communications Professor Emily Zering welcome high school students to J-Day of 2018.



Assistant Professor Bob Condor lectures high school juniors and seniors on how you get your dream job.



Kelli West speaks to high school juniors and seniors at J-Day.



Dr. Paula Furr goes through notes in the Student Media office.

College of New Media

Where communication, mass media and journalism collide.

The Department of New Media, Journalism, and Communications at NSU provides students with a great number of opportunities. Whether communications students are striving for a career in journalism, public relations or somewhere in between, there is a spot for them in the department. Within the communications major, students must choose a concentration in either multimedia journalism, strategic communication or broadcast and digital media production.

The multimedia journalism concentration not only teaches students how to write and report, but also how to combine these skills with technology. Aside from jobs in traditional journalism, the concentration opens doors for social media management, photography, videography or even web design.

Jacob Bennett is a senior concentrating in strategic communication. The strategic communication concentration teaches students how to analyze the way both

individuals and organizations communicate to audiences. Bennett, for example, plans to use his major to work on political campaigns.

Keator Poleman, junior, is concentrating in broadcast and digital media production. "I want to be a filmmaker and TV producer," says Poleman. "I also may try to get into journalism and news."

The communications department is home to professors that are passionate about their field. Ms. Emily Zering teaches multiple classes in the department. "The reason communications is cool is because it has the ability to shape the experiences of other people and connect them," says Zering.

No matter which career path students choose to pursue with their major, the Department of New Media, Journalism, and Communications equips them with both courses and instructors that prepare them for success.

Story by Leanna Coy

All photos by Chris Reich



The College of Nursing
and School of Allied
Health sign greets its
students at the front of
the campus.
Photo by Megan Palmer

satellite campuses.



Photo by Christian Boudreaux

130-131 Alexandria Campus



Photo by Jazzmyn Feagins

132-133 Leesville and Fort Polk Campus



Photo by Megan Palmer

134-135 Shreveport Campus

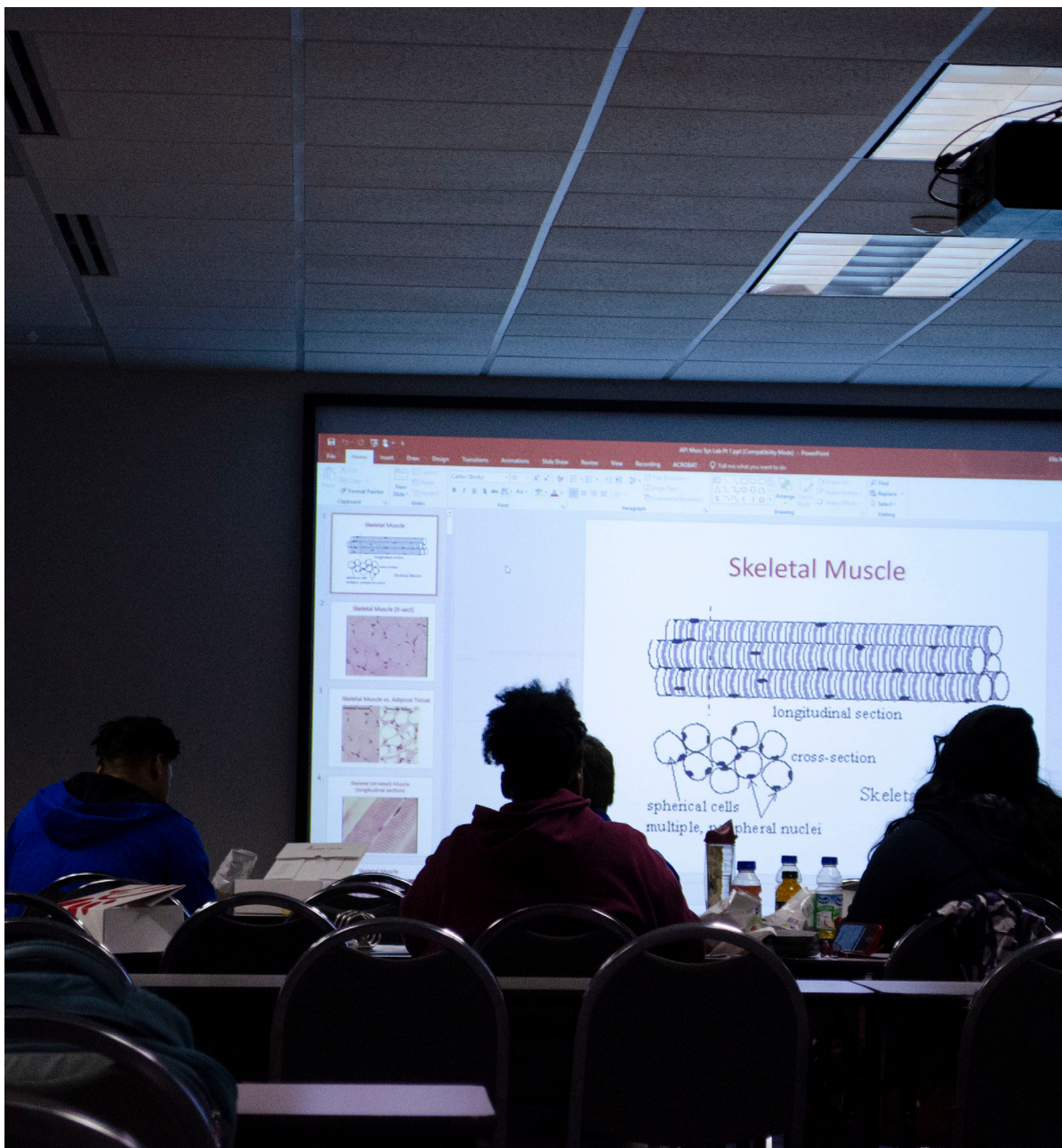
Participants get ready to climb the rock wall during the Fall Festival.



Noel Cusick visits the Alexandria campus for SAB.

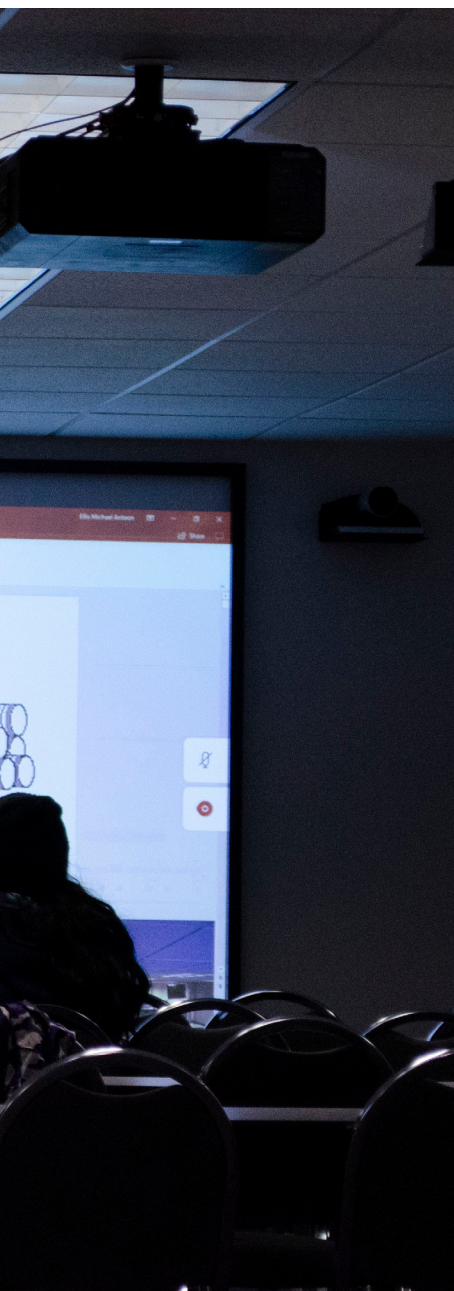


Students enjoy climbing a rock wall during the Fall Festival hosted by SAB.



A building on the Alexandria Campus sports a giant banner about the CENLA Campus.





Students attend a biology class at the Alexandria campus.

Satellite Campus

Alexandria

There's both a familiarity and a freshness to Northwestern State University's Alexandria campus. The venerable purple and white of NSU certainly lay visible claim to the campus, but there's an invigorating energy here, manifested in the growth of the school and the commitment of the faculty, headed by Executive Director Jason Parks.

Previously split between its current site and a location at Rapides, this is the first year of the campus being consolidated at the England Airpark location – an impressive 40,000 square foot facility that NSU fully acquired over the summer. Many of the classrooms have been recently renovated, and highlights of the building are a student union/library space, two computer labs and a lab for nursing students.

Sophomore nursing major Ragan Richey, from Alexandria, transferred from LSU-A and cites the excellence of the faculty, particularly the advisers, as her motivation. "They're probably the reason I'm going to stay," she says.

Melanie LaCour, assistant professor of nursing, says reputation is the

main reason students, particularly online students, choose the school. "Our program is very doable," she says. She believes that accessibility plays an important role in this aspect of their success – the campus naturally has a large percentage of students from Alexandria, but a significant portion of students are online, from places like Natchez, Mississippi, and Vidalia, Louisiana.

Allied health majors (including nursing and radiology) make up a sizable portion of Alexandria students, but business administration and psychology are also popular majors. Of the 18 classrooms in the facility, six are capable of sending and receiving compressed video classes. Assistant Nursing Professor Alicia Book says this technology lets students be exposed to a broad range of information from other campuses, but it does often require adaptability.

Book acknowledges that there's "less hands-on interaction" between student and professor, but even so, Richey, who has taken classes online, in-person and also commuted to main campus, asserts that all the classes she's taken through NSU

have been both challenging and very good.

While Alexandria campus may not offer a typical college atmosphere, which Richey admits to sometimes missing, Thomas Gage Lacombe, a sophomore, has grown to appreciate the camaraderie that does exist on campus. "I picked here because it was close to home, at first," says the ASN major, who is also a student worker. "But then I really just liked the campus. I liked the smaller atmosphere."

A major event that Lacombe helps with is the spring Crawfish Boil, and another is the Fall Festival. Book adds that the SAB and SGA visit the Alexandria campus, to help keep students here connected – "If you're a Northwestern student, you're a Northwestern student no matter where you are," she says.

The thriving Alexandria campus may currently be a work in progress, but with its centrally located facility, it is poised to achieve even greater success in delivering quality education to Northwestern students.

Story by Mary Keran

All photos by Christian Boudreaux



Tashiana Whitehead (senior) and Lexus Weston (sophomore) at the Fall Fest at NSU Alexandria.

The front gate of the Leesville/Ft. Polk campus stands tall with pride.

The Leesville hosts a library for students to have a place to study and check out books.



Abigail Turner shows her Demon pride by throwing up a fork'em.



The campus has a display of the famous columns located on the main campus.





Satellite Campus

Leesville/Ft. Polk

NSU's Leesville campus is small in size but large in Demon pride. The campus houses 30,000 feet of classroom and administrative space for the communities of Vernon, Beauregard and Sabine parishes in addition to the military communities at Fort Polk.

"This campus fits all the needs of the students here, and the relationships are more personal," says Abigail Turner, a sophomore at the Leesville campus. "It's a strong start for people facing the first-time college experience and (planning) on going to the workforce, a bigger campus, or grad school."

The satellite campus is conveniently located next to Fort Polk, the military base near Leesville. One of the school's professors, Rosa Cervantes-Hernandez, is a military spouse. She described NSU recruiting efforts at Fort Polk.

"When people first move to Fort Polk they come from all kinds of different places," she says. "So, when they have their orientation they will see us and know that NSU is there for them."

The staff and students work hard and excel academically at the campus. Cervantes-Hernandez says her son received more one-on-one atten-

tion than at his previous college. "It's more like a family," says Brooke Roberts, a freshman business major. She goes to the main campus often but prefers the small town and school.

The campus does not have dorms for students, but the commute takes no more than an hour for students and faculty. Many students enjoy studying and relaxing at the library and lounge located on the campus.

The Leesville campus, like the main campus, is very dedicated when it comes to furthering the education of its students.

Story by Dara Woods

All photos by Jazzmyn Feagins



Professor Rosa Cervantes-Hernandez works on her computer.

Instructor Anna K Vaughn, MSN and RN, shows her students at the Shreveport campus on how to use different tools like a syringe in the crash cart.

Satellite Campus

Shreveport

One of the many prides of Northwestern lies in its highly ranked nursing program. The main branch of the College of Nursing and School of Arts, located in Shreveport, is proof as it is the main nursing campus of NSU. This campus is dedicated to the various nursing programs Northwestern has to offer such as nursing, radiology, and many more. It is a very close-knit campus having three main buildings with the majority of campus associated with nursing.

Irishia Fisher, a nursing major, says, "It really feels like family here; almost everyone you meet is going through or has been through what you're taking. There are defi-

nately fewer distractions here." Alexa Montgomery, a nursing major, says, "There's so many people to help you. All of your professors know what you're dealing with because they've been through it themselves."

Of course, being in a different location, there are different options available to students. Some of these are of the more professional sense. Rici McDonald, a nursing major, says, "It's easier to feel more professional here. There's definitely more hospital and field related opportunities." Professional options aside, some of these are less professional but just as appreciated like more restaurant and shopping options. While study opportunities and support are with-

out a doubt very present, there are downsides to being on a satellite campus.

Students attending the satellite campus feel unrepresented and unincluded. Many students voiced this, explaining they don't feel they are given a fair opportunity to be represented in things such as the homecoming or Christmas parade. Other things were brought up as well like wanting to see their SNA and SGA represented on the main campus. It was also mentioned that they feel unrepresented in what goes on at the main campus. Examples such as not being aware of homecoming activities or themes for this school year were mentioned.

Story by Rebekah Lorio

All photos by Megan Palmer

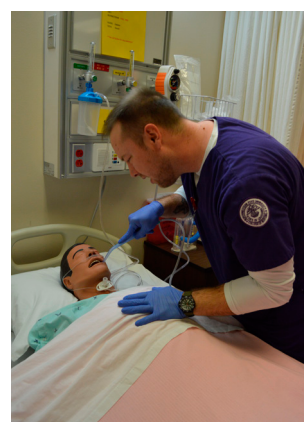




Isabella Vines, 1st level, fills a syringe with a substance under the supervision of Morgan Webb, 1st level.



Morgan Webb, 1st level, checks Laurann Graham's, 1st level, heartbeat with a stethoscope.



Bud Gregorski, 1st level, puts a suction tube into a tester's mouth.



Instructor Anna K Vaughn teaches Bud Gregorski and Morgan Webb, both 1st level, the human body with a diagram.



Girls of Phi Mu smile for a picture before getting on their float for the home-coming parade.
Photo by Mekayla Jenkins

greek life.



Photo by Christian Boudreaux



Photo by Christian Boudreaux



Photo by Brianna Fife

- 138-139 Going Greek
- 140-141 College Panhellenic Council
- 142-143 Alpha Omicron Pi
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- 166-167 Kappa Sigma
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- 174-175 Tau Kappa Epsilon
- 176-177 Theta Chi
- 178-179 Interfraternity Music Council
- 180-181 Kappa Kappa Psi
- 182-183 Phi Mu Alpha Sinfonia
- 184-185 Sigma Alpha Iota
- 186-187 Tau Beta Sigma

going greek

Members of greek life can be found anywhere on campus hosting events and raising money for their philanthropies.

• Sorority Bid Day

- Morgan Burris reveals on bid day that her home is
- Alpha Omicron Pi to the
- new CPC members.

• Photo by Brianna Fife

• Owtbreak

- The ladies of Delta Sigma Theta
- host their Owtbreak event held
- during Delta Week.

• Photo by Christian Boudreaux



• Fraternity Bid Day

- Wes Carnahan (fresh-
- man) accepts his bid to
- pledge to Kappa Sigma.

• Photo by Christian Boudreaux

• LipSync

- The men of Sigma Nu boot,
- scoot and boogie across the A.A.
- Fredrick's stage.

• Photo by Mekayla Jenkins

• Parade

- Members of Pi Kappa Phi wear
- western attire on their float in
- the homecoming parade.

• Photo by Christian Boudreaux

LipSync

Tri-Sigma rocks the stage during their lipsync performance.

Photo by Mekayla Jenkins

These Hands Don't Haze

- Greek life members make a promise to prevent hazing from happening on campus.

Photo by Christian Boudreaux

Bonnamu

- Bonnamu is a rendition of Bonnaroo, a music festival in Manchester, TN. Phi Mu combines their philanthropic service with the music festival to create a unique event.

Photo by Hannah Durgin



Marching Band

Christina Colley (sophomore), a member of Sigma Alpha Iota, is a part of the Spirit of Northwestern.

Photo by Hannah Pettus

Graduation

Greek love can be seen on graduation caps like alum Kylah Banasky's. Her cap is for her homes away from home, Tau Beta Sigma and Zeta Phi Beta.

Photo by Chris Reich

College Panhellenic Council

Gamma Chi member runs home after revealing she is a member of Tri-Sigma.
Photo by Brianna Fife



For many students Panhellenic recruitment is a new beginning, a chance to find a home not just for four years, but for life. It involves three days of visiting the different houses, meeting a lot of new faces and trying to decide which sisterhood to join. Recruitment is facilitated by Gamma Chi's, women who temporarily given up their letters so they can offer unbiased advice to prospective members.

"Helping girls find their homes

was a hoot and a half," says Gamma Chi Taijha Silas.

Many women are anxious over where they will end up. For those who went through recruitment a few years back and are looking at their last recruitment, there is a different emotional impact.

During recruitment, new members do everything for the first time: first recruitment, first philanthropy day, first preference tea and, most excitingly, first bid day. At the same

time, several women experience all of these events for the last time. Senior Taylor Powell of Alpha Omicron Pi described it as a whirlwind of emotions.

"I was sad because this was my last recruitment, but excited and overjoyed to see what my sisterhood will accomplish once I am an alumna," she says. "It just really reminded me of when I came through."

"Recruitment brought me my NSU family and is a great opportunity

to meet new people," says junior Jordan Waddell of Sigma Sigma Sigma. "I strongly encourage all women to give it a chance, even if you do not think it is your thing."

Recruitment weekend may be a whirlwind of emotions, but in the end, everyone gets to celebrate the momentous occasion with their new sisters. Whether it is your first recruitment or your last, may your love go beyond the four years and continue for life.

Story by Katie Gallinghouse

Emilee Leger - Sigma Sigma Sigma (senior)
and Kennedy Cullen - Phi Mu (senior)
Photo courtesy of Kennedy Cullen



Alyssa Cole - Phi Mu (junior),
Tia Dixon - Alpha Omicron Pi (junior),
Sydney Bulot - Sigma Sigma Sigma (sophomore)
Photo courtesy of Kennedy Cullen



Shelby Cambre - Tri - Sigma (freshman)
and Elise Norman - Phi Mu (senior)
Photo courtesy of Kennedy Cullen



Top: Sydney Swilley (senior)
Middle: Kenedy Cullen (junior), Katie Baronne (junior)
Bottom: Juliana Garcia (Junior), Claire Credeur (Junior),
Karley Hebert (senior), Taylor Rose (recent Graduate)
Photo courtesy of Joshua McDaniel

Madison Willet, Denee Smith , Christina Poole, and Stephanie Cohen are ready to welcome AOII's new potential members at Fall Bid Day.
Photo by Hannah Pettus

Genna Higgenbotham, Virginia Falgout, Hannah Boquet, and Taylor Powell show their Demon spirit at an NSU football.
Photo by Hannah Pettus



Motto:
"Inspire ambition."

Founded:
January 2, 1897

Chapter:
Kappa Chi

Flower:
Jacqueminot Rose

Chartered:
January 25, 1997

Colors:
Cardinal Red

Symbol:
Panda



Alpha Omicron Pi

Since its establishment in 1997, the women of the Kappa Chi chapter of Alpha Omicron Pi have upheld the ideals of the fraternity which include, but are not limited to, character, dignity, scholarship and college loyalty.

These chapter members, more than 60 of them, can be seen in various organizations on campus.

They can be found in organizations such as SGA, SAB, student media, honor societies and others. Members are also seen at campus events

to show their loyalty to Northwestern State University.

AOII holds an annual kickball tournament that benefits their national philanthropy, the Arthritis Foundation.

"AOII means commitment, dedication and working for something that's bigger than yourself," says senior Mia Bashay.

For some women, such as Virginia Falgoust, AOII has become a home away from home and a place to de-

velop as a person. "AOII has impacted me in a lot of ways, they helped me come out of my shell, given me memories to last a lifetime and friends I know I can always count on," she says.

No matter where on campus, there will always be an Alpha Omicron Pi woman ready to lend a hand, help get people pumped up at games and to show off their school pride.

Story by Samantha Maiette



AOII members Kristin Byone, Dennee Smith, Jacelynn Leblanc, and Genna Higginbotham are ready to greet seniors and juniors during NSU's N-Side view.

Photo by Christian Boudreaux

AOII members have fun throwing paint at Color Chaos.

Photo by Christian Boudreaux

Phi Mu

With over 247 chapters, Phi Mu is the second oldest sorority in the nation. One chapter is NSU's Kappa Iota, which was chartered Feb. 17, 1968. This year marked the 50th anniversary of the Kappa Iota chapter.

Active and alumni members gathered at the Steel Magnolia house to celebrate the occasion. Kappa Iota has 122 members who have fun with date parties, bid days, sisterhood bonding, on-campus work such as clean up days, involvement in Freshman Connection and multiple service organizations.

Hannah Robertson, 2017-2018 president of Phi Mu, has great memories of her time in the chapter but one holds special significance. "My favorite Phi Mu moment as president would have to be when I was first elected," she says. "The feeling that my sisters trust me and want to guide them is unlike any other."

Being president holds a lot of responsibility, but the good times and successes make it all worth it. "I am so glad I can be a role model and confidante for these girls, and I will be forever grateful for their love and

support."

Asked about a favorite aspect of Phi Mu, Kaelyn Musgrave says: "Being so far away from home, I needed a support system. Going through rush, I never thought I would find a support system like Phi Mu. This sisterhood is nothing like I expected, but it is everything I knew I needed and wanted."

"Phi Mu means home to me," says Emmalee Lewing. "My sisters are my family."

Active member Ashlee Mitchell is participating in the Disney College

Program, and new member Haleigh GiorlandoWall received an offer to attend the prestigious Joffrey Ballet Trainee program in Chicago.

Phi Mu hosts many events to raise money for its philanthropy, St. Cabrini Children's Miracle Network Hospital in Alexandria. This year a new philanthropic event was organized: Bonnamu, a music festival. Bonnamu, whose name plays on the music festival Bonnaroo, is a combined attraction for both college students and families, with local music and local food.

Story by Katie Gallinghouse



Phi Mu sets up a table at Greek 1010 to inform people interested about Greek Life about Phi Mu.

Photo by Kennedy Davis



Phi Mu throws out candy with Vic at the homecoming parade.

Photo by Chris Reich



Phi Mu members pose in front of a
Phi Mu wooden letters at Bonnamu.
Photo by Hannah Durgin

Phi Mu members and NSU students make bracelets and
necklaces at Bonnamu.
Photo by Mekayla Jenkins



Motto:
"Les Soeurs Fideles."

Founded:
March 4, 1852

Chapter:
Kappa Iota

Flower:
Pink Carnation

Chartered:
February 17, 1968

Colors:
Rose & White

Symbol:
Lion

Tri-Sigma members participate in the Lip Sync battle for Homecoming week.
Photo by Mekayla Jenkins

Tri-Sigma members set up at N-Side view to tell high school juniors and seniors about their sorority.

Photo by Mekayla Jenkins



Motto:
"Faithful Unto Death."

Founded:
April 20, 1898

Chapter:
Alpha Zeta

Flower:
Purple Violet

Chartered:
February 17, 1928

Colors:
Royal Purple & White

Symbol:
Sailboat

Tri-Sigma members their new sisters at Bid Day.
Photo by Brianna Fife



Sigma Sigma Sigma

The Alpha Zeta chapter of Northwestern State University was chartered Feb. 17, 1968, and 2018 was its 50th anniversary. One of the oldest sororities on campus, Tri-Sig has a long line of NSU alumnae to celebrate with members.

Over the past few years, the Alpha Zeta chapter has been raising money for its philanthropy with the popular Dancing with the Sigmas. "Dancing with the Sigmas is always so different and exciting each year, and it is an all hands-on deck situation."

Mallory McConathy, 2017-2018 president, is proud to be leader of her home away from home. "My favorite moment of being president is getting to see the growth in members and watching them step up and lead," she says.

Aside from the work they do on campus, including campus clean-ups and involvement with honor societies and service organizations, there are several Sigmas who share their sisterhood nationally and internationally.

Jourdan Waddell, junior, is an

active member who was named the 2019 Miss Lady of the Bracelet. This gives her the chance to compete for Miss Louisiana. "I definitely felt the love and support of my sisters the day of the pageant," Waddell says. "They showed up and showed out. I am so grateful for their encouragement and cheering."

Members Leslie Anna Sharbano, Mia Adams and Hannah Beason participate in the Disney College Program in Florida. They get to enjoy their time in the Florida sun while making magic.

Story by Katie Gallinghouse



Tri-Sigma members set up a booth at Greek 1010.

Photo by Kennedy Davis

Zeta Phi Beta's
Charity Wesley,
Alaijha Trim,
Jazzmyn Feagins,
and Treniya
Wadley pose.
*Photo courtesy of
Takea Dorsey*



Darrion Sims (sophomore) and Marvette Williams Jr. (senior)
tailgating before a football game.
Photo courtesy of Justin Guillory



Alpha Phi Alpha
members pose
outside of the
Student Union.
*Photo courtesy of
Jamien Sampson*



Alpha Kappa Alpha members have fun at Winter Wonderland.
Photo by Christian Boudreaux

National Panhellenic Council

Delta Sigma Theta and Kappa Alpha Psi
members at the Delta block party.

Photo by Mekayala Jenkins



The National Pan-Hellenic Council was founded May 10, 1930 in Washington D.C. The Council is comprised of nine historically African-American, sororities and fraternities, more commonly known as the "Divine Nine".

The original stated purpose of the council was "Unanimity of thought and action as far as possible in the conduct of Greek letter collegiate fraternities and sororities, and to consider problems of mutual interest to

its member organizations."

The organization came together to give a voice to the African-American students of the time and continues today honoring that legacy and history. Of these nine Greek-lettered organizations, five are represented here on Northwestern States Campus: Alpha Kappa Alpha, Alpha Phi Alpha, Delta Sigma Theta, Zeta Phi Beta, and Kappa Alpha Psi.

Members of the NPHC have a deep respect for their roots, histories,

and their founders. It is incredibly important to understand the history of the organization one wishes to be a part of before joining. NPHC members also place heavy emphasis on scholastic achievements, community service, and philanthropic endeavors.

NPHC members also know how to have a good time at different events they host such as different social events, educational programs and events for each organization's "week", and step shows.

Story by Katie Gallinghouse

Members of AKA pose for their
RSO photo.
Photo by Jazzmyn Feagins



The president of the AKA NSU chapter speaks to
students interested in Greek life at Greek 1010.
Photo by Kennedy Davis



Motto:
"By Culture and By Merit."

Founded:
January 15, 1908

Chapter:
Eta Chi

Flower:
Pink Tea Rose

Chartered:
October 13, 1973

Colors:
Salmon Pink & Green Apple

Symbol:
Ivy Leaf



Alpha Kappa Alpha

Alpha Kappa Alpha is a long-established sorority that is part of the "Divine Nine" of the National Pan-Hellenic Council. The Eta Chi chapter currently has 43 members who uphold their traditions and beliefs. Their mission since 1908 has been five doctrines that have remained the same.

As stated from the official Alpha Kappa Alpha website, they are to cultivate and encourage high scholastic and ethical standards, promote unity and friendship amidst college women, study and help ease problems regarding girls and women to help

improve their social stature, maintain a progressive interest in college life and to be of "Service to All of Mankind."

They have over a thousand chapters and have nearly 300,000 members all over the world. For the Eta Chi chapter, it was a very busy fall 2018 semester. The members collected gently worn shoes for Soles 4 Souls, a backpack drive, donated used eyeglasses in partnership with local Lions Clubs and participated in or hosted many more services. Alpha Kappa Alpha has a signature service called #CAP which is an abbrevia-

tion for College Admissions Process. This is to help students who are trying to get into college with a hands-on approach, from researching colleges to completing the application.

President Le'Kayla Smith was not aware of Greek life her freshman year. Her family were members of the National Pan-Hellenic Council, but she did not know the history of the organizations. "After much research, I felt that the value, morals, initiatives that Alpha women stood for was what fit me best," she says. "It spoke to me and I knew that I was interested in seeking membership

from there. Ever since, then I have been passionate about it. It is truly one of the greatest blessings of my life and I wouldn't have had it any other way."

As a graduating senior she looks forward to joining the high ranks of Alpha Kappa Alpha Sorority Inc. as a general member or as a member of a graduate chapter. "My goal is to maintain lifelong membership in my illustrious sorority," she says. "It has already given me so much and I know that there is much more waiting ahead for me."

Story by Megan Palmer



Jada Grigsby and Shonesty Kinsey pose for a photo outside of the Student Union.

Photo by Mekayla Jenkins

Members of Alpha Kappa Alpha attend the Winter Wonderland.

Photo by Christian Boudreaux

Alpha Phi Alpha

Known for being the oldest, Alpha Phi Alpha fraternity Inc. was founded Dec. 4, 1906, at Cornell University.

The Theta Chi chapter was chartered at Northwestern State University on Nov. 16, 1973. Since then the chapter has flourished with members who, year after year, live up to the fraternity motto: "First of all, service to all, we shall transcend all."

In the fall semester of 2018, the Theta Chi chapter boasted 23 members.

Jordan Aery says a good member knows hard work. "Many people do it for the wrong reasons but if you come in a chapter dedicated and

hardworking, that's a good member in my eyes," he says. Members of the Theta Chi chapter participate in NSU's athletics, student government, marching band and more.

Members Cameron Coleman and Korey Cleveland both participate in SGA, while Trenton Starks is the event coordinator for the Student Activities Board. Travis Allen runs for the NSU men's track team in the spring, Nestor Mercado plays for the Spirit of Northwestern Marching Band, Matthew Craig is on the speech and debate team and active in student media, Jamien Sampson is in Scholars' College, and Jordan Aery is a member of the African American

Caucus and vice president of the National Pan-Hellenic Council.

Last spring, Craig and Sampson participated in the Mr. Blue and White scholarship pageant hosted by Phi Beta Sigma. Craig won Mr. White, and Sampson won Mr. Blue and White, which came with a scholarship.

Alpha Phi Alpha hosts the Miss Black and Gold scholarship pageant every fall semester, as well as other events that get students more involved with campus life. These include poetry nights, pool parties and fundraisers.

Even though the chapter has plenty of fun, members also

know the importance of community service. The chapter hosts free haircuts for kids and road clean-ups, and members participate in move-in day every semester. During the holiday months, they host turkey giveaways and a toy drive called Joy of Toys.

They also participate in the High School to College program, a national community service project for Alpha Phi Alpha. Other service projects include March of Dimes, Project Alpha, Voteless People is a Hopeless People, and My Brother's Keeper.

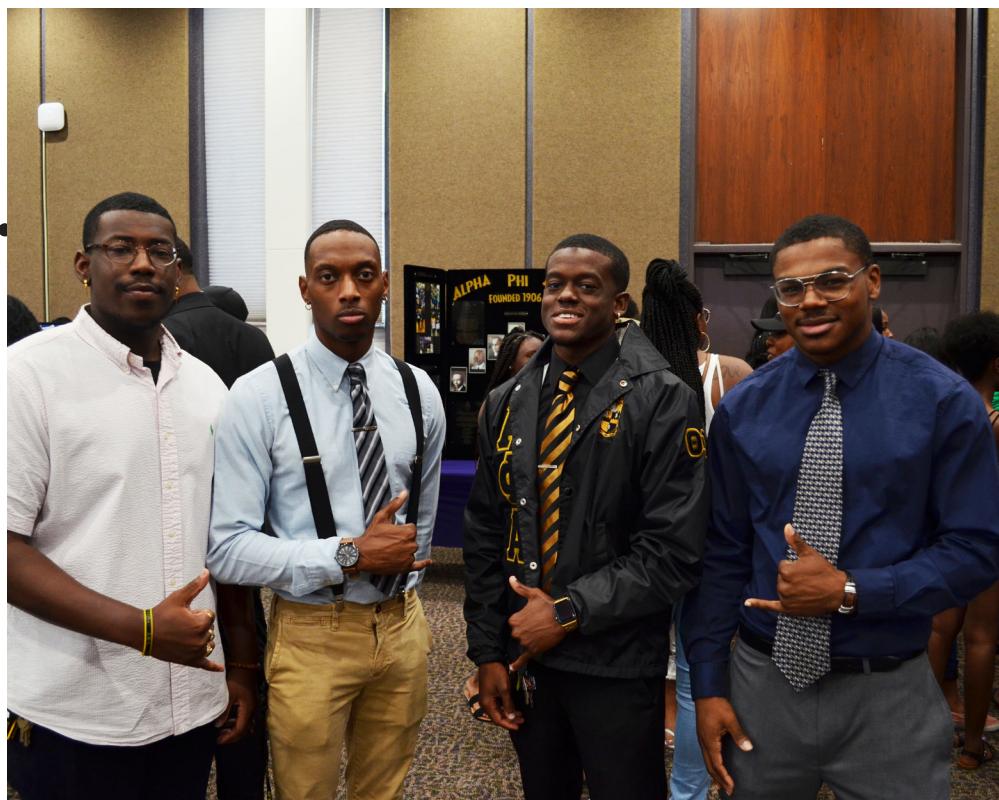
Story courtesy of Cameron Coleman



Alpha Phi Alpha take a fun photo.
Photo courtesy of Jamien Sampson



Members of Alpha Phi Alpha pose for a photo.
Photo courtesy of Jamien Sampson



Jordan Aery, Travis Allen, Korey Cleveland, Jamien Sampson pose for a photo at Greek 1010.
Photo by Christian Boudreaux

Members of Alpha Phi Alpha pose with NSU President Chris Maggio and Greek Life Director Shane Creppel.
Photo courtesy of Jamien Sampson



Motto:
"First of All, Servants of
All, We Shall Transcend
All."

Founded:
December 4, 1908

Chapter:
Theta Chi

Flower:
Yellow Rose

Chartered:
November 16, 1973

Colors:
Black & Old Gold

Symbol:
Great Sphinx of Giza

Delta Sigma Theta during their
OWT break party outside the
Student Union.
Photo by Christian Boudreaux



Evandria King and Special Crawford attend the
Delta block party.
Photo by Mekayla Jenkins



Motto:
"Intelligence is the Torch of
Wisdom."

Founded:
January 13, 1913

Chapter:
Iota Mu

Flower:
African Violet

Chartered:
May 21, 1972

Colors:
Crimson & Cream

Symbol:
Lady Fortitude



Delta Sigma Theta

Delta Sigma Theta is a proud member of NSU's National Pan-Hellenic Council. They are proud women who strive to aid and support through established programs in local communities globally. This service oriented sorority has chapter all over the world, but there is one in particular that holds a special place in NSU's heart. The Iota Mu chapter has been a part of the campus since May of 1972. The chapter, as of the fall of 2018, has 15 members.

For the fall semester, the Iota Mu chapter participated in various community service projects. They teamed up with Natchitoches Central to help with voters' registration

called "Be Smart and Vote", a book drive for Natchitoches Boys and Girls Club, volunteered at the city park for family day and hosting a blanket drive to give to those around Natchitoches. The chapter also holds a Breast Cancer Awareness bracelet sale and donates the money to the Sisters Network. This Network raises attention of the devastating impact of breast cancer in the African American community.

The Deltas hold a semesterly event called Delta week. This week has different educational and fun events to educate students on higher education, finances, physical and mental wellness and many more.

In the fall of 2018, the Delta week theme was "FEAR FACTOR". The Iota Mu chapter is looking forward to hosting many more events in the future.

Many of the members seek DST for various but ultimately the same reasons. Ieshia Thomas, a graduated member of DST, says that she joined the sorority because of the mindset and fearlessness of the ladies who represent and represented Delta Sigma Theta. Thomas says, "My 22 founders were all from different backgrounds and areas, but that did not stop them from coming together as one to create something bigger and greater than themselves."

Sierra Sutton, president of the Iota Mu chapter, did not know what NPHC Greek life was when she first arrived to NSU. After she attended a few of the Delta events she saw a bond of sisterhood between members that she wanted to be a part of. Sutton says, "I saw an organization that molded women into being powerful human beings that stood up for what they believed in. I saw an organization that gave back to the community. This organization has helped me step out of my comfort and helped mold me into the woman I was born to be."

Story by Megan Palmer



Members of Delta Sigma Theta at the Delta block party.

Photo by Mekayla Jenkins

(Left to Right) Mylika Thompson (junior) Clera Bonvillian, (junior) Special Crawford (senior) help out with Redz go Pink to raise awareness about breast cancer.

Photo by Jasmine Johnson

Kappa Alpha Psi

Kappa Alpha Psi Fraternity Inc. was founded Jan.5, 1911, at Indiana University. The Theta Lambda chapter of Kappa Alpha Psi was chartered Oct.18, 1975, on the campus of Northwestern State University.

Kappa Alpha Psi has five objectives that have been a part of the fraternity since the beginning. They are to unite college men of culture patriotism and honor in a bond of fraternity; encourage honorable

achievement in every field of human endeavor; promote the spiritual, social, intellectual and moral welfare of its members; assist the aims and purposes of colleges and universities; and finally, to inspire service in the public's interest.

The chapter has members active with Northwestern's football team, track team, cheer team and the marching band. On campus they host campus cleanups and DUI

awareness forums, and in the fall they hold their annual Shimmy like a Nupe contest for students to enjoy.

You can also find these men running Bingo in the nursing homes and giving out food at the Wesley Church. The Theta Lambda chapter places high value on its community service as well as academic achievements.

Story by Dara Woods



Kappa Alpha Psi pose at their probate.
Photo courtesy of Jada Grigsby



Kappa Alpha Psi members pose in their blazers and ties.
Photo courtesy of Darius Brock



Tyler Senegal, Justin William,
Joe B at Shimmy like a Nupe.
Photo by Jazzmyn Feagins

Kappa Alpha Psi poses as a group at the end of Shimmy
Like a Nupe.
Photo courtesy of Jada Grigsby



Motto:
"Achievement in Every
Field of Human Endeavor."

Founded:
January 5, 1911

Chapter:
Theta Lambda

Flower:
Yellow Rose

Chartered:
November 18, 1975

Colors:
Crimson & Cream

Symbol:
Diamond

Phi Beta Sigma members at the
Zetas' Greek Show.
Photo courtesy of Justin Guillary



Robert DeVold (left) and Marvette Williams Jr. (right) of Phi
Beta Sigma set up a booth at Greek 1010.
Photo by Kennedy Davis



Motto:
"Culture for Service and
Service for Humanity"

Founded:
January 9, 1914

Chapter:
Zeta Iota

Flower:
White Carnation

Chartered:
November 13th, 1973

Colors:
Royal Blue & Pure White

Symbol:
Dove



Phi Beta Sigma

Phi Beta Sigma Fraternity Inc. was founded Jan. 9, 1914, on the campus of Howard University. Three men decided to band together to be "a part of" rather than "apart from" the community. On Nov. 13, 1973, the Zeta Iota chapter was born on NSU's campus. Zeta Phi Beta is considered the fraternity's sister organization because the fraternity helped establish it. The fraternity follows three principles: brotherhood, scholarship and service.

Robert Devold, a member from the Zeta Iota chapter, believes wholeheartedly in brotherhood. He says coming up in a Sigma youth

auxiliary helped him decide to join Phi Beta Sigma. "They taught me how to be a man, and that inspired me to help bring a chapter back and inspire others," says Devold.

At its regional conference last summer, the chapter came back with awards and heads held high. The chapter received awards for model collegiate chapter at level 3, model collegiate chapter of education, and model collegiate chapter for the Gulf Coast region.

Active in the college community, the Zeta Iota chapter hosts various events for students. Members host 2K video game tournaments, Slip

and Slide kickball games and football viewing parties for the students to enjoy.

On the service side, the Zeta Iota chapter encourages students to join in their monthly road clean up. Members also participate in their national initiatives like Adopt-a-School and Big and Better Business, which became the first national program of Phi Beta Sigma Fraternity.

The school the chapter chose for the Adopt-a-School program is Natchitoches Junior High, and the business they chose for the Big and Better Business program is Sweet Delights.

Story by Dara Woods



Phi Beta Members celebrate member Justin Guillary's Graduation in Fall '18.

Photo courtesy of Justin Guillary

Members of Phi Beta Sigma attend the first N-Side View of the year.

Photo by Mekayla Jenkins

Zeta Phi Beta

Scholarship. Service. Sisterly love. Finer womanhood. These are the principles that represent Zeta Phi Beta Sorority Inc.

The sorority was founded Jan. 16, 1920, by five brave women in a major turning point in American history. This was a time when a spotlight shone on human rights and creativity. The Xi Epsilon chapter was chartered in the spring of 1974. The chapter upholds the belief that there's a Zeta in every woman who has high standards in principle, a good scholarly average and an active interest in everything

she wishes to accomplish.

Zeta Phi beta is the only sorority in the National Pan-Hellenic Council to be constitutionally bound to a fraternity, Phi Beta Sigma Fraternity Inc. The Xi Epsilon chapter was chartered in spring 1974. The Zetas, as they are called by Northwestern students, are very active on campus and in student life activities.

They host Greek step shows, pageants, mental health forums and more. They also participate in blood drives, stroll-offs, and many homecoming festivities.

The Xi Epsilon chapter answers the call to service for the community. All of Zeta Phi Beta's community service projects fall under Z-HOPE which stands for Zetas Helping Other People Excel. The Xi Epsilon chapter donates to St. Jude's Children's Hospital and participates in the Relay for Life march every year.

Members also collect donations for March of Dimes, a nonprofit organization for premature babies and their mothers. The Xi Epsilon chapter produces amazing women who blaze new paths for others to follow.

Story by Dara Woods



Jazzmyn Feagins, Dara Woods, and two other Zeta Phi Beta members set up at Greek 1010.

Photo by Christian Boudreaux



Zeta Phi Beta members volunteering at Witch Way to Main Street with their sponsoring graduate chapter.

Photo courtesy of Takea Dorsey



Zeta Phi Beta members posing for their organization picture.
Photo by Jazzmyn Feagins

Zetas at their 2019 Founder's Day Program.
Photo courtesy of Takea Dorsey



Motto:
"Scholarship, Service,
Sisterly Love, and Finer
Womanhood."

Founded:
January 16, 1920

Chapter:
Xi Epsilon

Flower:
White Rose

Chartered:
Spring 1974

Colors:
Royal Blue & White

Symbol:
Dove

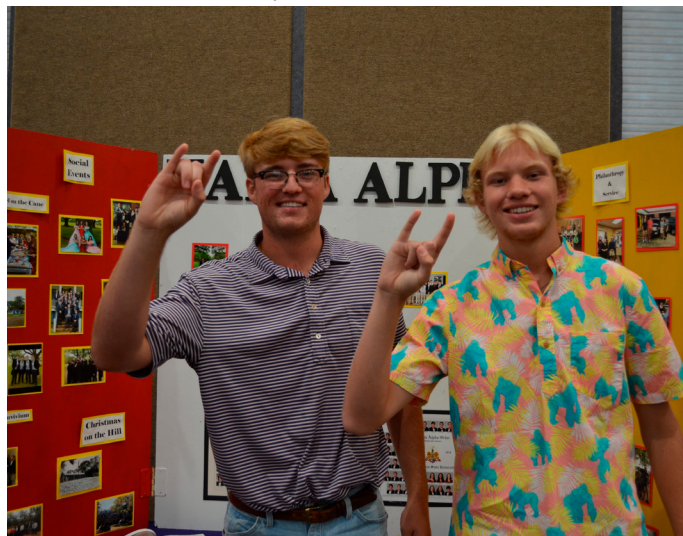
Sigma Nu members pose for a photo on their float during homecoming.

Photo courtesy of Sigma Nu



Potential new members check out the Kappa Alpha booth.

Photo by Christian Boudreaux



Kyler Burns (sophomore) promotes Pi Kappa Alpha at N-Side View

Photo by Christian Boudreaux



Joseph Tappel (senior) and Kirhawnte' Dudley (sophomore) perform at Lip Sync for their fraternity, Theta Chi.

Photo by Mekayla Jenkins

Interfraternity Council



Kappa Sigma at Fraternity Bid Day.
Photo by Jasmine R. Johnson

Going Greek is what some people describe as the best part of their life. However, before accepting a bid to a house there is something all potential new members must get through: recruitment.

The Interfraternity Council's recruitment is a completely different from sorority recruitment. The event is informal, and it's up to the fraternities to decide how they wish to recruit new members.

Greek Life Advisor Shayne Creppel says the seven IFC chapters on NSU's campus host open house events showcasing their strong suits and letting potential new members get a better understanding of how each chapter works. "The chapters seem a lot more excited this year than last year in recruiting people," says Creppel.

IFC President Chris Sanders says the recruitment process is a busy

one. Fraternities are "putting on events every single day, and members of each organization are trying to get [a potential new member] to join their organization," he says.

Order of Omega President Michael Phelps says challenges with planning fraternity recruitment include scheduling events around Demons Days and convincing male students to go through the process.

"With the type of student on

NSU's campus you have to convince them to go Greek first and then rush a fraternity, and it's hard to do all of those steps in one weekend," he says.

Sanders says Greek Life has helped him grow as a person. "I've grown as a leader," he says. "I've learned a lot of things that have taught me to be a better and wiser man."

Story by Samantha Maiette

Kappa Alpha Order

The Kappa Alpha Order is a fraternity of men who strive for excellence, brotherhood, leadership, knowledge, gentility and reverence. These values are upheld within each chapter of KA even in the NSU Gamma Psi chapter. The Kappa Alpha Order of NSU has proudly been a part of the campus' rich history since January of 1963.

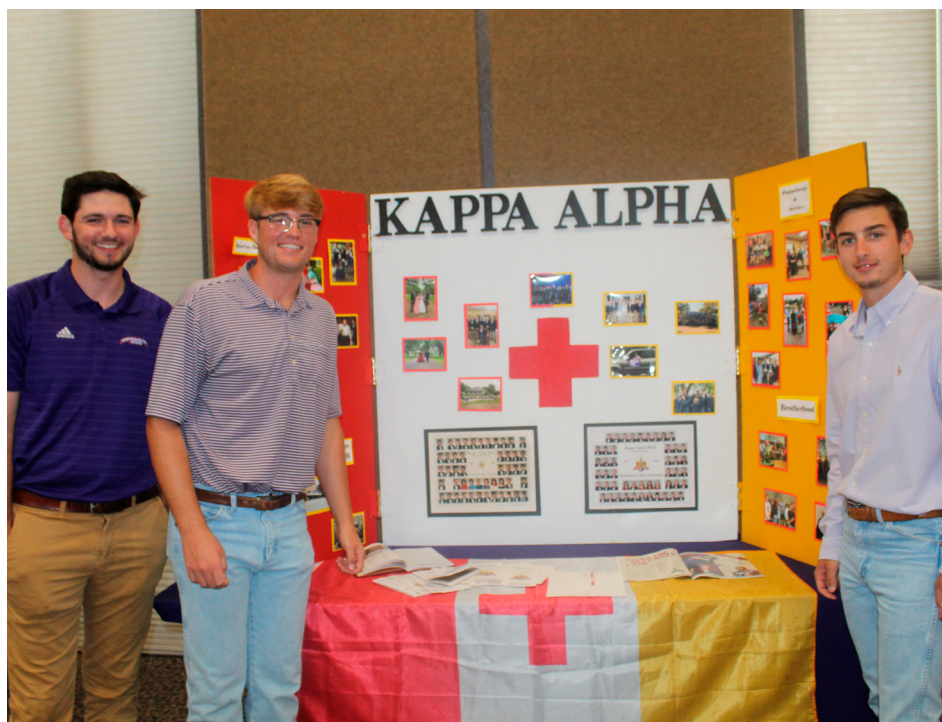
In the fall of 2018, the chapter has 40 active members. The men do different service projects such as campus clean ups and their "Queso for a Cause" event. This event partners up KA and local restaurants to raise money for their national philanthropy, the Muscular Dystrophy Association.

Another KA philanthropy is called Home for Troops. What the fraternity believes in and their services draws in many men like Dakota Schudalla.

Dakota Schudalla, president, says "When I walked through the doors of the house that was built in the early 1900s, I felt like I was home. This history of KA in our community and nationally is something that really intrigued me." An interesting fact for the Gamma Psi house is that it is the only fraternity house built in a historic district.

"I hope in the next year our chapter will receive many young men who has the same feeling as I did when I walked through those doors."

Story by Megan Palmer



Kappa Alpha sets up a booth at Greek 1010 to inform students interested in Greek life about their fraternity.

Photo by Kennedy Davis



Kappa Alpha members ride on their float and toss out goodies during the homecoming parade.

Photo by Hannah Durgin



Members of Kappa Alpha perform at the Homecoming Lipsync.
Photo by Mekayla Jenkins

Kappa Alpha takes their RSO photo in front on Normal Hill.
Photo by Jasmine Johnson



Motto:
"Dieu et les Dames."

Founded:
December 21, 1865

Chapter:
Gamma Psi

Flower:
Crimson Rose and Magnolia Blossom

Chartered:
January 1, 1963

Colors:
Crimson & Old Gold

A student announces
he is pledging to
Kappa Sigma at the
IFC bid day.
*Photo by Christian
Boudreaux*

Two Kappa Sigmas pose with a Kappa Phi member at N-
Side View.
Photo by Mekayla Jenkins



Motto:
"The Star and Crescent
shall not be worn by every
man, but only by him who
is worthy wear it."

Founded:
December 10, 1869

Chapter:
Theta Mu

Flower:
Lily of the Valley

Chartered:
March 26, 1966

Colors:
Scarlet, White, Emerald Green

Symbol:
Star & Crescent



Kappa Sigma

Founded Dec. 10, 1869, at the University of Virginia, Kappa Sigma is the largest college fraternity in the nation. Across the country, the fraternity has a total of 320 chapters and over 200,000 members. In 1966, Kappa Sigma's Theta Mu chapter was chartered on Northwestern State University's campus. The chapter currently holds 57 active members who uphold the fraternity's ideals and traditions.

"During rush week, the gentlemen of Kappa Sigma really made an effort to reach out to me," says sophomore Joshua Burford about

why he joined. "I could tell that this fraternity is where I needed to be." Kappa Sigma is founded on the ideals of fellowship, leadership, scholarship and service. The fraternity aims to contribute to the personal growth and development of its members.

The men of Kappa Sigma build each other up while promoting their fraternity's values. "My favorite part about Kappa Sigma is the brotherhood I have with everyone in my fraternity," says Dawson Howie, sophomore.

Kappa Sigma encourages service to others. The fraternity's philanthro-

py is the Military Heroes Campaign. Throughout the year, members strive to raise money for the campaign by fundraising. In fall 2018, the fraternity hosted a skeet shoot as one of its fundraisers and raised over \$1,000. The skeet shoot let participants have a good time while supporting the fraternity's philanthropy.

The members of Kappa Sigma are happy to be a part of such a close brotherhood. "It's not for a day or an hour or a college term only, but for life," says sophomore Damien Davis.

Story by Leanna Coy



Kappa Sigmas ride their float at the homecoming parade.

Photo by Hannah Durgin

Kappa Sigmas compete at the homecoming Lipsync.

Photo by Mekayla Jenkins

Pi Kappa Alpha

The gentlemen of Pi Kappa Alpha may be the newest fraternity on campus, but that has not stopped them from doing great work around the community.

Every couple of weeks the members will clean the veterans park on Second Street and this year they are holding a new event, Haircuts for Heart Disease.

"Haircuts for Heart Disease" was done in partnership with Jorge from 'All Tangled Up' on Front Street and all of the proceeds will go to the American Heart Association.

Former President, Charlie Mc Clintock says, "We currently have fifty-five brothers and initiated the

largest new member class in Mu Kappa chapter history with twenty-one new initiates."

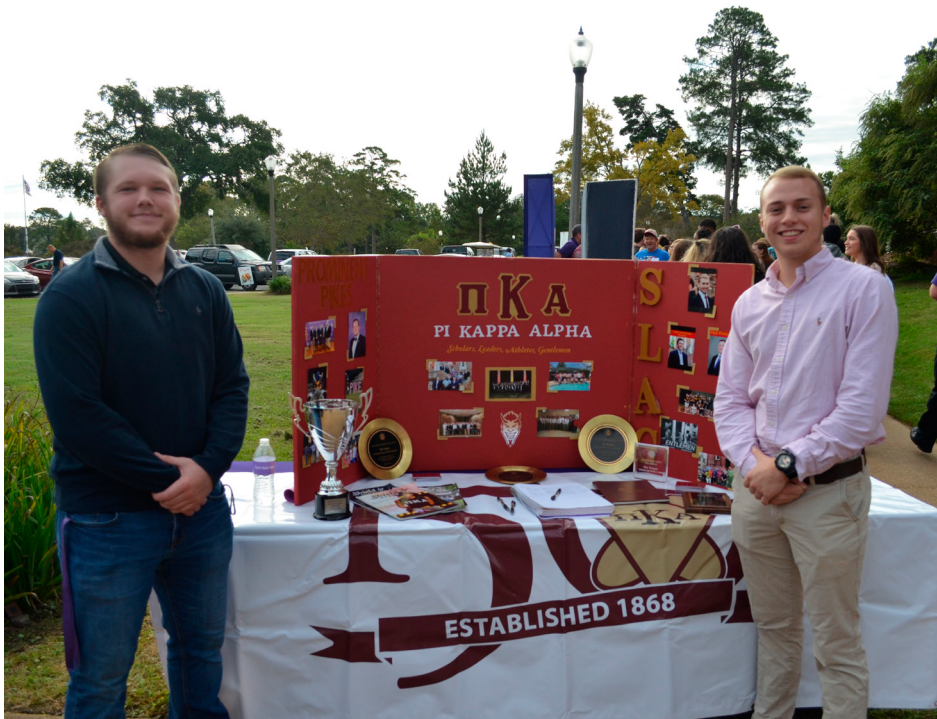
Junior Michael Thomas says that every fraternity has something that binds them together. He didn't know what it was for PIKE but then it clicked. "The thing that unified these guys into a brotherhood was the set of ideals they shared. That is what drives us forward the most and is what convinced me to join."

Junior Jacob Ellis says his favorite part of the brotherhood were the friends who were like family and his connections that will last a lifetime. Ellis says, "brotherhood, to me, means being your brother's keeper

and making sure that they are positively affecting themselves and the world around them."

Thomas says, "My favorite memory is winning the Intramural softball championship. It frustrated me that we had been average at IMs. Essentially, we were a dark horse team. It felt great to put in the work, defy expectations, and ultimately prove to everyone that we are capable of accomplishing just about anything we set our sights on." Ellis says, "The gentlemen of PIKE have won the 2018 overall Intramural Champions and have "so much in store for next year."

Story by Katie Gallinghouse



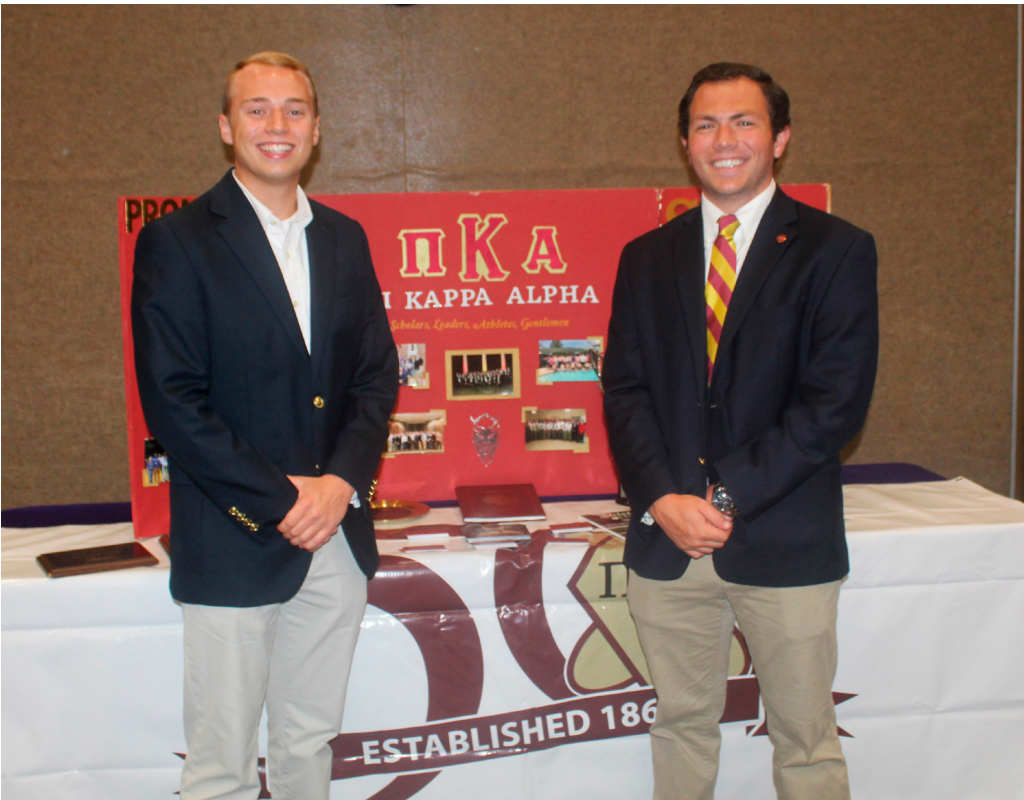
PIKES Jackson Mathews and Kyler Burns set up booth at N-Side View for high school juniors and seniors to view.

Photo by Christian Boudreaux



Members of PIKE ride on their float and toss out candy during the homecoming parade.

Photo by Christian Boudreaux



Sophomores, Kyler Burns and Nicholas Hopkins set up a booth at Greek 1010 to tell students about PIKE.
Photo by Kennedy Davis

Members of PIKE perform at the homecoming Lipsync.
Photo by Mekayla Jenkins



Motto:
"Once a PIKE, always a PIKE."

Founded:
March 1, 1868

Chapter:
Mu Kappa

Flower:
Lily of the Valley

Chartered:
October 25, 2014

Colors:
Garnet & Old Gold

Symbol:
Shield, Diamond, & Oak Tree

Members of Pi Kappa Phi
talk to students about their
fraternity.
Photo by Kennedy Davis



Pi Kappa Phi take their RSO photo.
Photo by Hannah Durgin



Motto:
"Nothing shall ever tear us
asunder."

Founded:
December 10, 1904

Chapter:
Beta Omicron

Flower:
Red Rose

Chartered:
September 21, 1956

Colors:
Gold & White

Symbol:
Bell, Star, & Lamp



Pi Kappa Phi

Common loyalty. Personal responsibility. Achievement. Accountability. Campus involvement. Responsible citizenship. Lifelong commitment.

These are ideas that the Pi Kappa Phi fraternity upholds with each of its members. The brothers of Pi Kappa Phi have lived up to their ideals since its establishment on campus Sept. 21, 1956.

Pi Kappa Phi owns and operates its own national philanthropy, the Ability Experience. The event creates experiences that promote the abilities of everyone and to work toward erasing labels that unfairly define people, especially those living

with disabilities.

Members raise money with bake sales and an event called the Puppy Experience. On top of being active supporters of their philanthropy, the brothers of Pi Kappa Phi are active members of the NSU community with members in cheerleading, Freshman Connection and other organizations.

"To me, we're really close," said Blake Blanchard of the brotherhood. "It feels like a family. We're only going to continue to go up from here and keep our momentum."

Story by Samantha Malette



Members of Pi Kappa Phi ride in their float during the homecoming parade.

Photo by Christian Boudreaux

Pi Kappa Phi members take a fun photo during their RSO photo shoot.

Photo by Hannah Durgin

Sigma Nu

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Love. Honor. Truth. The Mu Rho Chapter of Sigma Nu Fraternity represents these fraternal ideals with endeavors on and off campus, at the local and national level.

In spring 2018, the fraternity raised over \$6,000 for the benefit of St. Jude's through its art gallery philanthropy event, the Nu Image Art Gala. Members have also collectively spent hundreds of hours doing community service around Natchitoches

and out of state. Although it is one of the newer fraternities on campus, it plays a vital role in campus life, filling multiple student-leadership roles in various organizations.

Peyton Mixon joined Sigma Nu his freshman year, and became an Interfraternity Council Vice President shortly after joining. He is now president of the chapter for the 2019 calendar year.

"In my chapter, there are no

strangers, only great friends that you haven't met yet. The men in Sigma Nu have molded me into the hard working, dedicated, and strong willed young man I am today," Mixon says. "Sigma Nu is not just another fraternity, and Mu Rho is not just another fraternity chapter. Sigma Nu is synonymous with family, and Mu Rho is mine."

Story contributed by Anson Ballow



Sigma Nu rides on their float during the homecoming parade.

Photo by Hannah Durgin



Members pose for a photo by their float at the homecoming parade.
Photo courtesy of Anson Ballow



Sigma Nu members pose with their flag after they won the volleyball intramural tournament.
Photo courtesy of Anson Ballow

Sigma Nu members finish their performance at LipSync by throwing what they know.
Photo by Mekayla Jenkins



Motto:

"Love, Honor, Truth."

Founded:

January 1, 1869

Chapter:

Mu Rho

Flower:

White

Chartered:

May 11, 1997

Colors:

Black, White, & Gold

Symbol:

Snake

TKEs cooling off after playing on the water slide.
Photos courtesy of Ian Belsha



TKEs Showing the Love.
Photo courtesy of Ian Belsha



Motto:
"Better men for a Better
World."

Founded:
January 10, 1899

Chapter:
Epsilon Upsilon

Flower:
Red Carnation

Chartered:
May 4, 1957

Colors:
Cherry & Gray

Symbol:
Equilateral Triangle



Tau Kappa Epsilon

One of the oldest chapters on campus, Tau Kappa Epsilon is one of the seven fraternities that make up Northwestern State University's Interfraternity Council.

Starting in 1957, the Epsilon-Upsilon chapter at NSU has been part of numerous charity initiatives and campus wide events. From Greek Week to homecoming, these men have showed their school pride while bonding together in brotherhood with their own fraternity and the oth-

ers on campus.

"I decided to join TKE because they were such a diverse group of guys," says chapter president Lajarious Jones. "The fact that they had such a diverse background and a strong brotherly bond -- just to see that made me want to be a part of it."

One important aspect of TKE is its connection to St. Jude Children's Research Hospital, which the chapter and national organization raises

money for each year. According to the national website, the organization has raised \$3.4 million since 2009, and since June the group has volunteered over 22,000 service hours.

"We want to be more involved on campus as well as the community," Jones says "That's one of the goals we have for the future, and to keep our strong sense of brotherhood as we expand."

Story by Zoe Almaraz



TKE members pose at Normal Hill.
Photo by Jasmine Johnson



TKEs at the Louisiana Providence Forum.
Photo courtesy of Ian Belsha

Theta Chi

On Greek Hill lies the house of the Theta Chi men. They were chartered on NSU's campus Oct. 13th, 1973.

As of now, six men lead the fraternity with Theta Chi values. True friendship, the primacy of alma mater, promotion of knowledge, advancement of culture, the virtues of truth, temperance and tolerance and the usefulness of our Fraternity are the utmost key values.

These six are always willing to help the NSU and Natchitoches com-

munity with different service events. They assisted with the hurricane relief to the Carolinas hosted by Students Activities Board in September 2018. They also help around campus with cleaning around the Student Union and other places.

The fraternity's main philanthropy is the United Service Organizations. The goal of the philanthropy is to provide entertainment to the United States Armed Forces and their families.

Theta Chi's values are what ev-

ery person should have within themselves. Justin Brogdon became a member of Theta Chi because of what the fraternity stands for. He was fraternity president as of Dec. 2, 2018, for the Eta Omicron chapter.

"I am looking forward to serving as president and hopefully making the chapter self-sustainable again with more members involved on campus," Brogdon says.

The fraternity may be small in numbers, but it always has an assisting hand ready and waiting.

Story by Megan Palmer



Recent graduate and Theta Chi member Victor Lopez sets up at Greek 1010.
Photo by Kennedy Davis



Theta Chi members Christian Boudreaux and Dakota Brogdon along with other members perform at the homecoming Lipsync.
Photo by Mekayla Jenkins

Theta Chi takes their RSO photo at Normal Hill.
Photo by Jazzmyn Feagins



The members of Theta Chi at the end of their lipsync performance.
Photo by Mekayla Jenkins



Motto:
"An Assisting Hand."

Founded:
April 10, 1856

Chapter:
Eta Omicron

Flower:
Red Carnation

Chartered:
October 13, 1973

Colors:
Military Red & White

Symbol:
Rattlesnake

Interfraternity Music Council

The Spirit of Northwestern steps out onto the field horns blarring and flags twirling.

Photo by Hannah Pettus



There are organizations for anyone on any college campus. There are organizations for science, media, educational and so many more.

What most people do not know is that there are organizations that help make up the National Interfraternity Music Council. This organization has seven different musicbased organizations.

Northwestern State University hosts four of these organizations: Kappa

Kappa Psi, Phi Mu Alpha Sinfonia, Sigma Alpha Iota and Tau Beta Sigma.

They all work together to improve the Creative and Performing Arts departments with their dedication and hard work. Members can help with concerts by seating the guests, giving program pamphlets and other things that need to be done.

During marching season, they help with CAPA event while helping the Spirit of Northwestern. Some of the

responsibilities are to help get the band water during practice, helping with uniforms, and other tasks designated to them.

This council does have something special that sets them apart from other Greek-lettered organizations. A member of a NIMC organization on campus can also be a part of a CPC, IFC and NPHC organization on campus.

Story by Megan Palmer

Matt Howeth, member of Kappa Kappa Psi, smiles for the camera while on break during band practice.
Photo by Hannah Pettus



Tau Beta Sigma member, Chris Wynn, is ready to learn more color guard routines.
Photo by Hannah Pettus



Phi Mu Alpha Sinfonia member, Justin Garretson, plays the sousaphone during band practice.
Photo By Hannah Pettus



Miranda Mayeaux (top) and Morgan McCrory (bottom) from Sigma Alpha Iota are all smiles.
Photo courtesy of Christina Colley

Band members shout "NSU" at the end of the fight song.



Members of KKPsi unload jugs of water for band members during bandcamp.



Motto:
"Strive for the Highest."

Founded:
November 27, 1919

Chapter:
Theta Nu

Flower:
Red Carnation

Chartered:
November 21, 1986

Colors:
Blue & White



Kappa Kappa Psi

There are many Greek organizations on Northwestern State's campus. There are, however, a few that are called band fraternities and sororities. One of these organizations is called Kappa Kappa Psi.

Northwestern hosts the Theta Nu chapter. The chapter has served the Spirit of Northwestern band since its chartering in 1986. They aid and

support the band with any of their basic needs. A big example was in the fall of 2018, with the band commissioning new uniforms to replace the old ones.

To help them in their need of new uniforms, our Kappa Kappa Psi footed a part of the bill for these replacement uniforms.

The Theta Nu chapter also help

with feeding the band and giving water during practice.

The chapter also hosts many events that students can participate in. One major event is co-hosted with Zeta Phi Beta called "Blue Fuzion." This is a benefit step show for the Natchitoches and NSU community to enjoy while helping two great organizations.

Story by Megan Palmer

All photos by Hannah Pettus



Member Matt Howeth is excited to be at band practice to learn new routines.

KKPsi have fun taking a silly photo during their RSO photoshoot.

Phi Mu Alpha Sinfonia

The Gamma Rho chapter of Phi Mu Alpha Sinfonia is one of NSU's four music-based organizations. Founded in 1898, Phi Mu Alpha Sinfonia is the world's oldest national fraternal society in music. The NSU chapter was chartered in 1942 and is the oldest chapter in the state of Louisiana.

The organization has a long history of helping men better themselves in their fields and assisting those who wish for the same experience. Having served the NSU community for over 75 years, it is deeply rooted themselves in NSU's history of music.

Phi Mu Alpha Sinfonia's philanthropy,

Mills Music Mission, works to advance music in the United States. The Gamma Rho chapter upheld this goal by visiting a local retirement home twice in 2018 to sing some of their fraternity songs, in addition to visiting with residents.

The organization also hosts a musical. Members sing together for the first half, and soloists and ensembles perform during the second half.

In 2019, Gamma Rho hopes to host a Mills Music Mission at St. Jude's Hospital.

Michael King, senior music education major, joined Phi Mu Alpha Sinfonia because of the fraternity's strong sense of

musicianship. "As soon as I witnessed this, I knew I had to be a part of it," he says. Another reason is that the fraternity focuses not only on making members better musicians, but on making them better men through musicianship.

The chapter helps CAPA with events in numerous ways. Members stand at the top of Magale Recital Hall during concerts. They show up 30 minutes before events to show people to their seats, keep the audience quiet and help clean up. In addition, the chapter enlists the help of the other Greek music organizations for CAPA clean-ups.

Story by Megan Palmer

*All photos courtesy of Steven Wimberley,
President of Phi Mu Alpha Sinfonia*



Members sing carols to the community of Natchitoches during the holiday season.



Members show off their fraternity pride.



Members work hard at weekly song rehearsal.

Phi Mu Alpha Sinfonia attend their spring banquet in formal attire.



Motto:
"Among Men Harmony."

Founded:
 October 6, 1898

Chapter:
 Gamma Rho

Flower:
 Chrysanthemum

Chartered:
 May 24, 1942

Colors:
 Red, Black, & Gold

Frances Knight warms up with colorguard at band practice.
Photo by Hannah Pettus

Marissa Barentine and Syroi Webb pose for a photo.
Photo courtesy of Christina Colley



Motto:
"Vita Brevis, ars longa."

Founded:
June 12, 1903

Chapter:
Beta Iota

Flower:
Red Rose

Chartered:
May 15, 1950

Colors:
Red & White



Sigma Alpha Iota

Sigma Alpha Iota is an organization that promotes interaction with those who share the commitment to music. The mission of SAI is to encourage, nurture and support the art of music.

Northwestern State University hosts the Beta Iota chapter of SAI where its members uphold the values and mission of their organization.

The chapter was chartered on NSU's campus over 65 years ago.

SAI works alongside the other music organizations that they call the "Four Orgs" in CAPA.

In the fall of 2018, SAI helped the National Association of Teachers of Singing by participating in a CAPA wide clean up before their competition hosted by CAPA. They also help with monitoring competition rooms that had students from three different states competing.

These beautiful women of SAI help the men of Phi Mu Alpha with

ushering at recitals and concerts. The members also offer a service for receptions to those who would like one after a recital or concert.

Christina Colley, a sophomore music education major, is the vice president of membership recruitment for SAI. Before she came to NSU, Colley wanted to join SAI.

"I always looked up to the sisters of SAI for not only the bonds they shared but for the fact that they all took the music aspect of the frater-

nity so seriously. I wanted to join because SAI is an opportunity to grow in music through sisterhood," says Colley.

Since Colley is the VP of Membership Recruitment, she is very excited for the spring of 2019. SAI does not accept first semester freshmen or transfer for membership. Because of this, they have many second semester students interested in membership.

Story by Megan Palmer



Morgan McCrory, Christina Colley, Marissa Barentine attend the Sigma Alpha Iota Thrift Shop Sock Hop Social.

Photo courtesy of Christina Colley

Christina Colley (VP of Membership Recruitment) is ready to work on drills at band practice.

Photo by Hannah Pettus

Tau Beta Sigma

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Tau Beta Sigma is a co-ed national honorary band sorority that is dedicated to serving college and band programs. Members work on service efforts, fundraisers social events and other projects.

NSU's Tau Beta Sigma chapter is Eta Pi, which has helped the Spirit of Northwestern marching band since 1987. The chapter provides the band with service

activities and give members experiences in organization, leadership and social contacts. Tau Beta Sigma makes sure the band looks great everytime it steps out on the field.

Students interested in joining should be a member of the marching band and have a passion for music.

Story by Megan Palmer



Old and new members prepare for a performance in Turpin Stadium.
Photo courtesy of Ciara Gibbs



Members of Tau Beta Sigma have fun during the RSO photo shoot.
Photo by Hannah Pettus



Diamanisha Betts, sophomore, Kelsy Baker, senior and Cody Hambly, sophomore prepare bags of candy to hand out to kids for Halloween.
Photo courtesy of Ciara Gibbs

Christopher Winn practices at band camp.
Photo by Hannah Pettus



Motto:
"Tau Beta Sigma for Greater Bands."

Founded:
March 26, 1946

Chapter:
Eta Pi

Flower:
Long-stemmed Red Rose

Chartered:
February 8, 1987

Colors:
White & Blue



Scholars' Council poses for a silly group photo.
Photo by Alexis Trosclair

organizations.



Photo by Christian Boudreaux



Photo by Jasmine Johnson



Photo by Brianna Fife

190-207 Registered Student Organizations

African American Caucus

Front Row: Tia Natore, Destinee Green, Cherish Wilson, Kaila Hebe, Macala Broussard, Jalacia Toussant

Middle Row: Kennedy, Shenequa Williams, Jo Fisher, Lydia Johnson, Paloma Beauchamp, Tiara Baker, Christall Bates

Back Row: Jordan Aery, Cameron Coleman, Jamien Sampson, Daveon Myles



American Chemical Society

Shreyashi Ganguly (Asst. Professor),
Génesis Rondón, Shelby Riedel,
Jimmie Magee, Rayvin Gaudet,
Daniel Rivera-Vazquez
(Asst. Professor)



American Criminal Justice Society

Front Row: Deja More (Vice President), Ashley Sims (Treasurer), Shelton Adams (President), Shelby Breedlove (Secretary), Christiana Pace (Treasurer), Kari Taffi (Intelligence Officer), Taylor Aucoin (PR)

Back Row: Kari Taffi, Russel Rivere, Johnathan Waguespack, Daniel Gordy(adviser), April Beck, Taylor Aucoon

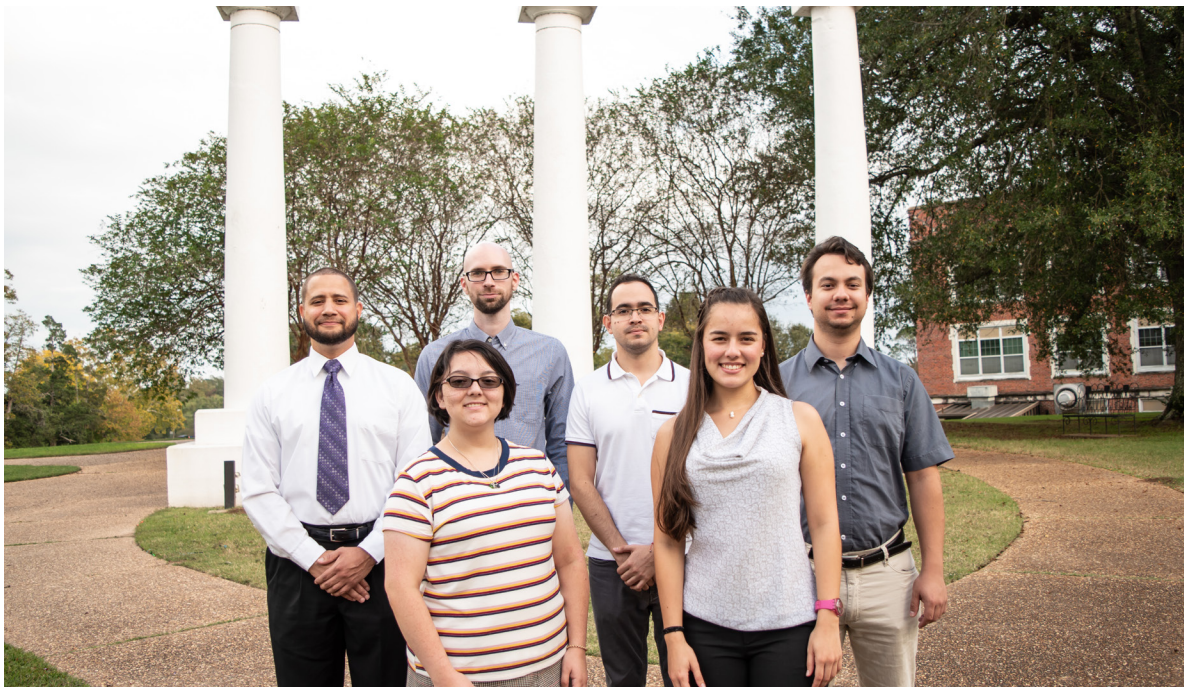




Alpha Epsilon Delta

Front Row: Sheridan Smith, Andrea Gathercole, Taylor Powell (Secretary), Bailie Marsh (Treasurer), Alanna Fox, Nicholas Parham

Back Row: Jordan Bringedahl, Maddison Benge, Samantha Simmons, Shannon Roussell, Dr. Curt Phifer (Advisor), Caleb Wester, Aron Stephens



AITP

Front Row: Emily Wiley and Mariana Ospina Rivas

Back Row: Anthony Jones, Jared Boydston, Sebastian Roldan Gomez, Hassik Vasquez Narvaez



Alpha Kappa Alpha

Kayla Rockett, Kelsey Frank, Jamie Brooks, Le'Kayla Smith, Azhani Bennett, Jamie French, Marquita Benjamin

Alpha Omicron Pi

Front Row: Brittney Jacob, Denee Smith, Emilee Keuten, Genna Higginbotham, Haleigh Vollmar, Brooklyn Martin, Rachel Chimento, Alison Garcia, Jacelynn LeBlanc, Lana West

Middle Row: Samantha Hebert, Hannah Pettus, Kalee McGuffee, Allie Neill, Alex Broussard, Madison Willet, Leann Willis, Alexis Dardar, Mary Gaffney, Grace Underwood

Middle Back Row: Virginia Falgoust, Julie Breaux, Jace Jordan, Mallorie Wilson, Allie Wintz, Morgan Gotte, Christina Poole, Taylor Powell, Stephanie Cohen, Hannah Boquet, Megan Palmer

Back Row: Shelby Callens, Leanna Coy, Elizabeth Peterson, Jenna Morris, Summer Didier, Kristen McQuillen, Nicole Cohen, Selina Rouzee, Rachel Edwards



Alpha Phi Alpha

Korey Cleveland, Gabriel Decuir, Cameron Colman, Jordan Aery, Matthew Craig, Jamien Sampson



Argus

Front Row: Lessie Walter (Design Editor), Catelyn Errington (Jr. Editor), Allie Atkinson (Assoc. Editor)

Back Row: Maddie Morrow (Copy Editor), Rebecca Macijeski (Faculty Advisor), Katie Rayburn (Editor in Chief), Chelsea Beasley (Jr. Editor)





Addiction Studies Club

Front Row: Acquiria Mitchell, Samantha Browning, Brandy Chapman, Kelsey Jordan (President)

Back Row: Andre Boyer (Vice President), Jonathan Simmons (Treasurer), John Collins (Secretary)



American Society of Microbiology

Briggs Simpson, Caleb Wester, Jordan Bringedahl, Samantha Simmons, Noah Baudoin, Shelby Riedel, Taylor Powell, Chris Lyles (Advisor)



Beta Alpha Psi

William Mahoney, Jessie Negrotto, Dalenesha Wimley, Donkeitia Swayne, Tristian Ponder, Imani Ricks Maina Mohammed, Jaylen Romain, Myles Nolley

Catholic Student Organization

Sheridan Douglas (Social Chair),
Kaitlyn Dunn (Hospitality &
Outreach Chair), Mikalyn Russell
(President), Hannah Dunn (Vice
President), Ciara Gibbs (Service
Chair)



Circle K

Front Row: Shelby Riedel, Maddison Benge, Nicholas Juneau, Rayna Brantley, Tayla Oliver, Destany Brown, Lara Schales, Alanna Fox

Back Row: Christian Bates, Caleb Krikorian, Annabelle Parker, Katelynn Benge



Cultural Exploration Organization

Jessie Negrotto, Maina Ibn-Mohammed,
Neil Garcia





Demon Dodgeball

Front Row: Jim Pliocolee, Casey Alfuth (Captain), Katie Rayburn (Captain), Garrett Holt, Amonio Corvear

Middle Row: James Evans, Kameron Dukes, Jacob Hawkins, Micheal Duke, Zaria Hunchison, Daidrion N. Jason

Back Row: Lamount Harris, Travon Jones, Isaiah Brown, Jordan Brown, Casey Jones, Felix A. DeJean V, Keivo Brown



Delta Sigma Theta

Vontresia Barber, Siera Sutton, Special Crawford, Jessica Colman, Ieshia Thomas, Ciera Bonvillian



Demons Support Demons

Mrs. Alexis Finnie (Advisor), Melissa Polizzi (President), Ashleigh Fedderman (Secretary), Alex Gautreaux (Vice President), Taylor Rose, Zoe Almaraz

Helping Hands

Front Row: Kayla Rockett, Shayla Duhon, Delorian Slate, Dalenesha Wimley, Diamond Knox-Jackson, Phynecha Richard, Heather Beckwith, Kendra Jones, Jasmine Poe

Back Row: Alanna Fox, Kelsey Gallow, Imani Ricks, Jermaine Collier, Lydia Johnson, Marquita Benjamin, Adrian Johnson



Kappa Alpha Order

Front Row: Beaux Pepiton and Christian Procell

Middle Row: Toby Fontenot, Kobe Jackson, Lake Lowrey, Mason Barnes, Dakota Schudalla, Johnathan Schluter, Matt Broekman, Lucas Darbonne

Back Row: Briggs Simpson, Blake Steelman, Daniel Dial, Alex Trotter, Coburn Ahrens, Matt Salinas, Dawson Cranford, Jackson Mccann



Kappa Alpha Psi

Jeremy Aaron, Darius Brock, James Gillyard, Darian Raymond, Caelon Powells, Jared West





Kappa Kappa Psi

Front Row: Daniel Miner, Izzy Melhado, Hykeem Beard, Dean Mayeux, Adriana Velarde, Zach Hevron, Kasey Dice, Lane Clevenger, Travis Carrell, Corbin Fontenot, Khairiq Frost

Back Row: Jordan Davis, Christian Henley, Kyle Siddle, Brandon Brumbelow, Cody Vorwerk, Matthew Howeth, Gustavo Corrales, Adam Normand, Nicholas Swank, Austin Beene



Kappa Phi

Front Row: Payton Romero, Emily Jilg, Abigail Vallery, Devin McCrory, Jaci Jones, Izola A. Williams, Raquel Gonzalez

Back Row: Kaitlynn Hammonds, Makayla King, Brianna Morosco, Madison Romero, Alexis Tresclair, Margaret Gates, Melissa Taylor



Kappa Pi

Jordan Johnson, Racheal Coyne, Alexis Trosdair, Logan Bellot, Jaliyah Jasper

KNWD

Front Row: Cade Mitchell, Je'Breanna Morgan, Laura Guzman, Taijha Silas, Elizabeth Perez, Ka'ihe Fisher

Back Row: Ashley French, Xavier Matthews, Brianna Corley, Cinnamon Player, Jasmine Frazier



La Belle Femme

Destiny Williams, Kierston Jackson, Jaimee Henderson, Kelsey Gallow, Jhonaë Thibodeaux, Shonesty Kinsey, Rayvin Gaudet, Acquiria Mitchell, Christian Langford



Lifted Voices

Front Row: JaRonda Griffin, Paige Ware, Maya Hooks, Te'Erin Rogers, Gabrielle Chapman, Chrissy Easter, Marlena Anderson, Jada Tolbert

Middle Row: Leroy Holmes IV, Joanna Fisher, Ciera Bonvillian, Donna Law, Janae' Hanible, Rayvin Gaudet, Alexis Moses, Brittani McClain

Back Row: Ashley French, Destiny Williams, Shawn Bradford, Caleb Allen, Acquiria Mitchell, Brittany French (President), Malayah Currie





NSU Rowing Team

Front Row: Lizhang Matuschka, Alexis Casarez, Pretty'unje Hunter, Kindria Payton

Middle Row: Emily Barnett, Madison Szekely, Madison Hanson, Mikayla Deloach, Holly Smith, Julia Laperouse, Kierra Linden

Back Row: Jalan McCullum, Tyler Kruthof, Hunter Bell, Ryan Johnson, James Prock, Paul Bryant



Phi Beta Sigma

Robert DeVold,
Marvette Williams Jr.



Phi Mu

Front Row: Mallory Mitchell, Alexz Hattier, Abby Hubbard, Amber Theisges, Hailey Davies, Lauren Hebert, Abby Billve, Whitney Joffrion, Emily Roller, Elizabeth Parker

Front Middle Row: Camera May, Taijha Silas, Aimee Boothe, Sarah Shiflett, Paige Cason, Alyssa Cole, Alyssa Bonacci, Rayne Canoe, Kaylan Campbell, Elise Viarine, Sadye Treadway

Back Middle Row: Claire Leming, Hunter Swent, Allison Williams, Erica Wade, Kaylan Beloso, Madison LeJeune, Dani Shuler, Kassidy Grantadams, Madeline Sotile, Katherin Lemoine, Alexis Hanson

Back Row: Brylee Brown, Jordan Bringedani, Christy Washington, Malaina Falgout, Madison Parker, Bailee Ramey, Mary Edna Tanksley, Hannah Robertson, Sarah Aviles, Lauren Quartz, Aubrey Gamble, Mackensie Ulrich, Kaylin Oliver

Pi Kappa Alpha

Front Row: Michael Phelps, Gavvett Cook, Gvayson George, Nick Hopkins, Triston Bussell, Jacob Ellis, Charles McClintock, Daniel Crews, Chris Sanders, Trey Kolb, Tyler Magnono, Ryan Gremillion

Middle: Thomas Young, Kyle Burns, Alex Melcer, Dylan Daniels, Hunter Horton, Spencer Tatum, Caleb Rhodes, Christian Mercer, Zach Roberts, Terry Brewer, Connor Zaldivar, Travis Mitchell, Blaise Corchet

Back: Michael Canal Jack Wright, Kenan Carroll, Aaron Sauell, Ben Behrendsen, Cody Coleman, Word Lindsey, Seth Vivvet, Dyllan Hawkin



Pi Kappa Phi

Front: Bruce Beth, Pierce Peairs, James Prock, Jonathan Castillo, Luis Ortiz, Terrell Newman, Preston Diaz, Christian Frost, Derekn Henry, JT Harrington, Christan Rodes, Aubrey Helton, Chance Humphries, Colton Campbell, Alex Hutchings

Back: Brennan Wilbanks, Karter Menard, Donta' Turner, Noah Baudoin, Zachary Linville, Kendall Normand, Eriq Carver, Jacob Guidry, Blake Blanchard, Char'Tarian Wilson, Joseph Magnan



Potpourri

Front Row: Cassie Philips, Rebekah Lorio, Mary Keran, Noel Cusick, Jasmine Johnson, Dara Woods, Megan Palmer

Back Row: Mekayla Jenkins, Christian Boudreaux, Katie Gallinghouse, Alexis Trosclair, Valeria Correa Meza, Jazzmyn Feagins, Brianna Fife, Hannah Durgin





Pride

Logan Bellot, Shamira Griffin, Jessica Clark, Gabriela Rodriguez, Samantha Burgess (Co - President), Elliot Angelo Davis (Co - President), Sabrina McKeithan, Taylor Rose, Haleigh Gates (Secretary / PR), Ashleigh Fedderman, Chelsea Laverdiere, Daveon Myles



Psychology Club

Front Row: Dellmar Matus, Jansen Chisley, Gabrielle Thomas (President), Ma' Kayleen Milson (Secretary) Terra Schwlwr, Allie Atkinson (Treasurer)

Back Row: Shenequa Williams, Choicelaun McClinton, Melody Woodward, Sara Hyatt, Andre Boyer, Maddison Benge, Jonathan Simmons



Scholars' Council

Front: Parker Randall, Melissa Polizzi (Vice President), Andrea Gathercole, Colleen Reese (Secretary), Baillie Marsh (Treasurer)

Back: Jordan Garcia, Deanna Villarreal, Makynlee Smith, Aron Stephens (Mentor Director), Logan Turner (President), Nicholas Parham

Sigma Sigma Sigma

Front Row: Harli Austin, Kaylon Wood, Parker Gwaltney, Hannah Perry, Kristen Breedlove, Juliana Garcia, Inda Gurley, Mary-Scott Pourciau, Peyton Spurgeon, Abbie Brady, Hannah Angell, Avery Tibbets, Skyler Martignetti, Andrea Gathole, Lanie Veuleman

Middle Row: Jourdan Waddell, Mckenzie Knots, Kylee Jackson, Katie Weeks, Sydney Smiley, Libby Blair, Bridget Miller, Alexis Dennis, Lilly Roach, Aubree Lampert, Courtney Chancellor, Shelby Martinez, Elizabeth Colman, Jenna Fielder, Abby Reynolds, Katie Cole

Back Row: Lauren Biehler, Shelby Cambre, Kelsi Horn, Emmy Hinds, Sidnie Kendrick, Emily Miller, Meredith Phelps, Alanna Woodel, Sarah-jane Ladut, Brittany Fendall, Madison wallace, Katie Kennedy, Sophia Toranto, Sydney Bulot, Haley Sylvester, Mallory McConathy



Speech and Debate

Left to Right: Chad Jones, Dorian Elaine Eaton, Roxy Easley, Kelsey Jorda, Tai A. Fletcher, Valerie Kuzawinski, Kaleb Gauthier, Brianna Harper Howard, Julian Shum



Student Activities Board

Front Row: Emily Benoit (PRA), Brea Housley (President), Kennedy Cullen (Business Manager)

Middle Row: Trent Starks, Caelon Powells, Maya Porter, Camren Green, Reagan Escude, Darius Brock

Back Row: Juwan Manuel, Char Wilson, Keiona Guy, Destany Brown, Noel Cusick, Tore'a Taylor, Jhalon Thomas, Tarik Andrus





Students for Animal Protection

Front: Connor Littleton,
Tylor Juarez, Ashlee Elliott

Back: Denice Hollis, David Blakesley,
Alexis Trosclair, Samantha Browning



Student Government Association

Front: Nick Hopkins, Cherish Wilson,
Emilee Leger, Leann Willis, Elizabeth
Coleman,
Phynecha Richard, Trinity Velazquez,
Lara Schales

Middle: Jacob Ellis (President), Kaila
Herbert, Sydney Anderson, Alexia Rubin,
Tori Spraggins, Korey Cleveland, Michael
Phelps, Anson Ballow, Thomas Celles,
Kristen Prejean

Back: Jacob Hammons, Hayden M.
Pilcher, Cam A.S. Coleman, Caleb
Rhodes and Robert Devold



Student National Association for Teachers of Singing

Front Row: Jarryd Gutierrez,
Kimi Murray, Amanda Charles, Nadya
Cesario, Emily Adams,
Lee Whitney

Middle: Jacqueline Garcia,
Sarah Palmintier, Morgan McCrory,
Theresa Sharp, Michelle Moline,
Emily Saldivar, Colin Vedros

Back: Michael Martin,
Jayvian Bush, Mikayla Richardson,
Zachary Moreau

Tau Beta Sigma

Front Row: Lydia Varisco,
Kelsy Baker, Nyasha Brown,
Anayah Joesph, Emilee Hawkins,
Destinee Leger, Victoria Rodrick,
Ciara Gibbs, Montana Ward,
Diamanisha Betts

Back Row: Alissa Joseph, Savan-
nah Stevens, Eric Pannell II, Zack
Killingsworth, PJ Trichel, Cody
Hambly, Chris Wynn, Taylor
Burch, Dilaney Deroche, Kylie
Spivey



Tau Kappa Epsilon

Front Row: Austin Dodson, Austin
Waldon, William Creamer, Damon
Carter, Mckenzie Castille

Back Row: Tai Fletcher,
DaVetric Denagall, Micheal Weaver,
LaJarious Jones



The Current Sauce

Front Row: Keator Poleman, Trinity
Velazquez, Cassie Phillips, Anthony
Renteria

Back Row: Matthew Craig, Maina
Mohammed, Jacob Bennett, Kierstin
Richter





Theta Chi

Joe Tappel, Mac McIntee, Dakota Brogdon, Will Jensen, Victor Lopez, Kirhawnte' Dudley, Christian Boudreaux



Zeta Phi Beta

Front Row: Dara Woods, Latrice Smith, Alaijha Trim, Charity Wesley, Ta'Kea Dorsey
Back Row: Jazzmyn Feagins, Treniya Wadley, Alexis Taylor, Kenya Gradnigo

all in the mix

Reserved organizations host many events throughout the school year to encourage spirit, serve the community and bring students together.

• Bid Day

- Members of Kappa Phi host their bid day to welcome the new members.
- *Photo by Alexis Trosclair*



• Greek 1010

- Two Kappa Sigma members promote their fraternity at Greek 1010.
- *Photo by Kennedy Davis*



• Quidditch Wand Making

Students attend a "Harry Potter" inspired event created by the Quidditch team to make wands.

Photo by Alexis Trosclair



• N-Side View

Members of Alpha Lambda Delta host a booth at N-Side View, an event held to encourage new students to join the university and learn about the organizations.

Photo by Mekayla Jenkins

• Homecoming Parade

Members of Kappa Alpha Order participate in the Homecoming parade on Front Street in their western attire.

Photo by Alexis Trosclair

Attack of the Bands

A member of KNWD paints Mickayla Love's face during Attack of the bands, an event hosted in spirit of Halloween.

Photo by Valentina Perez Espinosa

Patriot Day

- Student Government Association president Jacob Ellis attends Patriot Day alongside R.O.T.C.

Photo by Chris Reich

Rowing Competition

- NSU Crew rows their boat in a competition on Cane River.

Photo by Brianna Fife



Student Services Browse

A member of Student Activities Board introduces the organization to new students in the Student Union Ballroom.

Photo by Chris Reich

MLK Jr. Day March

Students and members of multiple organizations attend a march to the Kyser Brickway in honor of Martin Luther King Jr. Day.

Photo by Christian Boudreaux



Freshmen ride the water
slide after Color Chaos.
Photo by Chris Reich

people.

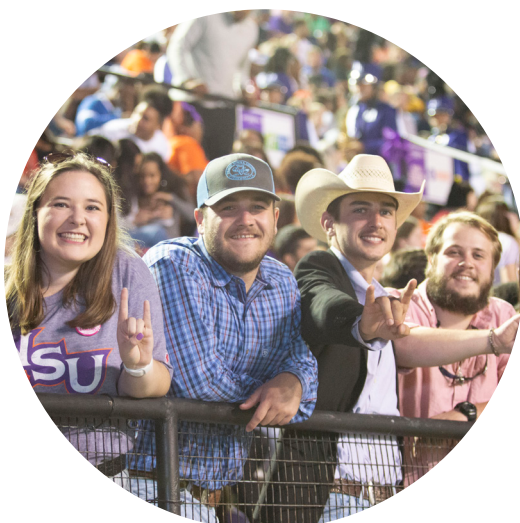


Photo by Alexis Trosclair



Photo by Chris Reich



Photo by Mekayla Jenkins

210-215 Faculty and Staff Portraits
216-239 Student Portraits



Ali Ahmad



Jonathan Akin



Jafar AlSharab



Landon Amberg



Krisi Amsden



David Antilley



Michael Antoon



Katheryn
Arterberry



Marilyn Barr



Kirsten Bartels



Erin Bates



Begona Perez-Mira



Kiley Bell



Jody Biscoe



Alice Blue



Rebecca Boone



Stephanie Bordelon



Rachel Branton



Brent Thomas



Jerry Brunson



Michelle Brunson



Kenneth Burns



John Byrd



Yvette Ceasar-
Williams



Rosa Cervantes-
Hernandez



Winde Chambers



Xinjia Chen



Paula Christensen



Paul Christopher



Debra Clark



Patricia Clark



Danielle Conde



Frances Conine



Katie Coody



Kari Cook



Jason Cooper



Casia Correlas



Corbin Covher



Reatha Cox



Shayne Creppel



Jon Croghan



Tammy Curtis



D'Nissa Hester



Sam Damio



Ahmad Darvish



Catherine Davidson



Matt DeFord



Myranda Degraw



Kendall Delacerda



Arthur Dew



Cynthia Doffitt



John Dollar



Susan Dollar



Barb Duchardt



Anna Dugas



John Dunn



Dorian Elaine
Eaton



Chris Eding



Van Erikson



Dawn Eubanks



Becky Farmer



Christine Ferrell



Alexis Finnie



Benjamin Forkner



Paula Furr



Brian Gabrial



Kimberly Gallow



Shreyashi Ganguly



Anna Gasperecz



Christopher Gilson



Ben Gleason



Daniel Gordy



Greg Granger



Samantha Grant



Tommy Hailey



Frank Hall



Sid Hall



Geanie Hamlin



Callie Hammonds



William Hansen



Brenda Hanson



Tom Hanson



Marcia Hardy



Jessie Harr



Rebecca Harrell



Carolyn Hartt



Katarina Haymon



Sontonia Helaire



Pam Hetherwick



Deborah Hickman



Joel Hicks



Dianna Hill



Jennifer Hill



Jennifer Hodges-Crowder



Michelle Holcomb



Eddie Horton



Shahriar Hossain



Carla Howell



Chialing Hsieh



Collier Hyams



Rafiqul Islam



Leah Jackson



Windy Jaep



Ereck Jarvis



Mae Jaworski



Maxine Johnson



Anne Jones



Katerina Jordan



Stacey Joslin



Bridget Joubert



Tyler Junell



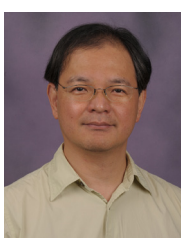
Margaret Kilcoyne



Adrion Knight



Martha Koury



Masahito Kuroda



Phyllis Lear



Lauren Leger



Kim Johnson Liner



Karen Loach



Chris Lyles



Li Ma



Anna MacDonald



Hank Maddox



Chris Maggio



Millard Mangrum



Beth Mann



Sam Marshall



Terri Marshall



Stephanie Masson



Ron McBride



Davina McClain



Lien McGehee



Barbara McGill



Cindy McGuire



Debbie McInnis



Buddy Melancon



Mark Melder



Catherine
Merchant



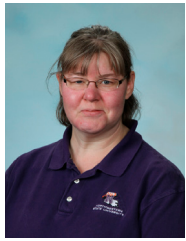
Stephen Merrill



Jennifer Michael



Diane Mobley



Anna Morris



Joe Morris



Angelia Nichols



Linda Nichols



Emily Owens



Melinda Parnell



Jessie Parr



Vicki Parrish



Yonna Pasch



Demarius Payne



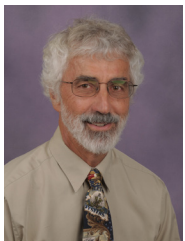
Vivian Pedroza



Curtis Penrod



Lily Pharris



Curt Phifer



Chenelle Pillette



Lindsay Porter



Jason Powell



Elizabeth Prejean



Courtney Rachal



Zeljko Radulovic



Courtney Reger



Erica Reynolds



Thomas Reynolds



Allison Rittmayer



Daniel Rivera



Susan Roberts



Galindo Rodriguez



Yohaselly Santiago-Rodriguez



Michael Scanlan



Karalee Scouten



Juanita Self



Debra Shelton



Carrie Smith



Kathleen Smith



Susan Snell



Shirley Snyder



Vashaun South



Allyson Spence



Lucky Sprowl



Stephanie Stanton



Becky Stephens



Katie Summerall



Tiffany Summerlin



Artie Sutton



Mark Swanstrom



Krystyna Tabor



Mary Beth Tarver



Chad Thibodeaux



J Mark Thompson



Shelia Thompson



Susan Thorson-Barnett



Robert Turner



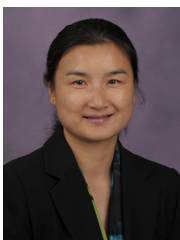
Danny Upshaw



Anna Kathryn Vaughn



Maggie Welch



Weiwan Liao



Mary Linn Wernet



Rebecca Weston



Taylor Whitehead



Tommy Whitehead



Tiffany Williams



Mariann Wilson



Sharon Wolff



Brenda Woodard



James Woodard



Lynn Woods



Sarah Wright



Michael Yankowski



Michael Young



Mary Zapczynski



Emily Zering



Yakira Adams



Jessica Adcock



Jordan Aery



Dayjah Alexander



Devin Alexander



Madison Alexander



Mark Alexander



Laura Alford



Kayla Alfred



Travis Allen



Treyvion Allen



Rayshaughn Amant



Tyler Anders



Cedric Anderson



Darryl Anderson



Marlena Anderson



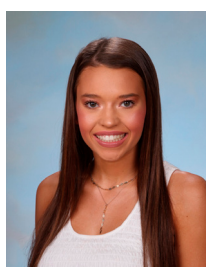
Sydney Anderson



Trey Anderson



Nicole Andrews



Hannah Angel



Marco Arevalo



Emily Arnaud



Amie Ashworth



Taylor Aucoin



Phillip Augustine



Rebekah Aultman



Annalise Austin



Harli Austin



Raven Bacon



Yazmeen Bader



Courtney Baggett



Taylor Bailey



Allie Baker



Alexis Baleuena



Morgan Ballot



Anson Ballow



Adam Barnes



Jayde Barnett



Christall Bates



Melvin Bates



Ashley Batey



James Batiste



Noah Baudoin



Cierra Baynham



Andrew Bazar



Bailey Beard



Jayla Bearfield



Chelsea Beasley



Haley Beason



Paloma Del Mar



Serenity Beavers



Ashton Behrendson



Shakayla Bell



Jasmine Bellow



Kaylan Beloso



Jacob Bennett



Bruce Beth



Amanda Billu



Nicholas Blood



Alisha Bolton



Haley Bonano



Niewesley Booker



Keylee Boone



Shelby Booth



Hannah Boquet



Christian Boudreaux



Loren Bourgeois



Tabatha Bowlin



Susan Bradford



Joe Bradley



Kevin Branch



Tanner Brazil



Meagan Breaud



Rianna Breaud



Julie Breaux



Zachary Breaux



Jamely Brewster



Jordan Brisco



Lauren Briscoe



Desean Britton



Darius Brock



Arneshia Brooks



Leta Broome



Justin Broussard



Braxton Brown



Hilton Brown



Journi Brown



Marquise Brown



Matthew Brown



Nyasha Brown



Samantha Browning



Manita Brownmoses



Richard Brumbelow



Catherine Bryant



Kaela Bryant



Madison Bryant



Paul Bryant



Madison Budnik



Savanna Budnik



Morgan Burris



Kourtney Busby



Kennedy Butler



Brandon Cagle



Latasha Cain



Chelsea Caldwell



Tabetha Caldwell



Shelby Cambre



Taylor Camidge



Tamika Cang



Celeste Cantu



Mitzi Carmouche



Ameliah Carpenter



Erik Carver



Diana Cassels



Jonathan Castillo



Elias Castro



Lacey Cazelot



Courtney Cedotal



Thomas Celles



Delincy Chambers



Angel Chavez



Jansen Chisley



Destinee Christie



Dakota Chudalla



Jessica Clark



Jessica Clark



Joshua Clark



Emmaleigh Cleary



Amanda Cloud



Sara Coates



Ashlyn Cobb



Darlene Cody



Marquan Colbert



Katie Cole



Cameron Coleman



Cody Coleman



Elizabeth Coleman



Jessica Coleman



Kyle Coleman



Quintarius Coleman



Jermaine Collier



Christopher
Constance



Kristi Contreary



Brandi Corkern



Kaylie Couch



Leanna Coy



Rachel Coyne



Kiley Cradeur



Matthew Craig



Cheyenne Crane



Special Crawford



Blaise Crochet



Madison Crooks-
Saucier



Kennedy Cullen



Noel Cusick



Valerie Cuzawinski



Luther Dallas



Jasmine Dansby



Sara Daquilla



Lucas Darbonne



Katrina Darby



Alexis Dardar



Serdalyer Darden



Brooke Dauzat



Hailey Davies



Elliot Davis



Joslyn Davis



Kennedy Davis



Landry Davis



Natteria Davis



Rhiannon Nicole
Dean



Gabrielle Decuir



Sarah Deggs



Ajeahnell Dempsey



Robert Devold



Kristopher Devore



Summer Diddier



Austin Dismer



Andrienne Dore



Brianna Dorsey



Alli Douet



Sheridan Douglas



Falon Drake



Madeline Drake



Jessica Dubose



Jada Dudley



Samantha Duhon



Shayla Duhon



Julia Dunn



Michael Dupre



Hannah Durgin



Ashley Dworkin



Jasmine Ealy



Jess Easley



Roxy Easley



Jomil Edison



Ayrianna Edwards



Geordan Edwards



Donshae Eldridge



Ashlee Elliott



Jacob Ellis



Sierra Evans



Virginia Falgoust



Erin Fallis



Chloe Farrar



Emaia Faulkner



Ashleigh Fedderman



Brittany Fendall



Selena Ferguson



Jenna Fielder



Tykiera Fikes



Yasmin Filer



Peighton Fisher



Amye Flair



Jamie Flinch



Kelly Flores



Walter Floyd



Kaitlyn Fontenot



Jesikah Ford



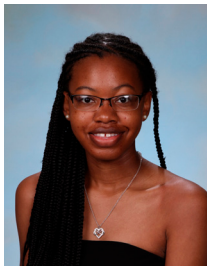
Kelvina Ford



Nicholas Forde



Adam Fowlkes



Alanna Fox



Kelsey Frank



Jeffery Frasier



Jasmine Frazier



Caroline Fudge



Dylan Fusilier



Julio Galvin



Ashley Gammage



Juliana Garcia



Neil Garcia



Averi Gardner



Tricha Garlington



Racheal Gaude



Alex Gautreaux



Mary Gibert



Jayla Gilmore



Haleigh Giorlando-Wall



Hannah Gollow



Katherine Goodman



Lauren Gore



Precious Gowins



Kayla Granger



Kara Grantadams



Kassidy Grantadams



Audrieanna Green



Camren Green



Destinee Green



Katherine Greenmun



Jacqueline Gross



Darius Groves



Reagan Guillory



Mary Guimaraes



Inda Gurley



Lindsey Hagan



Laiken Haggart



Melissa Hampton



Madison Hanson



Ashtyn Hare



Kelsey Harlow



Lemount Harris



Madison Harris



Noah Harris



Seth Hartsfield



Peyton Harville



Gabrielle Hasley



Keaton Hattaway



Deshon Hayes



Regan Hazelton



Savanna Head



Karley Hebert



Lauren Hebert



Zaria Henderson



Derek Henry



Madeline Hensley



Alyzcha Hentz



Taya Hester



Zachary Hevron



Albert Hewitt



Maximilian Hibbs



Kelli Hickerson



Rebecca Hickson



Genna Higginbotham



Amanda Hill



Devin Hilliard



Jennifer Hitt



Alexis Hoeltje



Torri Hollis



David Holmes



Maya Hooks



William Hooper



Nicholas Hopkins



Kelsi Horn



Matthew Howeth



William Humphries



Prettyunje Hunter



Maina Ibn Mohmmmed



Alphonse Ingram



Megan Jacks



Denise Jackson



Jasmine Jackson



Kierston Jackson



Leigha Jackson



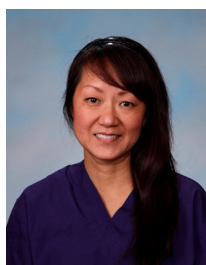
Nichelle Jackson



Qualantre Jackson



Samia Jackson



Corina Jacobson



Daidrion Jason



Christian Jeansonne



Raven Jeansonne



Renieca Jenerette



Khari Jenkins



Kiara Jenkins



Aric Johnson



Ashlyn Johnson



AiLexus Johnson



Caitlin Johnson



Carly Johnson



Christiana Johnson



Drake Johnson



Faith Johnson



Hannah Johnson



Jonah Johnson



Kaijah Johnson



Lydia Johnson



Nadia Johnson



Tawanda Johnson



Victoria Johnson



Zachary Johnson



Brianna Jones



Heather Jones



Isabella Jones



Kendra Jones



Kimberly Jones



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Nicholas Jones



Racheal Jones



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Makayla King



Sydney Kircher



Ashtyn Knapp



Kaitlyn Knighton



Hannah Knoff



Makenzie Knotts



Ashante Knox



Dalton Kopp



Laura Lachney



Zachary Lacombe



Aubree Lampert



Lydia Lanassa



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MacKenzie Langen



Elizabeth Langley



Katherine Langlois



Daniel Larin



Mikala Lark



Chatterika Lavalais



Lauren Layton



Jacelynn Leblanc



Elizabeth Ledet



Sarajane Ledut



Jakayla Lee



Jaleah Lee



Tamara Leeper



Jenna Lege



Mikayla Lehane



Claire Leming



Katherine Lemoine



Carlomagno Leon
Jimez



Nora Lersch



Mallery Lester



Tyrone Levi



Alana Lewis



Hunter Lewis



Nikya Lewis



Kierra Linden



Caitlin Lister



Taylor Littleton



Nathaniel Llorens



Edtrevious Lloyd



Kyla Lockhart



Dillan Lofton



Zachary Long



Rebekah Lorio



Mickayla Love



Naya Loyden



Kallye Lutz



Tiffany MacK



Bryttani MacNamara



Tyler Magnano



Sarah Makin



Diego Maldonado



Tyrenca Mallery



Alba Maloff



Ellie Mandel



Deshonta Manning



Maxwell Martello



Arielle Martignetti



Brooklyn Martin



Caitlyn Martin



Jaylen Martin



Joseph Martin



MacI Masters



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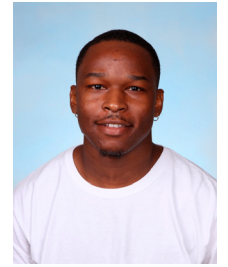
Braneshia Payton



Megan Pellegrin



John Alex Perkins



Treveon Perry



Victoria Peterson



Hannah Pettus



Michael Phelps



Preslie Phelps



Cassandra Phillips



Alexandra Piedrahita



Kathryn Pierce



Patrick Pierce



Hayden Pilcher



Andrew Pitari



Finnley Plaster



Cinnamon Player



Melayna Poche



Abigail Poe



Jasmine Poe



Jonah Poe



Heather Post



Amber Powell



Cora Procell



Richard-Jayson Puzon



Lauren Quartz



Carmen Rachal



Shalondria Rainey



Lillian Rainwater



Tanner Raphael



Daniel Jose Rascero
Rocha



Bailee Rattanachai



Bailey Rech



Donkeira Reese



Eric Renova



Anthony Renteria



Abigail Reynolds



Christian Rhodes



Robert Rice



Meghan Richard



Phynecha Richard



Sierra Richard



Shelby Riedel



Charlotte Rivara



Lilly Roach



Brooke Roberts



Hannah Robertson



Hayden Robertson



Kayla Rockett



Charles Rogers



Marcia Rogers



Reagan Rogers



XiZavier Rogers



Madison Romero



Payton Romero



Selena Rose



Taylor Rose



Tiffany Rose



Kaitlin Roshto



Caleb Ross



Chloe Rouleau



Robert Roy



Melina Royer



Alexia Rubin



Amanda Rushing



Daniela Salas



Matthew Salinas



Jamien Samson



Jameelah Sanaany



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Gabrielle Savoy



Bailey Scarborough



Heather Schiller



Terra Schulze



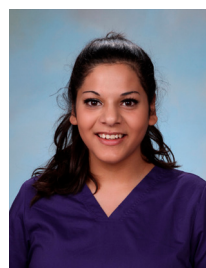
Sarah Seargent



Jordan Sensat



Aubrey Sepulvado



Jinger Sepulvado



Kaitlyn Sepulvado



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Savannah Sices



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Shacora Simpson



Ashley Sims



Kariah Sisk



Emily Sitarz



Delorian Slate



Erik Sluss



Cheyenne Smith



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Jameria Smith



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Lastaria Smith



Latrice Smith



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Cole Spooner



Tori Sprains



Peyton Spurgon



Trenton Starks



Savannah Stevens



Makinlee Stevenson



Kaylee Stewart



Kira Stewart



Terrence Stewart



Ashley Stracener



Brenda Stracener



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Shelby Sullivan



Savannah Swain



Madison Szekeley



Trevor Tackett



Sarah Talbott



Alexis Taylor



Alexis Taylor



Arial Taylor



ToreiA Taylor



Hannah Terrell



Emma Terry



Rachel Terry



Rodnisha Terry



David Thibodeaux



Ieshia Thomas



Jordon Thomas



Tyler Thomas



Breyonna Thompson



Chinna Thompson



Enonedria Thompson



Laken Thompson



Lauralyn Thompson



Savannah Thompson



Tyler Thompson



Elizabeth Touchet



Jalacia Toussant



Ramsey Treadway



Giselle Trejo



Alexis Trosclair



Khaioa Tucker



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Madison Wallace



Chase Waltz



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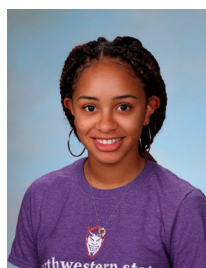
Lexus Weston



Pamula Whicker



Alecia White



Gaylin White



Heather White



Sarah Kay Whitehead



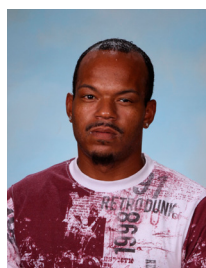
Connor Whitney



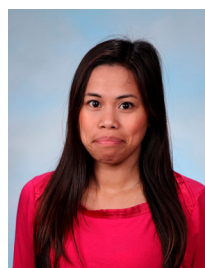
Joshua Wiggins



Erin Wiley



Jamarcus Wilkerson



Alalaberta Williams



Allison Williams



Casey Williams



Emily Williams



Izola Williams



Jada Williams



Joseph Williams



Kawonda Williams



Lyshaquala Williams



Rakeen Williams



Sarah Beth Williams



Travonn Williams



Madison Willis



Leann Wills



Avonna Wilson



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Camika Wilson-Price



Cierra Winch



Jordan Winston



Ashley Wisthoff



Courtney Wisthoff



Kailey Wisthoff



Alanna Woodel



Jewel Woods



Jack Wright



Kelsey Wrightmeyer



Samira Wylie



Amanda Wyndham



Damian Yarborough



Taylor Young



Thomas Young



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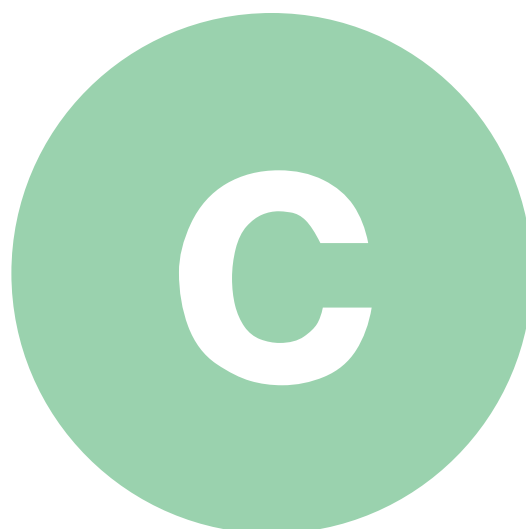


Samantha Zinkievich



Student athletes and members
of the Presidential Leadership
Program write thankful notes on
Thank-A-Donor Day.
Photo by Chris Reich

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letter from the editor.

I don't really know what to write a letter, but here it goes.

Yearbook has been a part of my life since I discovered it in high school. It's part of the reason why I have history as my minor. Seeing how much a place has changed has always interested me because it could dramatically change or not much at all.

George Santayana, a philosopher and writer, said, "those who cannot remember the past are condemned to repeat it." This has resonated with me and my passion for yearbook.

History is a deep part of who we are as humans.

Without it we can not learn from our mistakes or better ourselves. I didn't know what a yearbook was until I went to my alma mater, Many High in Many, LA. There I had the chance to make a book of my school-mates' memories.

Mr. Kyle Shirley, my high school yearbook teacher, taught me so much about what a yearbook should have and what goes into it. One important lesson I learned was that just because a page looks good doesn't mean it can't still be improved. He was also the one who pushed and helped me with my application for the 2016-2017 NSU student media freshman scholar.

As you can probably tell from how this story is going I was chosen.

I have worked in the different areas of yearbook since then, and I can tell you that without one the others can't function. Without photos

and stories, the pages would be blank. The design of the pages brings everything together in a large book that tells the lives of students, faculty and communities. The history of NSU and its communities lie within the pages of our yearbook for all to see in years to come.

When the opportunity came to be editor, I hesitated to turn in my application. It was the people who believed in and pushed me that I put my application in and sat nervously in front of a bunch of people I barely knew to be interviewed. I didn't have a game plan, nor did I know what to say. I just answered what I knew in my heart of how I envisioned what the next yearbook should be.

Being editor was very challenging to say the least.

It brought me out of my comfort zone and made me do things that I never thought I could. There have been many nights where I felt like giving up, but knowing that I am literally helping make history keeps me going. There were so many themes that I wanted to use, but one stuck out to me the most.

For this yearbook, I have chosen the title and theme of "self-titled." because everyone has their own story to tell. The simplicity behind the book is what shows off the contents to their fullest potential. The stories and pictures give a visual to who the people of NSU are. The Potpourri is a representation of the NSU and Natchitoches communities.

Since I could not have made this

book on my own there are many people I need to thank.

To Cassie, for being there to calm me down when I needed the reassurance that the book would be done. For putting up with my outbursts and putting in so much into making the book amazing.

To Kenneth, for being my psychologist when I needed it and voice of reason for when difficult decisions needed to be made.

My fall and spring staff members, for their dedication towards the yearbook. Without them the book would not have been possible.

To the next editor, be ready for what this job will bring. It is a wild ride, but it is so worth it in the end when you hold your baby.

To my boyfriend Stewart Wheeler, who put up with my stress and celebrated with me on my accomplishments

To my sorority sisters who have been there for me

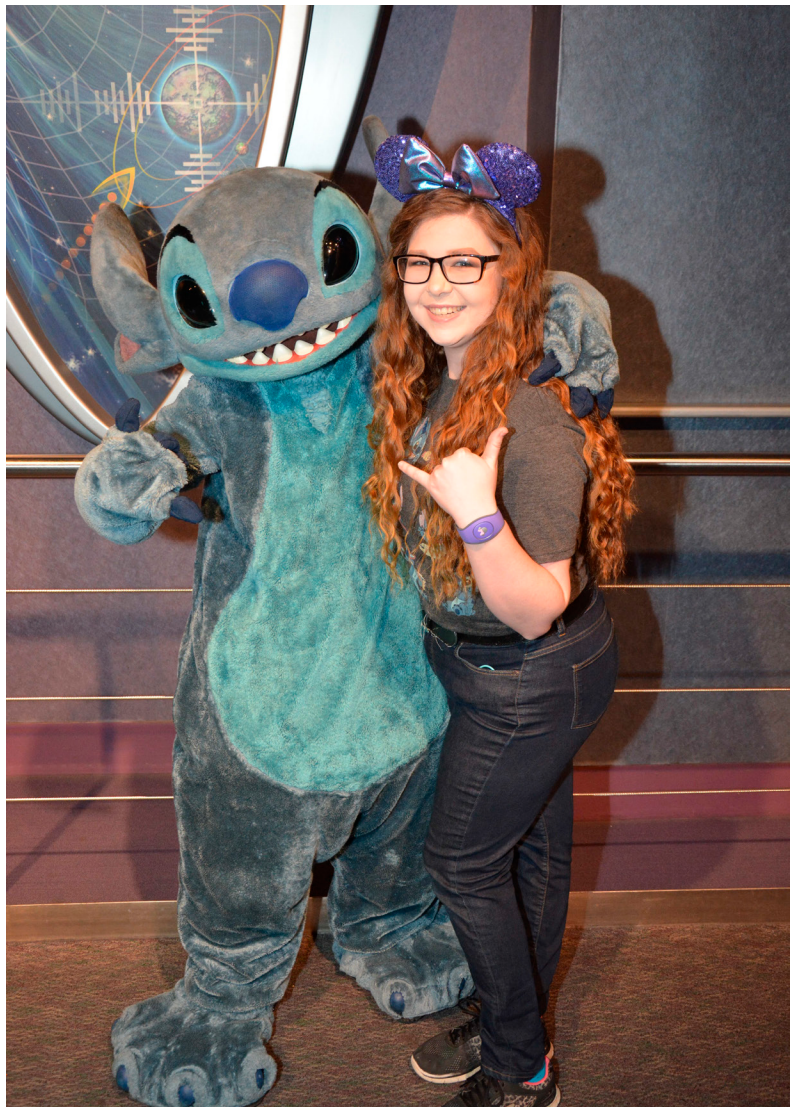
And last but not least, God who I know is shaking his head at watching me acting like a chicken with its head cut off during these past few weeks.

Thank you NSU for giving me the chance to make sure that the memories of today will be shown for years to come. I am very glad to experience what it means to be an editor and a historian.

Thank you NSU for everything and Fork 'em Demons.

Yours Truly,
Megan Palmer





• • • the staff of potpourri • • •

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Dara Woods



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Not pictured: Rachael Coyne and Haleigh Gates

Engaged
Students gather
around the piano in
the Student Union to
practice a song.
Photo by Chris Reich



colophon.

The Potpourri is the official yearbook of Northwestern State University and is staffed entirely by students with the guidance of an adviser. It is on its 108th volume. The content covered runs from March of 2018 to March of 2019.

The 2018 Potpourri is 256 full-color pages with a press run of 2,500. It features 7 sections: student life, athletics, academics, greek life, organizations, and people. The staff used Adobe Creative Cloud software (InDesign, Photoshop, and Bridge) on Apple Computers running OS X to design and submit all pages. Pages were submitted electronically via Balfour Tools Adobe extension.

In the people's section, faculty and student portraits were taken on campus by Romaguera Photography. The organization photos were taken by the photographers of the Potpourri staff. The official photographer of Northwestern State is Chris Reich.

The major fonts used were Puschkin, CosmosXCondTP and GenesisT. Headlines were usually set in Puschkin at 72 point. Subheads were set in CosmosXCondTP at a range of 18-24 point. Body copy and captions were set in GenesisT at 10 point on 11 point leading. Photography credits were set in GenesisT and italicized at 10 point. The folio page numbers were set in Puschkin at 16 point.

The cover was designed by Cassie Phillips and Megan Palmer. The cover is soft-touch laminated with a clear silk screen. The endsheets were designed by Cassie Phillips and printed in full color.

This year's yearbook is an ode to simplicity. Due to Northwestern State's largest enrollment in history, we want to make plenty of room for inclusion. The definition of a potpourri is a sort of mixture or variety. Our staff's goal is to represent the large amount of diversity present on our campus. The student body is brought together as one to create the mix that Potpourri embodies. As a staff, we keep the story fresh while maintaining the everlasting brand. The yearbook's name says it all. Potpourri is owning up to its title through the self-titled theme. We are Potpourri, period.

The 2019 Potpourri was printed in Dallas, Texas by the Balfour Publishing Company.

All full-time students (12+ hours) of any Northwestern State campus enrolled in the fall 2018 semester may receive a book. Those students who did not pay the student association fee in the fall or those wanting additional copies may purchase a copy. Those wishing to have a book mailed to them may submit their mailing address as well as pay a shipping and handling fee to advisor Kenneth Burns at 225E Kyser Hall, Northwestern State University, Natchitoches, LA, 71497. The 2019 and past editions can also be found in PDF format at www.nsula.edu/newmedia/student-media/the-potpourri/.

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Daeshon Gordon

8/20/1996 - 10/21/2018

Daeshon Gordon, who was completing her undergraduate studies at Northwestern State after finishing a remarkable collegiate track and field career in the spring, suddenly passed away in Oct. 2018.

"[She was] a phenomenal young lady," said NSU President Chris Maggio. "She represented the university at the highest levels as a student athlete. Our thoughts and prayers are with her and her family during this tragic time, as well as the Northwestern track and field family."

Gordon was a two-time All-America hurdler at LSU who transferred to Northwestern State and starred for the Lady Demons in the last two seasons. The 22-year-old Communications major, a native of Jamaica who lived with her family in Pompano Beach, Florida, was a four-time Southland Conference hurdles champion who also ran on a Southland champion 4x100 meter relay team as a senior.

She earned two honorable mention All-America honors in June at the NCAA Outdoor Championships, in the 100-meter hurdles and in the 4x100 meter relay, in her final competition for NSU. It was the first time the Lady Demons qualified a relay team for the national meet, which includes the top 24 performers in each event from around the country.

"Our hearts go out to Daeshon's family, and to our track and field family, at this extremely difficult time," said Greg Burke, NSU's director of athletics. "There are no words to express the feelings that so many have when a young life ends abruptly and much before its time."

"Daeshon was a fierce competitor and a great teammate. I cherished the connection that she and I had that grew even stronger after she completed her eligibility in June and told me she was determined to be the first female member of her family to earn a college degree. I ask that the NSU Demon family keep Daeshon's family and our track and field program in their thoughts and prayers."

Gordon set the Lady Demons' school record in the 100 hurdles with a 13.04 time in the NCAA semifinals. She broke the school 60-meter hurdles record indoors in February, clocking 8.15, also a Southland Conference record. She swept the 60 hurdles titles at the Southland championships in her two seasons at NSU and had the seven fastest times in the event in school history.

She was runner-up for High Point Scorer honors at the Southland Conference Outdoor Championships in May, scoring 22.5 points by sweeping the 100 and 400 hurdles titles and running the lead leg on the winning 4x100 relay team.

Gordon's winning 58.83 mark in the 400 hurdles at the Southland Outdoors was the second-fastest time in school history. She was part of a school-record 4x200 relay team in 2017 (1:35.70 at the Texas Relays), while helping the 2018 Lady Demons post the second-best 4x100 relay mark (44.74) at the NCAA East Preliminary Round to punch their ticket to the national meet. Gordon also rank on 4x400 relay combinations that ranked fourth (3:38.82) and fifth (3:39.16) all-time at NSU.

Gordon was the 2017 Southland Conference Indoor Women's Newcomer of the Year.

At LSU, she earned a pair of All-America awards as a freshman in 2015 in the 100-meter hurdles and in 2016 indoors in the 60-meter hurdles. Her 8.04 mark as a sophomore in the 60 hurdles ranks seventh in LSU history and her 57.24 in the 400 hurdles in her freshman season was 10th on the Tigers' all-time list.

Gordon was a bronze medalist for Jamaica in the 2015 Pan Am Junior Games in the 100-meter hurdles, and was training to challenge for a place on her native country's 2020 Olympic team. She was the top-ranked prep hurdler in Florida in 2014.

She aspired to be an elementary school teacher. She is survived by her parents, Miranda and Deron Gordon of Pompano Beach.

Press Release by Doug Ireland, Assistant Athletic Director/Sports Information Director

Photos courtesy of NSU Sports Information and Chris Reich

in loving



memory

Elizabeth Ann Monaghan

7/13/1997 - 10/21/2018



Elizabeth "Beth" Ann Monaghan was unfortunately, the most recent of the two students that we lost during the semester. Beth was in her final year, and she maintained a 3.7 GPA majoring in Veterinary Tech while participating in campus choir because of her passion for music.

"Beth was the kind of person you value in an ensemble. She was a faithful member, she participated, and she has a lovely voice," said Michael Rorex, associate professor in the music department and Beth's choir director. He also mentioned how quiet and always prepared she is. "She seemed to enjoy what she was doing," he said.

Because Beth was a Vet Tech major, Rorex only got to see her during choir. He rarely has close encounters with her.

"I did not know her very well, there are 70 people in the choir. I had a close encounter when she was auditioning," Rorex said.

"Music is something I think she enjoyed because I looked at the records and she never missed a class," he said.

Carole Lightell, Beth's close friend, spoke at the NSU's memorial held for Beth. She told a funny story about how they took a wrong turn coming back from Shreveport and ended up in Monroe.

"She was very sweet, very quiet and always had a smile on her face, always. If I think about it for too long, I start to cry. I have been doing a bit better though."

Beth's aunt, Holly Horn Broussard, in a short GoFundMe article said, "Beth was a ray of sunshine, always having a smile on her face and a twinkle in her eyes. She was kind, giving, gentle and funny with a beautiful soul. She had a very promising future ahead of her."

President Chris Maggio said, "Anytime you lose a student, it is so tough on everyone. We are sorry, and we want to keep our thoughts and prayers with her family."

Beth's presence in NSU definitely affected a lot of people positively. Everyone said how she always had a smile on her face that brighten the day of anyone on her path. Her friends, professors and staff at NSU will miss her a lot.

Story by Maina Ibn-Mohammed

Photos courtesy of gofundme.com and Christian Boudreaux



Spirit

Seniors Madysen Watts, Mallory McConathy and Rebekah Aultman cheer on the football team in front of the marching band during Homecoming Week.

Photo by Chris Reich

"Oh, Alma Mater here today,
We for thy lasting blessings pray,
We know not where our paths may go,
But, thou'll uphold us still we know.
Unchanging thou, 'mid changes fast,
Unswerved from ideals of the past,
Steadfast and true, our watchword e'er shall be--
To thee, our Alma Mater, Loyalty!"





NSU **WALTER LEDET**
TRACK AND FIELD COMPLEX

we are potpourri.

Students and faculty come together at the track and field complex to hold a vigil for Daeshon Gordon, an NSU senior and track star who passed away in October of 2018.

Photo by Chris Reich



